

**IL ACADEMY  
OF FAMILY  
PHYSICIANS**

**OCT / 2018**



# **PAIN MANAGEMENT AND OPIOID SAFETY**

IAFP is pleased to kick off its special topics briefing newsletter series with "Pain Management and Opioid Safety." This series will be sent directly to IAFP Volunteer Leaders and shared with the full membership in E-News and on IAFP's website.

## **Key Points for Practice**

- Physicians should provide patient-centered care, including coordinating with other disciplines, to patients with chronic pain or dependence on opioids.
- Practices should encourage their physicians to use medication-assisted treatment options for patients with opioid dependence.
- Physicians are encouraged to use their state prescription drug monitoring programs for tracking purposes, to identify abuse or diversion, and recognize persons who might be at risk.
- Methadone, buprenorphine, and naltrexone are used as opioid substitutes in medication-assisted treatment.

**FROM THE AFP EDITORS**

# Opioid Safety in Illinois



## ▼ Naloxone

In October of 2017, the Illinois Department of Public Health issued a standing State Order to make the overdose reversal drug Naloxone (Narcan) available to first responders and members of communities across Illinois without a prescription. IDPH offers a variety of resources, including a list of FAQs, on their website - <http://dph.illinois.gov/naloxone>

## ▼ Prescription Monitoring Program

As of January 1, 2018, all physicians in Illinois who have a DEA license (to prescribe Schedule 2-5 drugs), are required to be registered with the IL PMP. If you have not signed up, you can do that at [www.ilpmp.org](http://www.ilpmp.org).

If you previously signed up, but have not recently used the IL PMP, please verify that your account is active. If it is not, please contact the Illinois Prescription Monitoring Program at (217) 557-7957 or [dhs.pmp@illinois.gov](mailto:dhs.pmp@illinois.gov).

For additional FAQs and answers, please visit <https://www.ilpmp.org/QandA.php>.



## ▼ IDFPR adopts prescribing guidelines

On July 6, 2018, the Illinois Department of Financial and Professional Regulation adopted the opioid prescribing guidelines of the Federation of State Medical Boards as the guidelines for Illinois prescribers. More information will be available as how this will effect guidelines that health systems and medical groups have already adopted.



# Illinois Government – Response to Opioid Safety Issues

## The State of Illinois Opioid Action Plan (SOAP)

<http://www.dhs.state.il.us/OneNetLibrary/27896/documents/ImplementationPlan.pdf> was released May 31, 2018 to cover three years, 2018-2020, with implementation occurring in multiple phases.

## The activities that focus on ambulatory care issues are:

### Strategy #1: Increase PMP use by providers

Initiative 1.1: Ideally, the PMP will be fully integrated into electronic medical records (EMRs), but it is recognized that it is difficult to mandate integration as not all systems are completely electronic. One possibility is to provide the state integration module for free and target larger hospital systems first.

State law requires health system EMRs to integrate the PMP into EMR by 2021. Currently, the PMP is integrated in 35 systems and will be integrated into another 51 systems soon.

Initiative 1.2: Give delegates and non-traditional prescribers (RNs, PAs, CNPs, ME/Coroners) access to the PMP.

The PMP is working on expanding delegate access (including to coroners). Currently it is designed for up to 3 delegates designated by a provider. This will likely be amended as many prescribers work in different systems with different potential designees every day. PMP is working on a better option for delegate access while still protecting patient information.

## **Strategy #2: Reduce high-risk opioid prescribing through provider education and guidelines**

Initiative 2.1: Identify providers statewide who are prescribing opioids outside of CDC guidelines (>90 MMEs/daily). IL PMP will share information on risk mitigation tools, prescribing guidelines, CME and academic detailing.

Initiative 2.2: Require training on opioid prescribing as part of controlled substance (CS) licensing and require that prescribers be registered with the PMP as part of CS licensing. A total of three hours of CS continuing education must be taken in the pre-renewal period.



## **Illinois Academy of Family Physicians Opioid Safety Project**

IAFP received a grant from Telligen (the Medicare QIO) which will provide assistance to SIU Health Care and SIH Medical Group in developing their opioid safety policies and procedures. The IAFP Opioid Safety Workgroup (a part of the Public Health Committee) will serve as expert advisors.

Primary care physicians and clinical staff will receive education through the IAFP Safe Prescriber Program. IAFP staff and volunteer leaders are working on an updated Opioid Safety education module which will launch in late summer 2018. Additionally, the project will organize a collaborative group for family physicians who provide Medication Assisted Treatment in central and southern Illinois. IAFP has partnered with the SIU Center for Rural Health and Social Service Development, the Illinois Prescription Monitoring Program, and AAFP's Health Landscape program on this project.

For more information, contact Vince Keenan, [vkeen@iafp.com](mailto:vkeen@iafp.com).

# Resources

## American Academy of Family Physicians

- The American Academy of Family Physicians offers a variety of resources on opioid safety. The position paper, Management of Chronic Pain and Opioid Misuse, describes the proposed call to action and offers suggestions for family physicians and other groups. - <https://www.aafp.org/afp/2017/0401/p458.html>
- AAFP Opioid Epidemic - Key Resources - <https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=106>
- AAFP also has a convenient landing page for opioid resources as well as a page with a comprehensive list of articles from American Family Physician - <https://www.aafp.org/patient-care/public-health/pain-opioids.html>
- AAFP Family Medicine Advocacy Summit: Congressional Primary Care Caucus - <https://www.aafp.org/dam/AAFP/documents/events/fmas/BKG-CongressionalPrimaryCareCaucus.pdf>
- AAFP/AMA Backgrounder: Medication-Assisted Treatment (MAT) <https://www.aafp.org/dam/AAFP/documents/advocacy/prevention/risk/BKG-AMA-AAFP-MAT.pdf>
- AAFP Backgrounder: Chronic Pain Management and Opioid Use Disorder -<https://iafp.memberclicks.net/assets/Education/Opioids/AAFP%20Backgrounder%20--%20Chronic%20Pain%20Management%20and%20Opioid%20Use%20Disorder.pdf>

## Continuing Medical Education

*IAFP, AAFP, and others offer convenient, online education for providers to earn CME focused on pain management and opioid safety.*

IAFP - Safe Prescriber Program -<https://www.iafp.com/safe-rx>

Boston University – Scope of Pain: Safe and Competent Opioid Prescribing Education - <https://www.scopeofpain.org/>

Providers Clinical Support System for Opioid Therapies (PCSS-O) Materials - <https://pcssnow.org/education-training/>

Telligen Opioid Safety Project Webinar Series: Prescription Drug Monitoring Programs - <https://www.telligenqinqio.com/resource/our-work/opioid-safety/opioid-safety-resources/opioid-safety-project-webinar-series-prescription-drug-monitoring-programs/>

Southern Illinois University Center for Rural Health and Social Services Development – Education Modules - <https://crhssd.siu.edu/projects/opioid-prescription-drug-abuse-and-heroin-addiction/>

# Patient Resources



Illinois Help Line for OUD and SUD – If you or someone you know is experiencing opioid use disorder, call 1-833-2FINDHELP.

## From AAFP's Familydoctor.org:

Opioid Addiction - <https://familydoctor.org/condition/opioid-addiction/>

Safe Use, Storage, and Disposal of Opioid Drugs -  
<https://familydoctor.org/safe-use-storage-and-disposal-of-opioid-drugs/>

Prescription Drug Abuse in the Elderly - <https://familydoctor.org/condition/prescription-drug-abuse-in-the-elderly/>

Chronic Pain - <https://familydoctor.org/condition/chronic-pain/>