



Oh, the Places You Can Go with Family Medicine

Ginnie Flynn, VP of Communications & Member Engagement

gflynn@iafp.com

IAFP invites McGaw FM residents to:

What can you do with Family Medicine?



Josh Carpenter, MD

Chief of Aerospace Medicine

OSF St. Mary's Hospital in Dahinda
Illinois Air National Guard



Thomas Cornwell, MD

National Medical Director

Village Medical at Home – founder
of Home Centered Care Institute



Neha Sachdev, MD

Director, Clinical Engagement and
Equitable Care

American Medical Association



Brian Chicoine, MD

Medical Director

Adult Down Syndrome Center
Park Ridge

Thursday, May 16th
4:30pm–5:30pm

Zoom

Meeting ID: 854 8022 8153

Passcode: 881441

Our Panel Today

- Introduce themselves & their stories
- How they found their way to where they are now
- What you should know about their practice
- What questions do you have?
- IAFP and AAFP have resources for you!

Value-Based Care: The Economic Engine of Family Medicine

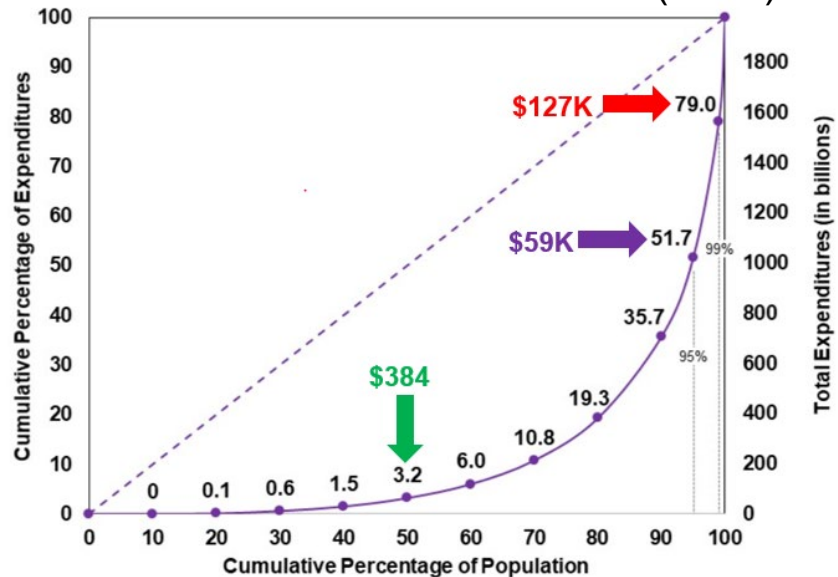
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- CMS 2030 Goal = All Medicare Patients in VBC
- Center of Medicare & Medicaid Innovation (CMMI) Models
 - 2017 Comprehensive **Primary Care Plus (CPC+)**
 - 2021 **Primary Care First**
 - 2023 Making **Care Primary**

Home-Based Primary Care Example
500 Homebound Patients Annual \$\$

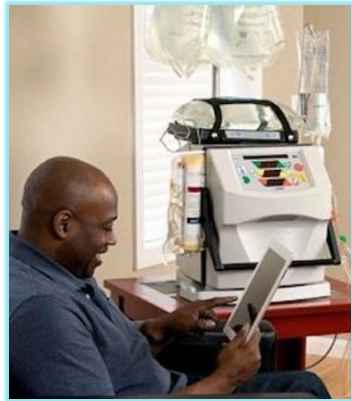
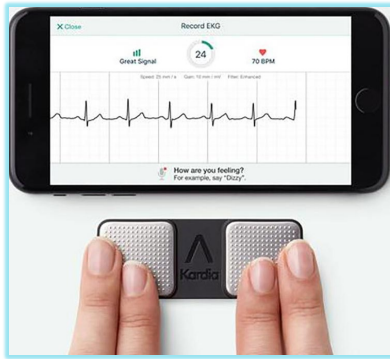
- Maximize Fee-for-Service billing = \$1.2M **\$\$**
- ACO REACH = \$16.3M

Healthcare Costs Concentrated (2018)

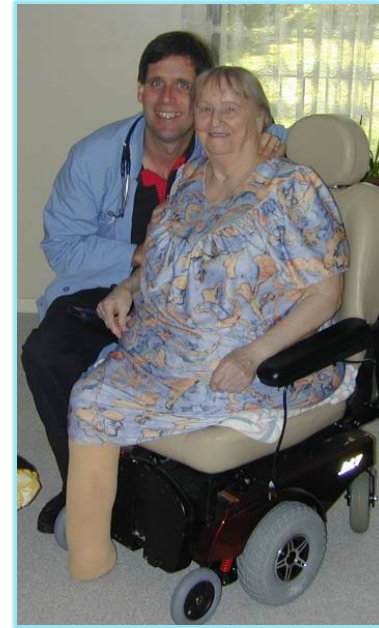


Home-Based Primary Care

Technology



Outcomes



- ↓ Acute care utilization ~15%-20%
- ↓ Nursing Home Placement 87%-89%
- ↑ End-of-Life Care
 - ↑ Home deaths 75% vs. 30% national
 - ↓ Hospitalizations & ICU + ↑ Hospice

The Adult Down Syndrome Center

Brian Chicoine, MD
May 16, 2024



 Advocate Medical Group
Adult Down Syndrome Center

 Advocate Health Care®
Now part of  ADVOCATEHEALTH

My Journey

- Family Medicine gave me the opportunity to have the practice I didn't know I always wanted.
- Advocate Lutheran General Hospital FM Residency
- Freeport
- Faculty and the Adult Down Syndrome Center



CME Accredited ORIGINAL RESEARCH

Prevalence of Common Disease Conditions in a Large Cohort of Individuals With Down Syndrome in the United States

Brian Chicoine, MD,^{1,3} Anne Rivelli, MPH, MA,^{1,2} Veronica Fitzpatrick, DrPH,^{1,2} Laura Chicoine, BA,^{1,3} Gengjie Jia, PhD,^{4,5} Andrey Rzhetsky, PhD^{4,5}

¹Advocate Aurora Health, Downers Grove, IL; ²Advocate Aurora Research Institute, Downers Grove, IL; ³Advocate Medical Group Adult Down Syndrome Center, Park Ridge, IL; ⁴Department of Medicine, University of Chicago, Chicago, IL; ⁵Institute of Genomics and Systems Biology, University of Chicago, Chicago, IL

Patient Education and Health Promotion Videos

<p>Appropriate Touch</p>	<p>How to Wash Your Hands</p>	<p>How to Brush Your Teeth</p>
<p>How to Put Your Hair into a Ponytail</p>	<p>Erin's Tips for Living a Healthy Lifestyle</p>	<p>How to Use a CPAP Machine</p>

Ableism at the Bedside: People with Intellectual Disabilities and COVID-19

Caillin Chicoine, MD, Erin E. Hickey, MD, Kristi L. Kirschner, MD, and Brian A. Chicoine, MD

People with intellectual and developmental disabilities have a higher risk of mortality from COVID-19 than the general population. Providers may assume that this is due to the burden of comorbidities for this population; however, the disparity in mortality persists even when controlling for comorbidities. We review the current policies and practices that may be contributing to this higher level of mortality. We contend that pervasive ableism among medical providers leads to a variation in the medical care options that are provided to people with intellectual disabilities and their families. Due to this bias, poor outcomes for people with intellectual disabilities may become a self-fulfilling prophecy. We make recommendations to address the modifiable factors that are contributing to the higher level of mortality for people with intellectual disabilities who are infected with COVID-19, provide strategies to combat ableism within the medical field, and discuss the unique role of the primary care physician as an advocate. (J Am Board Fam Med 2022;35:390-395.)

Keywords: Ableism, COVID-19, Down Syndrome, Intellectual Disability

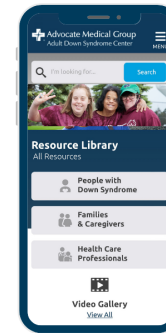
Patient care
 Research
 Education
 Advocacy/health equity

Adult Down Syndrome Center

- [Resource Library](#)
- [Email List](#)
- [Facebook](#)
- [Instagram](#)

FREE HEALTH RESOURCES

for people with Down syndrome, families and caregivers, and professionals



Resource Library



Find information on aging, puberty, mental health, self-talk, weight management, Alzheimer's disease, social skills, and more.

adsresources.advocatehealth.com

Facebook & Instagram



[@adultdownsyndromecenter](https://www.facebook.com/adultdownsyndromecenter)

Email List



www.eepurl.com/c7uV1v

 Advocate Medical Group
Adult Down Syndrome Center



Air National Guard Flight Surgeon

- Support Federal and State mission
- Lead multidisciplinary teams
 - Bioenvironmental engineering
 - Public Health
- Lead care for Special Warfare and Aviation Career fields
- Advise leadership on operational risks
- Human Performance Focus
- Part Time

Required Training

- Must be Board Certified
- Multidisciplinary teams but Family Med is most sought after
- Commissioned Officer Training
- 6-8 weeks of Aerospace medicine Primary
- ATLS
- Flight Training
- Travel Medicine
- SERE
- Ability to hold a security Clearance





Practice Environments

- Routine Acute Care
- Occupational Health
- Deployed medicine
- Critical Care Air Transport Team
- Aeromedical Evac
- Field Surgical Teams
- Domestic Response
 - CBRNE Enhanced Response Force Package

Neha Sachdev, MD, FAAFP

- Northwestern Erie Family Medicine
2015 Graduate!
- Communications Degree
- AMA Improving Outcomes Unit





AMERICAN ACADEMY OF
FAMILY PHYSICIANS

STRONG MEDICINE FOR AMERICA



ILLINOIS ACADEMY OF
FAMILY PHYSICIANS

Wherever you go

STAY WITH YOUR AAFP AND STATE CHAPTER

Your AAFP Resident Board Member

- Janet Nwaukoni, DO
- Northwestern Lake Forest FMR
- Former FM Midwest Board Member
- Term ends at 2024 Congress of Delegates





IAFP Career Center
Connecting Talent with Opportunity

Visit our new
Career Center
on [IAFP.com](https://www.iafp.com)!

- Find a job, post your resume – all for free!
- CV Review, Career search and professional development resources!
- For Employers: Connect to quality candidates and get maximum exposure to job seekers.

5 Signs of a Good Physician Employer

 SIGN #1	<p>Total compensation reflects the value of family medicine's care.</p> <p>SOUNDS LIKE: <i>"We offer a base salary that is not based on productivity, along with incentives for care quality and value."</i></p>
 SIGN #2	<p>Organizational leadership and culture elevate primary care.</p> <p>SOUNDS LIKE: <i>"Primary care is well-represented in internal governance roles, including the compensation committee and the C-suite."</i></p>
 SIGN #3	<p>Physicians have clinical and operational autonomy.</p> <p>SOUNDS LIKE: <i>"What resources do you need to support your scope of practice?"</i></p>
 SIGN #4	<p>Contracting process emphasizes transparency, equity, and flexibility.</p> <p>SOUNDS LIKE: <i>"We can amend the term and termination section to ensure your continuity with patients is protected."</i></p>
 SIGN #5	<p>Care delivery support minimizes administrative burdens.</p> <p>SOUNDS LIKE: <i>"Our care team is interdisciplinary and led by family physicians."</i></p>

Career Guidance from AAFP and IAFP

- Contract negotiation
- Tips to watch for!
- Pitfalls to Avoid
- Get the value of your membership through your employer. You'll BOTH be better
- aafp.org/employment-contracting

10 Physician Employment Contract
RED FLAGS
AAFP
AMERICAN ACADEMY OF FAMILY PHYSICIANS

- 1** **SUBJECTIVE** pre-employment conditions & requirements
- 2** Agreement is effective **UPON SIGNING & LOCKS YOU IN** for a lengthy period
- 3** Contract only states **MINIMUM PATIENT HRS** per week and allots **NO TIME FOR ADMIN WORK**
- 4** In independent practice **CONTRACT EXPIRES** upon eligibility for equity **EVEN IF NO EQUITY IS OFFERED**
- 5** Contract allows employer to **ACCELERATE YOUR TERMINATION DATE** when you give notice
- 6** **SUBJECTIVE REASONS FOR TERMINATION** like reputation or opinions about conduct
- 7** **BROAD GEOGRAPHIC REGIONS** in non-compete provisions
- 8** Non-compete provisions that **INTERFERE WITH A PATIENT'S RIGHT** to select their physician
- 9** **REQUIRED COMPLIANCE** with written materials that are **NOT PROVIDED** with the contract
- 10** **VERBAL PROMISES** are made but **NOT INCLUDED** in the contract

Read more about Physician Employment Contract Red Flags
AAFP
AMERICAN ACADEMY OF FAMILY PHYSICIANS

Career Guidance

- Contract negotiation
- Pitfalls to Avoid
- Peer support from the chapter (lessons learned, etc.)
- FTC removes Non-Compete clauses!
- AAFP Legal speaker in Chicago
- aafp.org/employment-contracting

Career Guidance at aafp.org/worth

- New Career Benchmark tool
- Use it now, add to it next year!
- Average reported full-time family physician total compensation for 2022 = \$274,359
- Apply filters: state, primary role, employer, years since residency to find the information most relevant to you.

Valuable benefits reported by family physicians:

81% get a CME stipend

59% have their AAFP dues paid for

26% have a flexible work schedule

PGY-3s!
If you are
staying in
Illinois - or if
you're
leaving!

- UPDATE your email address (use a permanent email address, like Gmail or Yahoo. Work email addresses can and do change often).
- Watch for IAFP's update form and get a thank you gift!
- You'll be able to vote in the IAFP elections!
- Update your location
- Get a PRIZE!
- Did you unsubscribe from our email? Then resubscribe or you will have to update by logging in to www.aafp.org to update your info.

Our Next LIVE event

**17th annual "Home Runs for
Healthy Families" Fundraiser with
the Chicago White Sox
Friday, June 7 vs. Red Sox**

www.iafp.com/white-sox-game

**\$10 of each ticket supports the
Foundation!**

Family Health
Foundation of Illinois



Upcoming Event



Hoops for Healthy Families Foundation fundraiser at the WNBA Chicago Sky Game

Saturday, Aug. 25 @ 11AM

Sky vs. Defending Champion

Las Vegas Aces

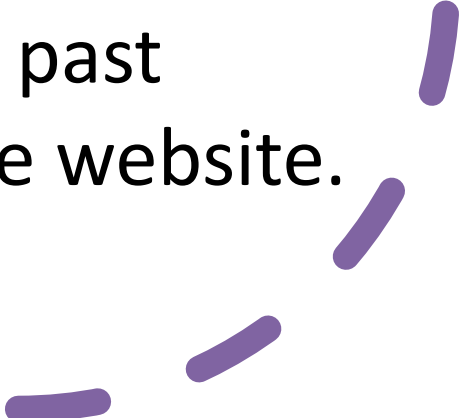
\$10 of each ticket is a donation to the
IAFP's Foundation

Tickets on sale now!

Use the QR Code to purchase
Tickets online!
Use code IAFP24



IAFP Awards Nominations now open!

- www.iafp.com/iafp-awards
 - Family Physician of the Year
 - Teachers of the Year (employed and volunteer faculty)
 - Keenan Servant Leadership Award
 - Deadline is July 1
 - Easy online form and lists of past winners are all posted on the website.
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AAFP National Conference



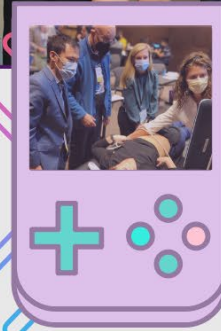
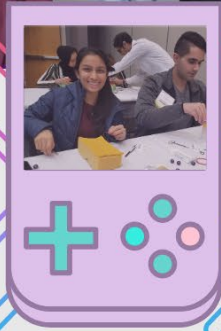
- Illinois power block in the residency fair
- Great time to catch up with your peeps
- Illinois Reception Friday Night
- Recruit for your program AND develop your own future!



FAMILY MEDICINE MIDWEST
OCT 18-19, 2024
MADISON, WIS

GAME ON

**LEVEL UP
YOUR
FAMILY MEDICINE
SKILLS**



www.fmmidwest.org

Call for Abstracts is Open till May 28

IAFP Annual Meeting

November 9 in Naperville – ONE DAY ONLY!

Essential Evidence CME

Installation of the New Board

Reception and Awards – FP of the Year, Teachers of the Year, etc.

What would make it “gotta be there” for you?



Under the Membership Tab

New Physicians and New Parents



[Here is the link to the recording:](#) (Passcode: mK?8Y1t1)

[Link to the Google Slides](#)

Attendees believe an email list serve would be a great way to connect IAFP members on balancing parenting with professional. If you would like to be added you can

1. Email Ginnie directly gflynn@iafp.com
2. You can [login to your profile](#) and join by activating the Dr Parents e-list.

Family Physician Magazine and Website



ILLINOIS ACADEMY OF FAMILY PHYSICIANS

Member Login Search our site...

Home About IAFP Membership Education Resources Advocacy Foundation

Join Us!

What's New
Hoops for Healthy Families - at the WNBA Sky Game - August 25 - [learn more and get tickets!](#)

CME: Continuing Medical Education
CME developed by family physicians for family physicians

Quick Links

- IAFP Online Education
- Contact Us
- Career Center

Thomas Allen Cornwell, MD



Named one of the most creative people in business by Fast Company for his innovation in the use of house calls to save money and improve care

Founded the nonprofit Home Centered Care Institute

Partnered with Massachusetts senator Ed Markey to introduce a bill making home-based care a Medicare benefit

Shannon Barkley, MD, MPH



Has worked as a physician, researcher, and faculty member

Has provided health care to underserved communities in urban areas of the United States, as well as Guatemala, Botswana, and Kenya

Current World Health Organization Technical Officer for Primary Health Care Services, providing technical assistance to countries as they seek to improve their primary health care systems

Co-founded the Guatemala Health Initiative at the University of Pennsylvania

Anita Ravi, MD, MPH, MSHP



Former reproductive health fellow at the Centers for Disease Control and Prevention

Public health interest led her to family medicine

Championing a national effort to improve medical education on trafficking

Founded the PurpLE Clinic in NYC, which serves persons who have experienced trafficking and assault

Storyteller and comic artist who advocates for patients through narrative

Viviana Sandra Martinez-Bianchi, MD



Executive board member of the World Organization of Family Doctors (WONCA)

WONCA Liaison to the World Health Organization

Health Disparities Team Chair at Family Medicine for America's Health

Global health expert who has taught in South America and publishes in Spanish and English

Isabel Lowell, MD



Advocate for a primary care system that serves the health needs of transgender patients

Founder of the Gender Clinic at Emory University

Founder of QMed, which provides affirming care for transgender patients of all ages through in-person visits and via telemedicine, helping to reach patients across the US

Board member of the Transgender Health and Education Alliance

M. Norman Oliver, MD, MA



- Virginia Department of Health Deputy Commissioner for Population Health
- Holds joint faculty positions in the departments of Public Health Sciences and Anthropology at the University of Virginia
- Co-founder of the UVA Center on Health Disparities
- President of the North American Primary Care Research Group (2017-2018)
- Researches the social determinants of health and efforts to reduce racial and ethnic health disparities

Kent Brantly, MD



Became a family physician with the goal of serving a medical missionary who could help anyone regardless of age, gender, or disease process.

Treated patients with Ebola during an outbreak in Liberia

Advocate for organizations that provide support and front-line aid in West Africa

Recognized by *Time* magazine as a person of the year for his role alongside other medical professionals treating Ebola during 2014 outbreak

Author and public speaker; delivered invocation at 2015 National Prayer Breakfast

Ashwin Rao, MD



Team physician for the Seattle Seahawks and the University of Washington Huskies Intercollegiate athletes

Studied family medicine and completed a sports medicine fellowship

Elected Member, Board of Directors and Co-Chair of Education Committee, American Medical Society for Sports Medicine

Musculoskeletal ultrasonography expert (diagnosis and procedural), percutaneous tenotomy expert

Cares for Olympic athletes and professional runners in practice

Beverly Flowers Jordan, MD, FAAFP

Beverly Flowers Jordan, MD, FAAFP, practices family medicine in the rural community of Enterprise, Alabama.

She is **part of a four-physician partnership** that employs a certified registered nurse practitioner and provides ancillary services to its patients, which include the population of the **farming community** around Enterprise and the **local military base**.

She has a certificate of added qualification in **sports medicine**, and also served as chair of the board of directors of the Alabama Academy of Family Physicians.



DeVry C. Anderson, MD



DeVry C. Anderson, MD, started his career as a **military surgeon**, completing an internship in orthopedic surgery before serving in the military. He **went back to complete a family medicine residency** in 2009 and now serves as a military surgeon for the Warrior Transition Brigade, Fort Hood, TX, and as **owner and chief medical officer** for Quick Care Walk In Clinic (quickcareday.com) in North Austin, TX.

Dr. Anderson uses his training for the management of simple fractures and common sports injuries, occasionally working the sidelines for **high school sporting events**. He also has Federal Aviation Administration designation as an Aviation Medical Examiner, which allows him to offer health care to both military and civilian pilots. Through his **two practices**, he is able to serve two very distinct medical communities.

At his **military practice**, Dr. Anderson focuses on full-spectrum adult medicine and flight medicine, often seeing issues common to pilots, soldiers and veterans returning from war, including behavioral health and sports injury components coupled with routine health maintenance and screening.

The **Quick Care clinic** services a predominately Spanish-speaking and underserved population, and the care is focused on urgent care medicine, patient education and access to care for a population that might otherwise only be able to utilize the emergency room for routine care.

Joane G. Baumer, MD

Dr. Joane G. Baumer's 32 years in family medicine have included **sports medicine**, **women's care**, and **global health** initiatives.

Dr. Baumer is chair of the department of family medicine at JPS Health Network Family Health Center in Fort Worth, Texas, a **teaching clinic** for the family medicine residency and geriatric residency that also serves as the **international health clinic** for the Immigration and Naturalization Service.

Located in an urban community that serves a diverse population, the department provides clinical services to multiple sites in the county through a centrally located hospital, a surgicenter, a sports and pain clinic, four family health practices, two residency practices, and 19 school-based clinics in neighborhoods.



Marc Price, DO



Marc Price, DO, says he was a family physician even before graduating medical school in 1999. In private practice in Malta, N.Y., Dr. Price worked for a large group practice before deciding to open his own **solo practice**. Dr. Price sees about 100 patients per week in his practice and said it's the clinical patient interactions that attracted him to family medicine.

He is also heavily involved in advocacy efforts on behalf of family medicine, serving on the **AAFP Commission on Governmental Advocacy** and is a past president of the **New York State Academy of Family** and delegate to the AAFP.



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