

**MAY 31, 2019**  
**8:00 A.M. – 5:00 P.M.**



AT THE FOREFRONT  
**UChicago  
Medicine**

**IOS**  
ILLINOIS OBESITY  
SOCIETY

## Chicago Obesity Summit 2019

The University of Chicago and the Illinois Obesity Society are pleased to collaborate on the first Chicago Obesity Summit, offering a diverse range of presentations on the different aspects of obesity as a disease, its comorbidities, and management. It is open to physicians, advanced practitioners, behavioral health specialists, dietitians, and pharmacists. *CME will be offered.*

### Summit Directors



**Silvana Pannain, MD**  
Associate Professor of Medicine  
UChicago Medicine, IOS



**Yazen Joudeh, MD**  
Center for Pediatric and  
Adult Wellness, IOS

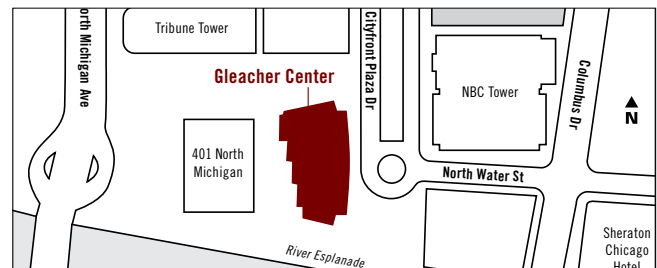


**Vikas Jain, MD**  
Northwestern Medicine, IOS



### The summit will be held at:

**The University of Chicago Gleacher Center**  
6th floor, Executive Dining Room 621  
450 North Cityfront Plaza Drive, Chicago, IL 60611



### CME Committee

**Anthony Auriemma, MD, JD**  
**Zaid Jabbar, MD, MS**  
**Vikas Jain, MD**  
**Yazen Joudeh, MD**  
**Silvana Pannain, MD**  
**Omar Shamsi, MD**  
**Aileen Waldschmidt, RN**  
**Gregory Wallin, MD**

### Accreditation Statements

This Live activity, Illinois Obesity Society Obesity CME Day, with a beginning date of 05/31/2019, has been reviewed and is acceptable for up to 7.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit(s) are accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician's Recognition Award.

## AGENDA

8:00 – 8:10 am	<b>WELCOME AND INTRODUCTION</b> with <i>Silvana Pannain, MD and Yazen Joudeh MD</i>
8:10 – 8:50 am	<b>Approach the Topic of Obesity with the Patients and Treatment Algorithm (2013 Obesity Management Guidelines)</b> with <i>Robert Kushner, MD, Northwestern University</i>
8:50 – 9:30 am	<b>Pediatric and Adolescent Obesity</b> with <i>Angela Fitch, MD, Massachusetts General</i>
9:30 – 10:00 am	<b>COFFEE BREAK</b>
10:00 – 10:40 am	<b>Metabolic Adaptation to Weight Loss</b> with <i>Lisa Neff, MD, Northwestern University</i>
10:40 – 11:20 am	<b>VLCD and Ketogenic Diets</b> with <i>Anthony Auriemma, MD, AMITA Health</i>
11:20 -11:40 am	<b>Q &amp; A</b> with Moderator: <i>Zaid Jabbar, MD</i> Moderator, <i>DuPage Medical Group</i> » <i>Robert Kushner, MD, Angela Fitch, MD, Lisa Neff, MD, Anthony Auriemma, MD</i>
11:40 am – 12:40 pm	<b>LUNCH</b>
12:40 – 1:20 pm	<b>Cognitive-Behavioral Treatment for Obesity: An Overview</b>
1:20 – 2:00 pm	<b>Obesity Pharmacotherapy</b> with <i>Silvana Pannain, MD, University of Chicago</i>
2:00 – 2:40 pm	<b>Metabolic Effects of Bariatric Surgery: Can we Tailor the Choice of the Procedure?</b> with <i>Vivek Prachand, MD, University of Chicago</i>
2:40 – 3:10 pm	<b>COFFEE BREAK</b>
3:10 – 3:50 pm	<b>Clinical Vignettes: Co-Management of Diabetes and Obesity: Applying the 2019 Guidelines</b> with <i>Yazen Joudeh, MD, Center for Pediatric and Adult Wellness</i>
3:50 – 4:30 pm	<b>The Emerging Field of Endoluminal and Trans-Gastric Bariatric Surgery and Other Bariatric Procedures</b> with <i>Christopher Chapman, MD, University of Chicago</i>
4:30 – 4:50 pm	<b>Q &amp; A</b> with Moderator: <i>Vikas Jain, MD</i> » <i>Silvana Pannain, MD, Vivek Prachand, MD, Yazen Joudeh, MD, Christopher Chapman, MD</i>
4:50 – 5:00 pm	<b>CLOSING REMARKS</b> with <i>Vikas Jain, MD, Northwestern Medicine</i>

## [Click here to Register](#)

### Early registration fees

- » MD: non-IOS member **\$120**
- » MD: IOS member **\$90**
- » Other: non-IOS member **\$80**
- » Other: IOS member **\$60**

### Late registration fees (after April 30th)

- » MD: non-IOS member **\$160**
- » MD: IOS member **\$120**
- » Other: non-IOS member **\$100**
- » Other: IOS member **\$80**

*The University of Chicago reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fees will be refunded. However, the University of Chicago is not responsible for any related costs, charges or expenses of participants, including fees assessed by airline/loading activities.*

## Questions?

Email [admin@illinoisobesitysociety.org](mailto:admin@illinoisobesitysociety.org)

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