



2019 Conference Schedule NIU Conference Center, Naperville, IL November 8 -10, 2019

Thursday November 7, 2019

6:00 – 8:30pm FMM Board Meeting (offsite)

Friday November 8, 2019

8:30 am – 6:30pm	Registration	Atrium
8:30 am	Speaker ready room / open room	Rm 251 A
8:30 am – 11am	Continental Breakfast	Atrium
8:30 am	Conference exhibits open	Atrium

9:00 – 10:30 am **Welcome Workshops (3 concurrent sessions)**
Rm 101a *Women in Leadership Discuss Sexual Harassment (1 hr. – breaks at 10am)*
RM 101b *Family Medicine and Behavioral Health*
RM 101c *Top 10 Things to Know in Sports Medicine for the Primary Care Physician*

10:30 – 10:45 am **Break w/ exhibitors** **Atrium**

10:30 – 12:00 pm **Welcome Workshop**
RM 101a *Health Equity Advances in Health Systems and Residency Curricula (1.75hrs)*

10:45 – 12:00 pm **Welcome Workshops continue**
Rm 101b *Family Medicine and Behavioral Health*
Rm 101c *Top 10 Things to Know in Sports Medicine for the Primary Care Physician*

12:00 – 1:00 pm **FMM kickoff meeting lunch**
Rm 105

12:00 – 1:00 pm **Lunch on your own**

1:00 – 2:15 pm **Plenary - Addressing Food Insecurity [and Other Social Determinants] is Our Medical Responsibility**
Auditorium
Evelyn Figueroa, MD, Professor, UIC Department of Family & Community Medicine; Program Director, UIC Family Medicine Residency, Director, UI Health Pilsen Food Pantry

2:15 – 2:30 pm **Break with exhibitors**
Atrium

2:30 – 3:30 pm **Educational sessions (4 concurrent sessions)**
Networking for Physician Wellness
Cynthia Y. Ohata, MD, Advocate Christ Family Medicine Residency, Illinois
Teaching & Healing in Obesity Medicine
Naomi Parrella, MD, FAAFP, Dipl. ABOMRush University Illinois
Advancing Patient Safety in our Clinical and Teaching Practice
Nicole Bonk, MD, University of Wisconsin, Wisconsin
The Health Equity Curricular Toolkit: A Novel Resource for Health Educators
Rm 101a
Rm 101b
Rm 101c
Karina Atwell, MD, MPH, University of Wisconsin-Madison, Wisconsin

3:30 – 4:15 pm **Break with exhibitors** **Atrium**



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3:45 – 4:15 pm	Poster session I (Physician/Other posters)	Rm 105
POS1	Implementing Counseling on Early Peanut Introduction Oshman, U of C - Northshore, IL	
POS2	POINT OF CARE ULTRASOUND FOR ABDOMINAL AORTIC ANEURYSM SCREENING: How good are we? Hoffmann, SIU SOM, IL	
POS3	The Role of Physical Therapy in a Primary Care Setting Steinkamp, UW Madison, WI	
POS4	Interdisciplinary Collaboration at the Residency: A Resident a Doctor of Nursing Practice Student Scholarly Project Pine, U of Minn, MN	
POS5	Family Medicine Resident Perceptions of Patient's with Substance Abuse Disorders Cadick, Union Hospital, IN	
POS6	A Feasibility Study: Effects of an Online Continuation Program for a Community-based Fall Prevention Program Wenker, UW Madison, WI	
POS7	Introduction of longitudinal teams to teach quality improvement in a family medicine residency patient centered medical home. Shockley, Community Health Network, IN	
POS8	What do we mean by "in control" for federally qualified health centers hypertension patients? Mueller-Luckley, SIU SOM, IL	
POS9	Madaling Lapitan si Doc: A Case Study in Primary Care Workforce Capacity-Building in the Philippines Palma, Cook County Health, IL	
POS10	SIU Medicine, Quincy's wellbeing program Melon, SIU, IL	
POS11	Small Bowel Hemangioma: A Case Report Kulshrestha, Mount Sinai, IL	
POS12	Rapidly progressive hearing loss as a presentation of varicella zoster meningitis in an immunocompromised patient Miller, UICOM – Peoria, IL	
4:20 – 5:20 pm	Educational sessions (4 concurrent sessions)	Rms Rm 101a, Rm 101b, Rm 101c & auditorium
Auditorium	Teaching Inclusively: Creating Safe and Welcoming Learning Environments in Medicine Thomas Hahn, MD, University of Wisconsin-Madison, Wisconsin	
Rm 101a	New Hope in Migraine Management & Prevention Susan M. Rubin, MD, NorthShore University HealthSystem, Illinois	
Rm 101b	Community Health Workers in Family Medicine: Lessons Learned in 85 Years of Practice Steven K. Rothschild, MD, DABFP, Rush Medical College, Illinois	
Rm 101c	You Cannot Meditate Your Way to Wellness: Organizational Strategies to Promote a Well Workforce Ari Pence, MD, Northwestern Family Medicine Residency, Illinois	
5:30 – 7:30pm	Welcome reception	
	Sponsored by HACU	Atrium



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Saturday November 9, 2019

7:30 am – 3 pm	Registration	Atrium
7:30 am	Speaker ready room / open room	Rm 251 A
7:30 am	Conference exhibits open	Atrium
7:30 – 11am	Continental breakfast	Atrium

8:00 – 8:55 am **Plenary - Innovating Towards Inclusiveness, Diversity and Health Equity** **Auditorium**
Jennifer Edgoose, MD, MPH, University of Wisconsin Department of Family Medicine and Community Health

8:00 – 3:00 pm **Residency fair set up** **Ballroom**

9:05 am – 10:05 am **Education sessions (6 concurrent sessions)**
Rm 162 *“Did my attending just say that?” How to spot and tactfully handle racism, sexism, and other forms of discrimination within the healthcare setting*
Michelle Byrne MD MPH, Northwestern/McGaw Family Medicine Program in Humboldt Park, Illinois

Rm 164 *Reflections on End of Life Values: thought provoking planning for yourselves and patients*
Janice L Benson, MD, Univ of Chicago (NorthShore), Illinois

Rm 166 *Plant-Based Nutrition*
Ashwani Garg, MD, Northshore/Pritzker, Illinois

Rm 167 *Empowerment through Advocacy*
Gordana Krkic, CAE, IL Academy of Family Physicians, Illinois

Rm 260 *Social Media 101 Choose Wisely (30 minutes)*
Ginnie Flynn IL AFP, Illinois

AND

Rm 261 *Getting Involved in Media Matters (30 minutes)*
Ginnie Flynn, IL AFP, Illinois

Rm 261 *Putting your best foot forward on the interview trail: Mastering Behavioral Interviewing strategies for residency and job interviews*
Zach Merten MD, Mayo Clinic Family Medicine Residency in Eau Claire, Wisconsin

10:10 am – 11:10 am **Education sessions (6 concurrent sessions)**
Rm 162 *Empowering Family Physicians to Eliminate Racial Disparities in Maternal Health: A Community-Based Approach*
Kristina Dakis, MD, University of Illinois College of Medicine at Peoria, Illinois

Rm 164 *Salud Sin Papeles: Organizing Around Immigrant Health*
Yanina Guevara, BA, Rosalind Franklin University of Medicine and Science, Illinois

AND

Rm 166 *Sanctuary Doctoring: Assisting Health Professionals in the Care of Patients who May Be Undocumented or Suffering Stresses Related to Immigration Status*
Amy Blair, MD Loyola University Chicago Stritch School of Medicine, Family Medicine Illinois

Rm 166 *Building Community Connections with Family Medicine: An Introduction to a Design Thinking Approach*
Jillian Boroniec, MD, RUSH Medical College, Illinois

Rm 167 *How to take the next step towards providing medication assisted treatment for substance use disorders at your clinic / program*



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Rm 260 Jonathan Dickman, MD, PhD, Minnesota
Innovations in scribing: human and virtual
Sachin N. Dixit, MD, FAAFP, Advocate Medical Group, Illinois

Rm 261 *Innovative Ideas*
Kate Rowland, MD

11:00 - 11:55 am Lunch for students Dining room 161 a/b

11:20 – 11:50am Education sessions (6 concurrent sessions)

Rm 166 *Implementation of a Social Justice Curriculum in Family Medicine Programs*
Santina Wheat MD, MPH, AAHIVS, FAAFP, Northwestern McGaw Family Medicine HP and Erie Family Health Centers, Illinois

Rm 167 *Team approach to improve obesity treatment in patients from poor socioeconomic status.*
Megha Manek, MD, FAAFP, SIU SOM, Illinois

Rm 260 *“Time’s Up”: Family Medicine in the Midwest Stands Up against Sexual Harassment!*
Janice L Benson, MD, Illinois

Rm 261 *Change for Curmudgeons and Others Wary of Upheaval*
Kate Rowland, MD, MS Rush, Illinois

Rm 162 *Implementing and Evaluating a Team-based Complexity Care Model*
Wesley Gibbert, MD, MPH, Northwestern Family Medicine Residency, Illinois

Rm 164 *Residency Collaboration as a Super Power*
Cynthia Y. Ohata, MD, Advocate Christ Family Medicine Residency, Illinois

11:50 am – 12:30 pm Break with exhibitors Atrium

12:00 pm -12:30 pm Poster Session II (Resident posters) Rm 105

POS13 *Cook County medical examiner and CCH health care utilization data inform strategies to prevent opioid overdose*
Raspanti, Cook County Health, IL

POS14 *Improving Osteoporosis Screening Rates in a Family Medicine Residency Clinic*
Wynne, Medical College of Wisconsin, WI

POS15 *Medicare Annual Wellness Visits: What's the point?*
Brodzik, AMITA Sts. Mary & Elizabeth, IL

POS16 *Evaluation of the maternal and neonatal risks and benefits associated with immersion in water during the second stage of labor and delivery (“water birth”)*
Kamps-Schmidt, Gunderson Health System, WI

POS17 *Using brief educational counseling to increase Influenza immunization rates during in-office encounters*
Jiwan, SIU Decatur, IL

POS18 *Diabetes Self-Management Education for Hispanic Patients at an Urban Safety Net Clinic*
Abioye, Cook County Health, IL

POS19 *Preventive screening deficiencies: an attempt to bridge the gap amongst residents and EMR as pertains to cervical cancer screening.*
Valji, SIU Decatur, IL

POS20 *EKG for primary care*
Avendano, S MEMC, IL

POS21 *A Collaborative Multidisciplinary Approach to Caring for Medically Complex At-Risk Patients [Hot spotting]: The ease and effects of implementing.*



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POS22	Taylor-Coleman, AUWVG St. Luke's Family Practice Center, WI <i>Gaps and barriers for adequate diabetes management in a residency clinic: Suffering from therapeutic inertia</i>	
	Arciniegas Calle, Hennepin, MN	
POS23	<i>Complex Care Management in Primary Care: A Case Study of Care Management for a patient with Severe Comorbidities from Uncontrolled Type 2 Diabetes Mellitus</i>	
	Fischre, Cook County Family Medicine Residency Program, IL	
POS24	<i>Using age-adjusted d-dimer over a fixed cut-off in diagnosis of DVT/PE; a retrospective, single center study</i>	
	Parupalli, Jackson Park Hospital, IL	
12:00 – 1:00 pm	Student Plenary - Med Like Us: Our Twin Tale of Success and Bringing Others Up with Us Brittani Jackson-James, MD & Brandi Jackson, MD	Auditorium
12:00– 1:30 pm	Lunch for attendees	Dining Room 161 a/b
1:30pm – 2:30pm	Resident Plenary - Managing and Mastering Your Student Loans Todd Woodlee, iGrad in the Classroom – Enrich in the Workplace	Auditorium
1:30 – 2:00 pm	Education sessions (6 concurrent sessions)	
Rm 166	<i>"Doc, I'm in jail!" - Continuity of care for the incarcerated patient</i> Roderick L. Matticks, MD, MPH, CCHP, Wexford Health Sources, Inc. Illinois	
Rm 167	<i>Transitioning Interdisciplinary Education into Practice: Pharmacist/Physician Co-Appointments in a Family Medicine Clinic</i> Bryan Zobeck, Pharm.D., BCPS, Doctor of Pharmacy (Pharm.D.) Degree" University of Illinois Chicago College of Pharmacy at Rockford, Illinois	
Rm 260	<i>LGBT Healthcare</i> Layne Phillips, DO, Adventist Lagrange Memorial Hospital, Illinois	
Rm 261	<i>Alcohol and Other Drug Abuse Needs Assessment in Rural Communities: An example from Central Wisconsin</i> Christopher Grant/M2 Medical College of Wisconsin - Central Wisconsin	
Rm 162	<i>Gun Violence Prevention in Family Practice</i> Saad Siddiqui, MS3, Loyola University Chicago, Illinois	
Rm 164	<i>#YouKnowMe: How I've Integrated Abortion Care into My Practice</i> Kristie Monast, MS Ed Midwest Access Project Illinois	
2:05 -3:00 pm	Education sessions (6 concurrent sessions)	
Rm 166	<i>Scoliosis Screening and Updates in Care</i> David Roberts, M.D., NorthShore University HealthSystem, Illinois	
Rm 167	<i>Expanding Care for Early Pregnancy Loss in Family Medicine Settings: The Miscarriage Care Initiative</i> Casandra Cashman, MD, FAAFP Assistant Director Community East Family Medicine Residency, Indiana	
Rm 260	<i>Frequently Asked Questions that That Residency Faculty Can Answer from International Medical Grads</i> Kate Rowland, MD, MS , Illinois	
Rm 261	<i>Empowering Clinicians-In-Training to Empower Patients: Addressing Intimate Partner Violence</i>	



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	<i>Beginner Workshop</i>	
Rm 162	Nicole Paprocki, DO, Northwestern Family Medicine Residency-Humboldt Park, Illinois <i>Providing and Requesting ACTIVE Feedback</i>	
Rm 164	Will Lehmann, MD, MPH, Aurora Health Care- part of Advocate Aurora Health, Wisconsin <i>Engaging Kinky Patients</i>	
	Landi Cranstoun, MD, CHI/St. Joseph's, Kentucky	

2:30 – 3:00 pm	Break with exhibitors	Atrium
3:00 – 5:00 pm	Residency Fair	Ballroom
4:30 – 5:30 pm	ADFM Chairs Meeting	Rm 162
5:15 - 6:15pm	Residency Directors Meeting	Rm 164

Sunday November 10, 2019

6:30 am	Fun Run/Walk (weather permitting)	Meet at Hampton Inn lobby
7:30 am – 10am	Registration	Atrium
7:30 am	Speaker ready room / open room	Rm 251 A
7:30 am	Conference exhibits open	Atrium
7:30 – 9am	Continental breakfast (till 9am)	Atrium
10am – 12pm	Scholarship check pick up	Registration desk

8:00 - 9:15 am	15-minute presentations (4 concurrent sessions)	Learning from Patients
Rm 260		
8:00 – 8:15	<i>Testicular pain: Navigating between Epididymo-orchitis, hydroceles, testicular torsion</i> Kenneth Chow, DO, MA Bioethics, Advocate Christ Medical Center, Illinois	
8:20 – 8:35	<i>Idiopathic Granulomatous Mastitis: A Rare and Worrisome Patient Presentation</i> Sarah Hockley, DO PGY2, Swedish Covenant Hospital, Illinois	
8:40 – 8:55	<i>So a Dog Said You Had Cancer. Now What? A Review of Canine Cancer Scent Detection Tests and How PCPs Should Respond to a Positive Sniff Test</i> Amy H. Buchanan, MD, FAAFP Loyola, Illinois	
9:00 – 9:15	<i>Conversation with families about Alzheimer's disease</i> Raj C. Shah, MD Rush University Medical Center, Illinois	

Presentation of Scholarship

Rm 261	
8:00 – 8:15	<i>Wait Time Reduction Strategies in an Inner City, Resident Led Community Care Clinic Rabia N. Malik, MD, SMEMC, Illinois</i>
8:20 – 8:35	<i>Factors influencing Implementation of Lipid Screening in Pediatric Patients</i> Magnolia Larson DO, University of Wisconsin Madison, Wisconsin
8:40 – 8:55	<i>A Longitudinal Quality Improvement Curriculum in a Family Medicine Residency Collaborating with Undergraduate Students</i> Hanna Xu, MD, Cook County Health, Illinois
9:00 – 9:15 S	<i>Effect of Individual Socioeconomic Status on Diabetic Outcomes within a Patient Centered Medical Home Practice</i> Katie Zurek, MD, PGY-3 Mayo Clinic, Minnesota



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Presentation of Scholarship

RM 266

- 8:00 – 8:15 *The Relationship Between Eviction and Health Outcomes in Urban Illinois*
Corey Hazekamp/MS, University of Illinois College of Medicine in Rockford, Illinois
- 8:20 – 8:35 *How comfortable are family medicine residents in prescribing FDA approved weight loss medications?*
Sean Wilen, MD, PGY2, Indiana University School of medicine, Indiana
- 8:40 – 8:55 *Home-based, geriatric focused care in the 21st century*
Shravya Budidi, DO, Advocate Lutheran General Hospital, Illinois
- 9:00 – 9:15 *Diabetes: Educating Residents on Patient Education of Chronic Disease Management*
Terri Lynn Philpott, Indiana University, Indiana

9:15 – 9:30 am

Break with exhibitors

Atrium

9:30– 10:00 am

Poster Session III (student posters)

Rm 105

- POS25 *Failure of Normalization of Blood Lactate is an Indicator of Mortality in Septic Shock*
Annalyse Kohley/BA, University of Illinois College of Medicine - Rockford Surgery, Illinois
- POS26 *Prevention is Possible*
Alicia Johnson, MS4/BA University of Minnesota Rural Physician Associate Program, Minnesota
- POS27 *Impact of Patient Opioid Agreements in Spinal Surgery*
Brenden J Herrod, BS chemical engineering, MD Candidate, 2020, Medical College of Wisconsin, Pathways, Wisconsin
- POS28 *Youth Mental Health First Aid Training: Value to Medical Students vs. Community Members*
Laura Hurley, BA, Rush University Medical Center, Rush Medical College Illinois
- POS29 *Assessment of UI Health Pilsen Food Pantry*
Carla Pinto, MBBS, MPHUIC School of Public Health, University of Illinois at Chicago, Illinois
- POS30 *Provider Perspectives of Post-Acute Care Transitions in Critical Access Hospitals for a Rural Aging Population*
Nicole Blumenstein, MD Candidate 2021, University of Illinois College of Medicine, Illinois
- POS31 *Implementing the CDC Sexual Health Best Practices to Reduce STDs and Teenage Pregnancy Rates: Post-implementation Phase*
Nadia A. Fayoumi, B.S., M3 (Class of 2021), University of Illinois College of Medicine at Peoria (UICOMP), Dept. of Family and Community Medicine, Illinois
- POS32 *The prevalence of ACEs by gender in individuals seeking substance abuse and addiction recovery*
Melissa Folstad (Medical Student - MS3) Medical College of Wisconsin Central Wisconsin, Wisconsin
- POS33 *Understanding Barriers to Healthcare in a Vulnerable Population in Dane County, WI*
Logan Yeager, BS, University of Wisconsin School of Medicine and Public Health Department of Family Medicine and Community Health Wisconsin
- POS34 *Assessment of food insecurity using USDA 6-item survey questionnaire- in outpatient population visiting a family medicine clinic in Peoria, IL.*
Angela Delano, M4, University of Illinois College of Medicine at Peoria (UICOMP) Dept. of Family and Community Medicine, Illinois
- POS35 *United Way Senior Wellness Program and its Effect on the Health of the Aging Population*
Catie Anderson, B.S., Medical College of Wisconsin Medical School, Wisconsin
- POS36 *Youth Perspective of the Barriers and Enablers to Helmet Use and Safety*
Megan Conlon, BA, MS, MD Candidate 2020, University of Minnesota Department of Medicine Minnesota



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10:10 – 11:10 am	Workshops (4 concurrent)	
Rm 101a	<i>Three Common Skin Biopsy Techniques: A Hands-On Workshop</i> Alicia Milan-Flanigan, MD, Amita Health Saints Mary and Elizabeth Medical Center Chicago Illinois	
Rm 101b	<i>Introduction to Osteopathic Manipulative Treatment for Allopathic Physicians</i> Katie Swanson, DO, University of Minnesota, Minnesota	
Rm 101c	<i>Cyst Removal Workshop</i> Alap Shah, MD AMITA Health La Grange Family Medicine Residency, Illinois	
Rm 162	<i>Race, Implicit Bias and Healthcare: Learning to Stand Together through Dialogue</i> Aria Arrizabalaga, MD, Community Health Network	
11:20 am – 12:20pm	Workshops (4 concurrent)	
Rm 101a	<i>Hands-On, Lesions Off: Skin Biopsy Workshop</i> Lisa Phifer, MD Deaconess Hospital, Indiana	
Rm 101b	<i>REPEATED Introduction to Osteopathic Manipulative Treatment for Allopathic Physicians</i> Katie Swanson, DO, University of Minnesota	
Rm 101c	<i>REPEATED Cyst Removal Workshop</i> Alap Shah, MD AMITA Health La Grange Family Medicine Residency, Illinois	
Rm 162	<i>Office Based Manual Vacuum Aspiration for Uterine Evacuation aka: Papaya Workshop</i> Kristie Monast, MS Ed Illinois	
12:30pm	Pre-Med Student Mentoring Luncheon	Dining Rm 161 a/b
1:30- 2:30 pm	Host & Planning Committee Wrap-up meeting	Rm 164