



**Family
Medicine
Midwest**

FIFTH ANNUAL

INDIANAPOLIS
OCTOBER 7-9, 2016

EDUCATION SESSIONS

HEALTH IS PRIMARY

CME Information for this Meeting

Accreditation

The Illinois Academy of Family Physicians / Family Practice Education Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

AMA PRA Category 1 - The Illinois Academy of Family Physicians/Family Practice Education Network designates this live activity, Family Medicine Midwest Conference 2016 for a maximum of 14.25 AMA PRA Category 1 credits™.

Prescribed – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending

Faculty Disclosure Statement

The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or Services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

It's Good to Be Green

We have gone green for this meeting - all handouts and evaluations are only available online!

To log on to WI-FI use password FMM2016

How to access handouts, evaluations & claim CME credit

All evaluations and handouts are available online at the 2016 Family Medicine Midwest Meeting website. A link to this website, along with your username & password, was emailed to you prior to the conference. Please check your inbox! You can also access this website by scanning the QR code using your smartphone or typing the URL into your web browser.



<http://iafp.planion.com/Web.Admin/Login?ACCOUNT=IAFP>

Username: (the email address you used for conference registration)

Password: familymedicine

Once logged into the website you can fill out the evaluation for each session you attended and claim credits. Handout materials, including copies of the presentations, can also be found online listed with each session. Once you have completed the evaluations for each session you have attended and claimed credits you can print a CME certificate or a certificate of attendance. Your information will also be stored on the website for one year, so you may access handouts or your CME credits at any time.

If you registered onsite, your information will be added to the website at the end of the conference day and you'll be able to log in. Questions or problems? Please see staff at the registration desk for help.



2016 Conference October 7-9, 2016

JW Marriott Indianapolis
10 S. West Street, Indianapolis IN 46204

Friday October 7, 2016

Breakfast on your own

8:30 am	Registration opens	Foyer WRB A-D
8:30 am	Speaker ready room opens	RM 208
9:00 am – 2 pm	<i>IN APF KSA on Mental Health in the Community</i>	RM 106
9:00 – 12:30 pm	Pre conference meetings	
	<ul style="list-style-type: none"> • PC01 Maternal and Child Health • PC02 Community and Population Health • PC03 Palliative Medicine • Half Session: <ul style="list-style-type: none"> ○ 10:15 – 12:30 - PC04 Student Free Clinic 	RM 101 RM 102 RM 103 RM 104
12:30 – 2:00 pm	<i>Lunch on your own</i>	
12:30 – 1:30 pm	FMM Committees kickoff meeting	White River D
1:30 pm	Exhibits open	Foyer WRB A-D
2:00 – 4:00 pm	Educational sessions	
2:00 – 2:50 pm		
FR01	Developing Resilience to Create Lifelong Physicians for the Underserved Minneapolis, MN	RM 101
FR02	Will the pill make me fat? Common contraception myths, facts and patient concerns, Detroit, MI	RM 102
FR03	The Power of Reflection: from CCC to Health Care Reform, St. Paul, MN	RM 103
FR04	Dreaming the Dream job, Oak Brook, IL	RM 104
FR05	Together We Can Do So Much: Group Pregnancy Visits in a Family Medicine Residency, Indianapolis, IN	RM 106
3:00 – 3:50 pm		
FR06	Beyond the Basics - How to Negotiate Your Contract, Chicago, IL	RM 101
FR07	HOLA! Caring for the Hispanic Patient, Detroit, MI	RM 102
FR08	Enhancing Gynecologic Training in Family Medicine Residency Programs: A Blueprint for Curricular Enhancements and Procedural Training Using Implantable Progesterone, Hinsdale, IL	RM 103
FR09	Population Health: How you can develop a comprehensive curriculum building on structures already in place in your program, Minneapolis, MN	RM 104
FR10	How Did This Happen? Using a RCA to Teach Patient Safety and Quality Improvement, Terre Haute, IN	RM 106

Friday October 7, 2016 continued

4:00 – 4:30 pm	PS01: Poster session I & Break with exhibitors	Foyer WRB – E
Poster 1	Detection of Diabetic Retinopathy with the use of a Teleretinal Screening Device	
Poster 2	Increasing Rural Family Physicians' and Vietnam War Veterans' Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2	
Poster 3	Case series on simultaneous pyelonephritis and cholecystitis.	
Poster 4	Understanding an epidemic: Developing an obesity management curriculum for Family Medicine Residents	
Poster 5	Implementation of a Model to Empower Family Medicine Patients to Achieve Institute of Medicine Gestational Weight Gain Recommendations (EMP-W-R)	
Poster 6	Value of including a pharmacist in the transitions of care team; A pilot study involving family medicine patients at community hospital	
Poster 7	Group Visits; Managing Health Risk with Weight Loss	
Poster 8	Promoting Resident Wellbeing and Resilience at the GME Committee Level	
Poster 9	Incorporating group prenatal care in a residency center clinic	
Poster 10	Using Telementoring to Improve Sickle Cell Disease Care in the Midwest	
4:30 – 5:20 pm	Educational sessions (5 concurrent 50 min sessions)	
FR11	Building Workforce Capacity for Systemic Healthcare Reform: Leadership Training Experiences at the Local, State and Federal Levels, Chicago, IL	RM 101
FR12	Impact of ambulatory care clinical pharmacists in a family medicine residency program, Speedway, IN	RM 102
FR13	Complexity Care: Curriculum, Clinic and Team-based Care, Chicago, IL	RM 103
FR14	Patient-Centered Care for the Transgender Patient, Detroit, MI	RM 104
FR15	Challenging Situations in Pregnancy Options Counseling, Chicago, IL	RM 106
5:30 – 6:30 pm	Program Directors Meeting	RM 105
6:00 – 8:00 pm	Welcome Reception	Offsite at NCAA Hall of Champions

Saturday October 8, 2016

Breakfast on your own

8:30 am	Registration opens	Foyer WRB A-D
7:00 am	Speaker ready room opens	RM 208
8:30 am	Exhibits open	Foyer WRB A-D
9:00 am - 12:00 pm	Educational Sessions	
9:00 am – 9:50 am		
SA01	Resident Physicians' Perceptions of Ambulatory Care Clinical Pharmacy Services in Indiana, Indianapolis, IN	RM 101
SA02	Identifying and treating opioid use disorder in a primary care setting, Chicago, IL	RM 102
SA03	Inoculating Physicians for Burnout: A Curriculum for Resident Wellness, Chicago, IL	RM 103
SA04	Breast Cancer Screening- can we make sense of the new guidelines? Indianapolis, IN	RM 104
SA05	Speed Date Your Specialty (Not for CME)	White River A – E

Saturday October 8, 2016 continued

10:00 am – 10:50 am

SA06	Basic Procedural Skill Training for IUD and Endometrial Aspiration biopsy using an Anatomic Model, St. Paul, MN	RM 101
SA07	Is it Legal in Your State? Medical Cannabis: Updates for the Primary Care Physician, Highland Park, IL	RM 102
SA08	The Pursuit of Happiness: Achieving effective work and life integration through personal strategic planning, Eau Claire, WI	RM 103
SA09	Supporting Reproductive Needs and Desires of People Living with HIV, Chicago, IL	RM 104
SA10	Cultivating a Feedback Culture: Giving, Receiving, and Soliciting Feedback, Verona, WI	RM 105
SA11	Principles of heart failure management in the outpatient primary care setting Chicago, IL	RM 106
SA12	Interprofessional Collaboration between Family Medicine and Pharmacy Residents in a Group Global Health Elective, Indianapolis IN	RM 107

11:00 am – 11:50 am

SA13	A Practical Approach to Knee Injections: A Workshop for Beginners, Terra Haute, IN	RM 101
SA14	Opioids for chronic pain: CDC guidelines and family medicine, Minneapolis MN	RM 102
SA15	Medication Abortion: 2016 Practice Revisions, Chicago, IL	RM 103
SA16	Breaking the Ice: Talking about Sex, PrEP and HIV Prevention, Chicago, IL	RM 104
SA17	Putting your best foot forward on the interview trail: Mastering Behavioral Interviewing strategies during residency and job interviews, Eau Claire, WI	RM 105
SA18	Teaching Professionalism and Ethics through Storytelling, Indianapolis, IN	RM 106
SA19	Providing Excellent Medical Care for Newly Arrived Refugees, Indianapolis, IN	RM 107

12:00 - 1:30 pm

Lunch and PL01: Plenary: **White River A-E**
Family Physician Well-Being, Resilience, and Burnout and Issues in Shaping the Future of Primary Care
Presented by Clif Knight, MD

1:30 pm - 5:30 pm

IN AFP KSA Depression **RM 209**

1:30 – 2:00 pm

Poster Session II & Break w/ exhibitors

Foyer – WRB E

Poster 11	Vaccine Uptake Among Fathers in the Newborn Nursery
Poster 12	Leaf Libraries: Promoting Childhood Literacy in Community Waiting Spaces
Poster 13	Case Report: Epstein-Barr Virus Encephalitis
Poster 14	Is there an association between highlighting the diagnosis in an office visit and patient satisfaction?
Poster 15	Rethinking Routine Labs: Optimizing Serum Magnesium Testing in the Inpatient and Ambulatory Care Setting
Poster 16	Prevalence and correlates of substance abuse amongst Middle Eastern population of Detroit, MI
Poster 17	Perspectives on Conscientious Objection in Family Medicine Residency Programs
Poster 18	Medicina Scholars Online: A Medical Pipeline Program for College Students
Poster 19	Qualitative Analysis of Current Community Medicine Curriculum Strategies and the Development and Innovation of a Collaborative Paradigm
Poster 20	Medical Student Demand for Flexible Residency Training Options

Saturday October 8, 2016 continued

2:00 – 3:00 pm	Workshops (5 concurrent 1 hour sessions) (1.0 Credit)	
SA20	A Practical Approach to Shoulder Injections: A Workshop for Beginners Terra Haute, IN	RM 101
SA21	Code Status Discussion: Getting comfortable with the uncomfortable, Indianapolis, IN	RM 102
SA22	Advanced Care Planning: It's About Values, Preferences and Evolving Conversations, Chicago, IL	RM 103
SA23	Physician Families and Medical Marriages: That's What She Said, a Women in Medicine Panel, Geneva, IL	RM 104
SA24	Family Medicine's Role in Advocacy, Western Springs, IL	RM 105
3:00 – 5:00 pm	Residency & Career Fair	Griffin Hall
4:00 – 5:00 pm	AMFRD Chairs Meeting	RM 106
5:00 – 7:00 pm	AAFP FMIG meeting and reception (invite only)	RMS 203-205
<i>Dinner on your own!</i>		

Sunday October 9, 2016

7:00 am	Registration opens	Foyer WRB A-D
7:00 am	Speaker ready room opens	RM 208
7:00 am	Exhibits open	Foyer WRB A-D
7:30 – 9:00 am	Breakfast and PL02: Plenary <i>On Doctoring: The Future of Family Medicine</i> <i>Presented by Michael LeFevre, MD</i>	White River A-E
9:00 am	Exhibitor Tagline/Word Hunt Game Winners Announced	White River &
9:00 am – 11:00am	Student Scholarship check pick up	Registration
9:00 - 9:30 am	Poster Session III & Break with exhibitors	Foyer WRB A-D
Poster 21	United Family Medicine Geriatric Assessment Clinic	
Poster 22	Salud comunitaria y la escuela: Using Classroom Modules and a Community Garden to Encourage Wellness in Students and their Families	
Poster 23	Interpreter use by specialists at Academic Medical Centers	
Poster 24	Identification of Patient Obstacles Toward Improving Hypertension Management	
Poster 25	Physician's beliefs regarding spiritual care at the end of life	
Poster 26	An atypical case of Coxsackie virus	
Poster 27	Team Learning Curriculum Pilot: Family Medicine Residents and Dental Hygiene Students learning and working together to provide oral health care for Juvenile Detention Center Adolescents	
Poster 28	It takes commitment and collaboration to climb The Ladder-St Paul: A resident driven effort to bring adapt a youth mentorship program to our clinic's community	
Poster 29	Confluent and Reticulated Papillomatosis (CARP) – A Commonly Misdiagnosed Rash	
Poster 30	Promotion vs. Education in Choosing Real Food	

Sunday October 9, 2016 continued

9:30 - 10:30 am

Workshops

SU01	Office Based Manual Vacuum Aspiration for Uterine Evacuation aka: Papaya Workshop, Chicago, IL	RM 101
SU02	Botanicals for Common Primary Care Conditions: An Integrative Medicine Workshop Dunlap, IL	RM 102
SU03	Utilization of Brief Cognitive Assessments in the Family Medicine Setting Terra Haute, IN	RM 103
SU04	Learning what works and what doesn't work in counseling patients Park Ridge, IL	RM 104
SU05	I Got an F in Clinical Quality?!?: Part Two-- Residents Revolt! Milwaukee, WI	RM 105

10:35 am – 11:30 am

15-Minute Presentations

10:35 am – 10:50 am

SU06	Answering Med Students' FAQs About Family Medicine Leawood, KS (Not for CME) **This Session runs until the close of the conference**	RM 101
SU07	Why Patients with Primary Care Physicians Use Immediate Care Centers, Maywood, IL	RM 102
SU08	Health and Economic consequences of elective inductions, Are they really worth it? Peoria, IL	RM 103
SU09	PTSD: Worsening outcomes for comorbid depression... even with collaborative care management, Rochester MN	RM 104
SU10	Video-based Learning Tool for Improving Education about Long-acting Reversible Contraception in Family Medicine Residencies, Indianapolis, IN	RM 105

10:55 am – 11:10 am

SU06 (cont.)	Answering Med Students' FAQs About Family Medicine Leawood, KS (Not for CME) **This Session Runs until the close of the Conference**	RM 101
SU11	Does implementing the use of communication cards in the FMC clinic improve satisfaction with clinic flow among providers and medical assistants and does it improve patient turnover times? A qualitative and quantitative analysis. Indianapolis, IN	RM 102
SU12	Increasing Rural Family Physicians' and Vietnam War Veterans' Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2, Ely, MN	RM 103
SU13	Rethinking Routine Labs: Optimizing Serum Magnesium Testing in the Inpatient and Ambulatory Care Setting, Chicago, IL	RM 104

11:15 am – 11:30 am

SU06 (cont.)	Answering Med Students' FAQs About Family Medicine Leawood, KS (Not for CME) **This Session Runs until the close of the Conference**	RM 101
SU14	A model for interprofessional team-based post-hospital care in the academic family medicine clinic, Minneapolis, MN	RM 102
SU15	Looking Back at the Community Family Medicine Resident Research Project: What worked? Park, MN	RM 103
SU16	Partnering 4 Africa: How to Establish a Medical Non-Profit Organization Abroad, Kansas City, MO	RM 104
SU17	Macrophage Activation Syndrome Masquerading as Polymyositis, Indianapolis, IN	RM 105

12:00 - 1:00 pm

Host & Planning Committee /Wrap-up meeting & lunch

White River C-D

Friday, 10/7/16

Friday, October 7**Pre-conference workshops****9:00 am – 12:30 pm*****PC01 - Maternal & Child Health Collaborative*****Room 101***Led by:* Evelyn Figueroa, MD, UIC Family Medicine Residency

Session Description: This mainstay of Family Medicine Midwest will cover the wide ranging issues facing mothers to-be and their babies during two, 90-minute sessions. Dedicated to enhancing pre-conception, prenatal, and postpartum care, we intend to generate awareness of existing tools/resources and develop new projects which aim to improve maternal and child health.

PC02 - Community & Population Health Collaborative**Room 102***Led by:* Juan Carlos Venis, MD, MPH, PGY 3, Family Medicine, IU Health Ball Memorial Hospital

Session Description: Join small discussion groups to discuss presentations and plan how to address population and community health in the workplace.

PC03: Palliative Medicine Training Program Collaborative**Room 103***Led by:* Sean Mahoney, MD, University of Chicago and Ramandeep Kaur, MD, University of Chicago

Session Description: To improve the quality of palliative care services for patients and families with cancer and other life threatening illnesses; To increase patients' and families' access to palliative care services at health care organizations in the Midwest region; To support health care leadership in building and integrating palliative care services across existing systems; To grow a supportive network of interdisciplinary palliative care providers across the Midwest region.

10:15 am – 12:30 pm***PC04: Student Free Clinic*****Room 104***Led by:* Lindsay Leach, Indiana University Medical Student, Medical Board, IU Student Run Free Clinic; Teresa Lovins, MD, Indiana AFP Past President; Jason White, MD, MBA, Indiana University Family Medicine Residency

Session Description: Participants in the Student Run Free Clinic will discuss the collaboration of different student groups running different aspects of the clinic, including:

- Medical students run the medical service;
- pharmacy students run the pharmacy
- pre-med students at IUPUI run the front desk; etc.

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

Friday, 10/7/16

Education Sessions: 2:00 - 2:50 pm**FR01 - Developing Resilience to Create Lifelong Physicians for the Underserved****Session Room: 101***Primary Speaker:* Laura Miller, MD, North Memorial FMR/University of Minnesota DFMCH*Co-Speakers:* Tanner Nissly, DO, North Memorial FMR*Intended Audience:* P, R**Learning Objectives:**

On completion of this session, the participants should be able to:

- List the four themes of resilience, and give personal examples of each.
- Formulate potential curriculum topics to enhance resilience and/or prevent burnout.
- Evaluate the presented curriculum for potential implementation at their own programs.

FR02 - "Will the pill make me fat?" Common contraception myths, facts and patient concerns**Session Room: 102***Primary Speaker:* Erin Hendriks MD, Detroit Medical Center Family Medicine Residency / Wayne State University*Co-Speakers:* Maricela Castillo-Mackenzie MD, Detroit Medical Center Family Medicine Residency / Wayne State University; Lauren Oshman, MD MPH, University of Chicago / NorthShore Family Medicine Residency Program*Intended Audience:* All**Learning Objectives:**

Upon completion of the seminar, participants will be able to:

- Identify the common myths associated with various contraceptive methods
- Provide patients with evidence based answers to their contraceptive questions
- Offer contraceptives to women with medical conditions by using the updated CDC Medical Eligibility for Initiating Contraception

FR03 - The Power of Reflection: from CCC to Health Care Reform.**Session Room: 103***Primary Speaker:* Kathleen Macken MD, United Family Medicine Residency*Co-Speakers:* Sue Inoue MD, Family Medicine Faculty at United Family Medicine Residency*Intended Audience:* F, R**Learning Objectives:**

On completion of this session the participants should be able to:

- Implement resident reflections for evaluation.
- Attach reflections to specific milestones.
- Use reflections to inform health care policy makers and administrators.

FR04 - Dreaming the Dream job**Session Room: 104***Primary Speaker:* Ruksana Nazneen M.D, Jackson Park Hospital/Family medicine*Intended Audience:* F, P, R

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

Learning Objectives:

On completion of this session, participants should be able to:

- Describe Dream Job
- Learn different practice styles available to Family physicians
- Understand different practice types and their pros and cons

FR05 - Together We Can Do So Much: Group Pregnancy Visits in a Family Medicine Residency**Session Room: 106**

Primary Speaker: Jesse Clark, DO, Community Hospital East Family Medicine Residency

Co-Speakers: Laura Schaecher, LCSW, Community East Family Medicine Residency; Scott Agee, DO, Community Hospital East Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Name both benefits and barriers of implementing group visits within a healthcare setting.
- Explain the evidence-based benefits associated with the group pregnancy visits.
- List benefits of resident involvement in group pregnancy visits.
- Distinguish between facilitative and didactic group leadership.
- Lead facilitative group activities.

3:00 - 3:50 pm

FR06 - Beyond the Basics - How to Negotiate Your Contract**Session Room: 101**

Primary Speaker: Michael Hanak, MD, FAAFP, Rush University Medical Center

Intended Audience: R, P

Learning Objectives:

On completion of this session, participants should be able to:

- Take away a meaningful set of tips to practice and implement in attendees future contract negotiation.
- Learn effective ways of communicating requests to prospective employers without damaging the negotiation process.
- Identify language in employment contracts that could bring negative consequences to a future employment situation.

FR07 - HOLA! Caring for the Hispanic Patient**Session Room: 102**

Primary Speaker: Maricela Castillo-Mackenzie MD, Wayne State University

Co-Speakers: Leslie Perez, MD; Erin Hendriks, MD, Wayne State University

Intended Audience: F, P

Learning Objectives:

On completion of this session, the participants should be able to:

- Differentiate between the terms Hispanic and Latino
- Identify the unique health care disparities and barriers to health that exist for this population

Friday, 10/7/16

- Appreciate the common themes of family, respect, personal relationships, trust, and spirit and the important role these themes play in the care of the Hispanic patient
- Explain acculturation strategies and outcomes

FR08 - Enhancing Gynecologic Training in Family Medicine Residency Programs: A Blueprint for Curricular Enhancements and Procedural Training Using Implantable Progesterone

Session Room: 103

Primary Speaker: Leslie Sleuwen MD, Hinsdale Family Medicine Residency Program

Intended Audience: F, P, R

Learning Objectives:

On completion of this session, the participants should be able to:

- Have an increased knowledge about implantable progesterone and its potential value in the training of family medicine residents as well as understand how to implement strategic planning in order to engage interested program faculty either singularly or as an entire program.
- Appreciate resident confidence in their implantable progesterone training and their views on continuing to offer implantable progesterone after graduation.
- Design an interdisciplinary process and forms that will help target the best population for receiving a subdermal implant for contraception.

FR09 - Population Health: How you can develop a comprehensive curriculum building on structures already in place in your program.

Session Room: 104

Primary Speaker: Susan Hasti MD, HCMC Family Medicine Residency Program

Intended Audience: F, R

Learning Objectives:

On completion of this session, participants should be able to:

- Identify milestones and sub-competencies that inform curriculum for population health concepts
- Recognize the building blocks that are already present in their curriculum for teaching population health
- Use our longitudinal curriculum structure to review and enhance their own residency training in population health.

FR10 - How Did this Happen? Using a RCA to Teach Patient Safety and Quality Improvement

Session Room: 106

Primary Speaker: Laurie Valera, MD, Union Hospital Family Medicine Residency

Co-Speakers: Andre Anderson, MD, Union Hospital Family Medicine Residency; Nicole McGuire, DHSc, Union Hospital Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Determine when a root cause analysis (RCA) is needed
- Review the procedures for conducting a root cause analysis (RCA)
- Review analytical techniques used in RCA's
- Review the use of relevant procedures
- Practice root cause analysis (RCA) techniques

4:00 – 4:30 pm Poster Session I (PS01)**Poster 1: Detection of Diabetic Retinopathy with the use of a Teleretinal Screening Device**

Primary Presenter: Jacqueline Cheng, MS., MD., IU Family Medicine; PGY3 Resident

Co-Presenters: Hammzah Jomha, MD.; IU Family Medicine; PGY3 Resident; Michael Busha, MD., MBA.; IU Family Medicine; Medical Director of Quality Ambulatory Services

Learning Objectives:

- Is it economically feasible to implement a teleretinal screening device in a primary care setting?
- Does the use of a teleretinal screening device improve detection and subsequent intervention rates of diabetic retinopathy?
- Of the patients screened via the Teleretinal Screening Device, what proportion endorses that they also would have been screened via traditional dilated eye examination?

Poster 2: Increasing Rural Family Physicians' and Vietnam War Veterans' Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2

Primary Presenter: Linda Olson Bergum, MD, University of Minnesota Medical School, Department of Family Medicine and Community Health

Co-Presenters: Kirsten Larson, MS3, University of Minnesota Medical School

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify the population of Vietnam veterans who have been exposed to Agent Orange and received a diagnosis of Type 2 Diabetes.
- Explain to this population the healthcare coverage from the United States Department of Veteran Affairs for which they qualify to cover the cost of their diabetes care.
- Identify three resources to which this population can be directed to aid in receiving their healthcare coverage

Poster 3: Case series on simultaneous pyelonephritis and cholecystitis

Primary Presenter: Yousef Mohammadi, MD, MPH, Community Health Network

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify means to capture simultaneous infection.
- Use of repeat imaging to hasten appropriate care in a case of pyelonephritis and cholecystitis.
- Learn the importance of keeping a broad differential when patient does not respond to treatment.

Poster 4: Understanding an epidemic: Developing an obesity management curriculum for Family Medicine Residents

Primary Presenter: Alberto Marcelin MD, Family Medicine

Learning Objectives:

On completion of this session, the participants should be able to: Create an interactive, lecture series led by specialists in obesity management from across multiple disciplines.

Poster 5: Implementation of a Model to Empower Family Medicine Patients to Achieve Institute of Medicine Gestational Weight Gain Recommendations (EMP-W-R)

Primary Presenter: Evelyn Figueroa, MD, UIC Family Medicine

Co-Presenters: Stephen Sladek, MD, Advocate Christ Family Medicine Residency Program

Learning Objectives:

On completion of this session, participants should be able to:

Friday, 10/7/16

- Describe the current Institute of Medicine weight gain in pregnancy recommendations.
- Describe complications related to excessive weight gain in pregnancy

Poster 6: Value of including a pharmacist in the transitions of care team; A pilot study involving family medicine patients at community hospital

Primary Presenter: Lauren Oshman MD MPH, University of Chicago Family Medicine Residency Program

Co-Presenters: Steven Asbill, PharmD, PGY2 Pharmacy Resident, NorthShore University HealthSystem, Glenbrook Hospital

Learning Objectives:

On completion of this session, participants should be able to:

- Discuss literature regarding the impact of discharge transitions of care programs
- Identify potential barriers or complications in the transitions of care process
- Describe methods in which pharmacists may positively impact post-discharge follow up

Poster 7: Group Visits; Managing Health Risk with Weight Loss

Primary Presenter: Jacqueline Brom, M.D., PGY III; Lutheran General Family Medicine Residency, Family Medicine

Co-Presenters: Hannah Graham, M.D., PGY III; Lutheran General Family Medicine Residency, Bruce Perlow, M.D., Attending Physician; Lutheran General Family Medicine Residency

Learning Objectives:

On completion of this session, participants should be able to:

- Determine the effectiveness of group visits in the primary care setting
- Compare different models of group visits
- Interview participants about methods of effective weight management in the primary care setting

Poster 8: Promoting Resident Wellbeing and Resilience at the GME Committee Level

Primary Presenter: Joan Hamblin MD, University of Wisconsin School of Medicine and Public Health, Department of Family Medicine and Community Health I, Eau Claire Family Medicine Residency Program

Co-Presenters: Michelle Grosch, MA, University of Wisconsin School of Medicine and Public Health, William Schwab, MD, University of Wisconsin School of Medicine and Public Health

Learning Objectives:

On completion of this session, participants should be able to:

- Review how one department GME Committee explored resident wellbeing and resilience.
- Learn specific activities that residency programs can implement at different times during residency and at resident, program and faculty levels.

Poster 9: Incorporating group prenatal care in a residency center clinic

Primary Presenter: Anna W. Grady, MD, Ball Memorial Family Medicine Residency

Co-Presenters: Juan Carlos Venis, MD, PhD, Ball Memorial Family Medicine Residency

Learning Objectives:

On completion of this session, participants should be able to:

- List the steps required to establish a group prenatal care program in a residency center clinic.
- Identify key recruitment methods for encouraging patients to participate in the group prenatal care program.
- Identify outcome measures to evaluate a group prenatal care program and determine which outcome measures are most meaningful for their programs.

Friday, 10/7/16

Poster 10: Using Telementoring to Improve Sickle Cell Disease Care in the Midwest

Primary Presenter: Lisa M. Shook, MA, MCHES, Cincinnati Children's Hospital Medical Center

Learning Objectives:

On completion of this session, the participants should be able to:

- Describe the Project ECHO model.
- Describe the replication of Project ECHO to sickle cell disease.
- Describe the benefits of tele mentoring.

4:30 - 5:20 pm**FR11 - Building Workforce Capacity for Systemic Healthcare Reform: Leadership Training Experiences at the Local, State and Federal levels****Session Room: 101***Primary Speaker:* Dorothy Dschida, MD, McGaw Northwestern Family Medicine Residency, Erie Family Health Center*Co-Speakers:* Luis Rivera, MD, McGaw Northwestern Family Medicine Residency, Erie Family Health Center; Jessica Reader, MD, MPH, McGaw Northwestern Family Medicine Residency, Erie Family Health Center*Intended Audience:* All**Learning Objectives:**

On completions of this session, participants should be able to:

- Understand the purpose and goals of a leadership curriculum for family medicine
- Describe four activities for developing leadership skills
- Explore opportunities for local, state and federal advocacy within their context.

FR12 - Impact of ambulatory care clinical pharmacists in a family medicine residency program**Session Room: 102***Primary Speaker:* Jennifer Collins, PharmD, BCACP, Community Health Network*Co-Speakers:* Nora Sharaya, PharmD, BCPS, Community Health Network, Community East Family Medicine Residency; Megan Dorrell, PharmD, BCPS, Community Health Network, Director of Ambulatory Clinical Pharmacy Services*Intended Audience:* All**Learning Objectives:**

On completion of this session, participants should be able to:

- Describe the benefits of an ambulatory care pharmacist in a family medicine residency setting
- Identify the clinical services that an ambulatory care pharmacist may provide in a family medicine residency setting
- Recognize the educational opportunities that an ambulatory care pharmacist may provide in a family medicine residency setting

FR13 - Complexity Care: Curriculum, Clinic and Team-based Care**Session Room: 103***Primary Speaker:* Anuj K Shah, MD, MPH, Northwestern Family Medicine Residency*Co-Speakers:* Martin Aramburu, MD, Northwestern Family Medicine Residency, Erie Family Health Center; Mary R. Talen, Ph.D., Northwestern Family Medicine Residency, Erie Family Health Center

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Describe the purpose and goals of complexity care curriculum and clinics
- Describe the key learning activities for complexity rotation such as panel management, team-based case conferences, and shared care planning.
- Be exposed to the structure and work-flow for the complexity care clinic sessions
- Explore complexity care initiatives in their own setting.

FR14 - Patient-Centered Care for the Transgender Patient

Session Room: 104

Primary Speaker: Joe Giannola MD, Wayne State University

Co-Speakers: Patrick Long MD, Wayne State University; Erin Hendriks MD, Wayne State University

Intended Audience: All

Learning Objectives:

Upon completion of the seminar, participants will be able to:

- Ask patients how they define themselves, and respect and use their preferred self-definitions.
- Identify health care disparities that exist for transgender patients
- Answer difficult questions relating to transgender health
- Access online patient resources

FR15 - Challenging Situations in Pregnancy Options Counseling

Session Room: 106

Primary Speaker: Kristie Monast, MS Ed, Midwest Access Project

Co-Speakers: Patricia D. Chico, MD, Esperanza Health Center, Marquette Clinic; Sarah Horowitz, MD, PGY-2 Family Medicine University of Chicago (Northshore)

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify gestational age limitations for both medication and aspiration abortion services
- Describe how parental notification and consent laws affect abortion services for minors
- Initiate and engage a patient in non-directive conversation regarding adoption planning
- Identify supportive, comprehensive resources to share with patients on all three pregnancy options (continuing pregnancy and parenting, continuing pregnancy and adoption planning, abortion)

Saturday, October 8

9:00 - 9:50 am

SA01 - Resident Physicians' Perceptions of Ambulatory Care Clinical Pharmacy Services in Indiana

Session Room: 101

Primary Speaker: Ashley H. Vincent, PharmD, Purdue University (College of Pharmacy, Department of Pharmacy Practice)/ IU Health (Ambulatory Care Pharmacy)

Co-Speakers: Andrew N. Schmelz, PharmD, IU Health, Clinical Pharmacy Specialist, Ambulatory Care; Darin Ramsey, PharmD, Butler University / RL Roudebush VA Medical Center, Associate Professor of Pharmacy Practice / Clinical Pharmacy Specialist, Primary Care

Intended Audience: F, P, R

Learning Objectives:

On completion of this session, participants will be able to:

- Identify current and potential roles ambulatory care clinical pharmacists have within the interprofessional clinical education of resident physicians throughout Indiana
- Recognize the characteristics of resident physicians' that have the greatest influence on perceptions of ambulatory care pharmacists within a longitudinal teaching clinic
- Develop strategies to increase utilization of ambulatory care clinical pharmacists within the setting of a longitudinal medical resident teaching clinic to enhance resident physician clinical training

SA02 - Identifying and treating opioid use disorder in a primary care setting

Session Room: 102

Primary Speaker: Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM, Medical Director of Behavioral Health, Chicago Department of Public Health

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, participants should be able to:

- List the diagnostic criteria for opioid use disorder
- Identify the FDA-approved medications for treatment of opioid use disorder
- List the pharmacologic differences between the various FDA-approved medications for opioid use disorder

SA03 - Inoculating Physicians for Burnout: A Curriculum for Resident Wellness

Session Room: 103

Primary Speaker: Meredith Hirschfeld, MD, Erie Family Health Center, Northwestern Family Medicine Residency

Co-Speakers: Sarah Valliere, DO, Erie Family Health Center, Northwestern Family Medicine; Geraldine Malana, MD, Erie Family Health Center, Northwestern Family Medicine

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Describe five specific learning activities for a robust wellness curriculum.
- Identify the planning, implementation and monitoring the wellness culture.
- Be familiar with the evaluation tools of the wellness curriculum on resident and faculty functioning.

SA04 - Breast Cancer Screening- can we make sense of the new guidelines?

Session Room: 104

Primary Speaker: Cynthia Meneghini MD, FAAFP, East Family Medicine Residency, Community Health Network

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, participants will be able to:

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

- Develop a better understanding of breast cancer screening methods
- Learn about the various groups who release guidelines on breast cancer screening
- Learn to have better conversations with your patients about when to start mammogram screening
- Critically evaluate the evidence behind breast cancer screening methods

SA05 - Speed Date Your Speciality (Student Only Session – NOT FOR CME)

Session Room: White River A-E

Intended Audience: S

Session Description: Medical Students are invited to learn and “speed date” a variety of family medicine careers and areas of interest from the Family Medicine Experts!

10:00 - 10:50 am

SA06 - Basic Procedural Skill Training for IUD and Endometrial Aspiration biopsy using An Anatomic Model

Session Room: 101

Primary Speaker: Katherine F Guthrie, MD, Allina Health United Family Medicine Residency

Co-Speakers: Lisa Phifer, MD, Allina Health, United Family Medicine Residency; Kathleen Macken, MD, Program Director, Allina Health, United Family Medicine Residency; Sue Inoue, MD, Allina Health United Family Medicine Residency; Jillian Landeck, MD, Allina Health United Family Medicine Residency; Kelsey Leonardsmith, MD, Allina Health United Family Medicine Residency

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, participants should be able to:

- List the contraindications for use of progesterone containing IUDs.
- Be able to list the sequential steps for the insertion of progesterone containing IUD using an anatomic model.
- Demonstrate the technique of endometrial biopsy using the same model.
- Demonstrate specific techniques to address common difficulties encountered in each of these procedures.

SA07 - Is it Legal in Your State? Medical Cannabis: Updates for the Primary Care Physician

Session Room: 102

Primary Speaker: Leslie Mendoza Temple, MD, University of Chicago Pritzker School of Medicine / NorthShore University HealthSystem

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Understand the process of certifying patients for medical cannabis per state of Illinois rules.
- Understand the endocannabinoid system and its role in modulating pain, appetite, mood.
- Learn risks and benefits of medical cannabis use, forms of delivery and dosage rules of thumb.

SA08 - The Pursuit of Happiness: Achieving effective work and life integration through personal strategic planning

Session Room: 103

Primary Speaker: Terri A. Nordin, MD, Mayo Clinic Family Medicine Residency – Eau Claire

Co-Speakers: Mark Deyo-Svendsen, MD, Mayo Clinic Family Medicine Residency – Eau Claire

Intended Audience: All

Learning Objectives:

At the end of this session, participants will be able to:

- Summarize the warning signs and deleterious effects of physician burnout
- Compare and contrast the concepts of work and life balance, dynamic equilibrium, and integration
- Identify ways that knowing your core motivations (your “WHY?”) and personal strategic planning can help you achieve satisfaction with how you spend your time
- Develop three SMART goals that are congruent with your “WHY?”

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

SA09 - Supporting Reproductive Needs and Desires of People Living with HIV

Session Room: 104

Primary Speaker: Pamela Tassin, BS, CHES, AIDS Foundation of Chicago

Co-Speakers: Evelyn Figueroa, MD, Program Director, Family Medicine Residency, Associate Professor of Clinical Family Medicine, Director of Women's Health and Maternity Care, University of Illinois at Chicago College of Medicine

Intended Audience: All

Learning Objectives:

On completion of this session, the participant should be able to:

- Employ new strategies to meet people living with HIV's reproductive health care needs and desires
- Initiate affirming conversations with people living with HIV about fertility desires
- Support safer conception for sero-different couples
- Facilitate people living with HIV's access to contraception and conception care, resources, supports, and assistance

SA10 - Cultivating a Feedback Culture: Giving, Receiving, and Soliciting Feedback

Session Room: 105

Primary Speaker: Thomas Hahn, MD, University of Wisconsin Department of Family Medicine and Community Health

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Cultivate a respectful culture of feedback.
- Give STAR feedback (specific, timely, actionable, and respectful) using the Ask, Tell, Ask method.
- Graciously receive feedback and apply it to improve learning and performance.
- Solicit feedback from both learners and teachers.

SA11 - Principles of heart failure management in the outpatient primary care setting

Session Room: 106

Primary Speaker: Ryan Golden, MD, Northwestern McGaw at Lake Forest; Family and Community Medicine

Co-Speakers: Beth Dunlap, MD, Northwestern McGaw - Lake Forest, Family and Community Medicine

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Apply guideline directed medical therapy in heart failure patients.
- Recognize indications for device therapy in a patient with heart failure.
- Determine appropriate use of dual anti-platelet therapy in post-PCI patients with stable ischemic heart disease or recent acute coronary syndrome
- Manage depression as an important comorbidity in cardiovascular disease.
- Construct a cost-effective approach to a medically complex patient.

SA12 - Interprofessional Collaboration between Family Medicine and Pharmacy Residents in a Group Global Health Elective

Session Room: 107

Primary Speaker: Maurice Henein, MD, Community East FMR Indianapolis

Co-Speakers: Ashton E. Beggs, PharmD, BCACP, Belmont University; Lauren Michelle Pence, PharmD, BCACP, Eskenazi Health; Katee J. Kindler, PharmD, Manchester University

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Organize a group global health elective inclusive of pharmacy residents
- Describe pharmacy residency requirements and understand how global health electives can be integrate
- Examine the internal benefits for institutions in interprofessional efforts

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

11:00 - 11:50 am

SA13 - A Practical Approach to Knee Injections: A Workshop for Beginners

Session Room: 101

Primary Speaker: Kenneth Kigorwe, MD, Union Hospital Family Medicine Residency

Co-Speakers: Amy Laib, MD, Union Hospital Family Medicine Residency; Kenneth Reece, MD, Union Hospital Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Review the anatomy and function of the knee
- Learn specific clinical tests to evaluate the knee using evidence-based medicine guidelines
- Review common mechanisms of injury
- Review imaging techniques used for evaluation
- Practice exam techniques
- Practice injections using a knee model

SA14 - Opioids for chronic pain. CDC guidelines and family medicine.

Session Room: 102

Primary Speaker: Andrew H. Slattengren, DO, University of Minnesota Medical School. North Memorial Family Medicine Residency Program

Co-Speakers: Tanner Nissly D.O., Assistant Professor, University of Minnesota Medical School Department of Family Medicine and Community Health, North Memorial Family Medicine Residency Program; Robert Levy M.D., Assistant Professor, University of Minnesota Medical School Department of Family Medicine and Community Health, North Memorial Family Medicine Residency Program

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Incorporate the CDC opioid prescription guideline into management of patients with chronic pain.
- Describe the recent history of opioid prescription increase and how this relates to the current opioid epidemic facing U.S. physicians.
- Explain how one family medicine clinic changed its practice to address the needs of patients with chronic pain and/or opioid dependence.

SA15 - Medication Abortion: 2016 Practice Revisions

Session Room: 103

Primary Speaker: Kristie Monast, MS Ed, Midwest Access Project

Co-Speakers: Tabatha Wells, MD, Assistant Professor of Clinical Family Medicine, University of Illinois at Chicago; Sarah Horowitz, MD, PGY-2 in Family Medicine at the University of Chicago (Northshore)

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Describe current FDA approved medications and regimens to induce a medication abortion.
- Identify strategies for updating current protocols or integrating medication abortion services into practice.
- Describe at least one benefit of offering medication abortion in the primary care setting.

SA16 - Breaking the Ice: Talking about Sex, PrEP and HIV Prevention

Session Room: 104

Primary Speaker: Pamela Tassin, BS, CHES, AIDS Foundation of Chicago

Co-Speakers: Evelyn Figueroa, MD, Program Director, Family Medicine Residency, Associate Professor of Clinical Family Medicine, Director of Women's Health and Maternity Care, University of Illinois at Chicago College of Medicine

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S - Students **

Intended Audience: All

Learning Objectives:

By the end of this session, participants will be able to:

- Effectively engage patients in conversations about sexual practices that: support their ability to have a healthy sex life; support effective HIV prevention; increase providers' understanding of patient needs; and facilitate the patient sharing pertinent information.
- Integrate the latest information on PrEP into patient counseling and care.
- Facilitate patient access to PrEP by effectively connecting patients to resources, supports, and assistance.

SA17 - Putting your best foot forward on the interview trail: Mastering Behavioral Interviewing strategies during residency and job interviews

Session Room: 105

Primary Speaker: Mark Deyo-Svendsen, MD, Mayo Clinic Family Medicine Residency – Eau Claire

Co-Speakers: Terri A. Nordin, MD, Mayo Clinic Family Medicine Residency – Eau Claire

Intended Audience: R, S

Learning Objectives:

At the end of this session, participants will be able to:

- Identify behavioral interviewing style questions
- Summarize the benefits of behaviorally-based questions and answers in an interview compared to less-structured models
- Prepare and communicate specific behavioral examples from personal experiences to answer interview questions
- Develop behavioral interviewing style questions to ask interviewers

SA18 - Teaching Professionalism and Ethics through Storytelling

Session Room: 106

Primary Speaker: Richard Feldman, MD, FAAFP, Family Medicine Residency, Franciscan Alliance St. Francis Hospital

Co-Speakers: Jacqueline A. Maxwell, Psy.D., HSPP, Franciscan St. Francis Health Family Medicine Residency

Intended Audience: F, R, S

Learning Objectives:

On completion of this session, participants will be able to:

- Define professionalism in the context of medical practice.
- Describe the professional, ethical, and personal characteristics of what makes an effective family physician.
- Discuss how the practice and values of family medicine have changed over the past 60 years.
- Identify the contemporary barriers and pressures that discourage optimal professionalism in the practice of medicine and in family medicine.
- Describe the value of “mindfulness” in the practice of medicine, and how it can promote meaningful relationships with patients.

SA19 - Providing Excellent Medical Care for Newly Arrived Refugees

Session Room: 107

Primary Speaker: Maurice Henein, MD, Community East FMR Indianapolis

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, participants will be able to:

- Be aware of the community, state and federal resources available in caring for newly arriving refugees
- Be able to anticipate the medical issues that need to be addressed at the first office visit of a newly arriving refugee
- Understand what the most cost-effective methods are in screening for infectious diseases that may be present in this patient population
- Identify community resources available for refugee services

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12:00 – 1:30 pm Lunch and Plenary Session I (PL01)

Family Physician Well-Being, Resilience, and Burnout and Issues Shaping the Future of Primary Care

Presented by: Clif Knight, MD, FAAFP, Senior Vice President of Education, AAFP

1:30 – 2:00 pm Poster Session II (PS02)

Poster 11: Vaccine Uptake Among Fathers in the Newborn Nursery

Primary Presenter: Collin Abbott, MS3

Northwestern University, Feinberg School of Medicine, NU Feinberg School of Medicine

Learning Objectives:

On completion of this session, the participants should be able to:

- Determine Tdap and flu vaccination uptake rates among fathers in the newborn nursery at Prentice Women's Hospital
- Identify factors that are associated or not associated with increased vaccination uptake
- Recognize the most significant barrier to vaccination among fathers in this study

Poster 12: Leaf Libraries: Promoting Childhood Literacy in Community Waiting Spaces

Primary Presenter: Lucas Boyle, MS4, University of Minnesota Medical School

Learning Objectives:

Upon completion of this session, participants should be able to:

- Describe evidence in support of Reach Out and Read and early literacy.
- Assess and enhance their community waiting spaces' promotion of literacy.

Poster 13: Case Report: Epstein-Barr Virus Encephalitis

Primary Presenter: Aashima Ghai, DO, Advocate Lutheran General Family Medicine Residency

Co-Presenters: Chuan-Li Fan, DO, Lutheran General Hospital/ Family Medicine Residency

Learning Objectives:

On completion of this session, participants will be able to:

- Identify common neurological manifestations of EBV
- Note the common MRI, EEG and other diagnostic findings of EBV encephalitis
- Acknowledge the treatment modalities along with prognostic factors for EBV encephalitis

Poster 14: Is there an association between highlighting the diagnosis in an office visit and patient satisfaction?

Primary Presenter: Daniel Litow, Baccalaureate student., Oakwood Annapolis Family Medicine Residency

Co-Presenters: Sofia Ali, B.S., University of Michigan Dearborn., James P. Meza, Md, PhD, Wayne State University School of Medicine

Learning Objectives:

On completion of this session, participants will be able to:

- Learn the components of a ritual as defined in the social science literature.
- Participants will reflect on previously unrecognized components of an office visit and its relationship to patient satisfaction.
- Participants will critique research methodology and offer suggestions to continue this line of inquiry.

Poster 15: Rethinking Routine Labs: Optimizing Serum Magnesium Testing in the Inpatient and Ambulatory Care Setting

Primary Presenter: Marcus Rushing, MD, Family Medicine

Co-Presenters: , Sunetra Reddy, M.Sc, University of Chicago Medical Center, Clinical Laboratories

Learning Objectives:

On completion of this session, the participants should be able to:

- Determine the appropriate clinical circumstances for ordering a serum Magnesium test
- Identify clinical scenarios where serum Magnesium testing has high diagnostic utility

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

- Explain how effective laboratory utilization can improve value-based care

Poster 16: Prevalence and correlates of substance abuse amongst Middle Eastern population of Detroit, Michigan

Primary Presenter: Ayesha Niazy, MD, Bachelors in Medicine and Surgery, Family Medicine

Learning Objectives:

On completion of this session, the participants should be able to:

- Assess and identify risk factors of substance abuse in Middle Eastern population.
- On completion of this session, the participants should be able to establish a correlation between different ethnicities of the Middle Eastern population and their substance abuse patterns.

Poster 17: Perspectives on Conscientious Objection in Family Medicine Residency Programs

Primary Presenter: Brianna Wynne, BA, Medical College of Wisconsin

Co-Presenters: Cecilia Jojola, MD, MA, Medical College of Wisconsin; Rhett Nance, BS, Medical College of Wisconsin; Jennifer Frank, MD, ThedaCare Physicians, (Principal Investigator)

Learning Objective:

On completion of this session, the participants should be able to: Describe what conscientious objection is and how it is applied in the context of family medicine residency.

Poster 18: Medicina Scholars Online: A Medical Pipeline Program for College Students

Primary Presenter: Michael A. Belmonte, M3, University of Illinois at Chicago, Hispanic Center of Excellence

Learning Objective: On completion of this poster session, the participants should be able to Counsel Latino college students about their perceived barriers to medical education.

Poster 19: Qualitative Analysis of Current Community Medicine Curriculum Strategies and the Development and Innovation of a Collaborative Paradigm

Primary Presenter: Caitlin Harris, D.O., UW Family Medicine Wausau

Learning Objectives:

On completion of this session, participants should be able to:

- Critically assess the status of community medicine curriculum within family medicine residencies
- List specific strategies in implementing community medicine curriculum for any family medicine residency
- Observe and critique a pilot community medicine curriculum for a urban and rural community in the Midwest

Poster 20: Medical Student Demand for Flexible Residency Training Options

Primary Presenter: Madison Crocker, Pritzker School of Medicine

Learning Objective: On completion of this session, participants will be able to consider whether offering flexible training options within their residency program would improve resident work/life balance and medical student recruitment.

2:00 - 3:00 pm

SA20 - A Practical Approach to Shoulder Injections: A Workshop for Beginners

Session Room: 101

Primary Speaker: Kenneth Kigorwe, MD, Union Hospital Family Medicine Residency

Co-Speakers: Christopher Fitzsimmons, MD, Union Hospital Family Medicine Residency; Christopher Walker, MD, Union Hospital Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Review the anatomy and function of the shoulder
- Learn specific clinical tests to evaluate the shoulder using evidence-based medicine guidelines
- Review common mechanisms of injury
- Review imaging techniques used for evaluation

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

- Practice exam techniques
- Practice injections using a shoulder model

SA21 - CODE STATUS DISCUSSION: *Getting comfortable with the uncomfortable*

Session Room: 102

Primary Speaker: Aria Arrizabalaga, MD, Community Health Network Family Medicine Residency East

Co-Speakers: Tom Ledyard, MD, Medical Director of Home Care, Hospice and Palliative Medicine, Community Health Network

Intended Audience: R, S

Learning Objectives:

On completion of this session, the participants should be able to:

- Discuss code status decisions with patients based on knowledge of survival rates and long term prognosis for the patient's chronic conditions.
- Incorporate each patient's long-term goals into the discussion of code status.

SA22 - *Advanced Care Planning: It's About Values, Preferences and Evolving Conversations*

Session Room: 103

Primary Speaker: Sonia Oyola, MD, University of Chicago, Department of Family Medicine

Co-Speakers: Janice Benson, MD, University of Chicago; Stacie Levine, MD, University of Chicago; Aliza Baron, Senior Research Project Professional, University of Chicago

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Assess a patient's purpose and meaning as a foundation for the EoL discussion
- Describe an Advanced Directive (Living Will), Healthcare Power of Attorney and the POLST form
- Explain the risks and alternatives of CPR in preparation for future code discussions

SA23 - *Physician Families and Medical Marriages: That's What She Said, a Women in Medicine Panel*

Session Room: 104

Primary Speaker: Natalie JS Choi, MD, FAAFP, Program Director, Northwestern McGaw Family Medicine Residency at Geneva/Delnor

Co-Speakers: Dr. Neha Kapil, MD, Rush Copley Medical Group; Deborah Smith Clements, MD, Northwestern Feinberg School of Medicine, Family Medicine

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify benefits and challenges inherent in physician families
- Engage in collaborative discussion with panel mentors
- Describe potential life strategies to promote healthy relationships

SA24 - *Family Medicine's Role in Advocacy*

Session Room: 105

Primary Speaker: Gordana Krkic, CAE, Illinois Academy of Family Physicians

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Orient participants in the basics of lobbying, with insights on how to focus your talking points on an issue, use personal anecdotes, and convey your medical expertise.
- Provide participants with tools to advocate on behalf of family medicine and their patients.
- Deliver ready references to help sustain good relations and long-term credibility with legislators and policy-makers.
- Convey the accurate value of primary care services.
- Role-play how family medicine can shape legislative outcomes.

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

Sunday, October 9

7:30 – 9:00 am Breakfast and Plenary Session II (PL02)

On Doctoring: The Future of Family Medicine

Presented by: Michael LeFevre, MD, MSPH, Immediate Past Chair of the US Preventative Services Task Force

9:00 – 9:30 am Poster Session III (PS03)

Poster 21: United Family Medicine Geriatric Assessment Clinic

Primary Presenter: Jillian Landeck, MD, United Family Medicine Residency

Learning Objectives:

On completion of this session, the participants should be able to:

- Use a geriatric assessment model to connect patients with community and home-based services and help patients continue to live independently
- Develop a geriatric assessment program within their own residency

Poster 22: Salud comunitaria y la escuela: Using Classroom Modules and a Community Garden to Encourage Wellness in Students and their Families

Primary Presenter: Mallory Davis (M2 Rush University Medical College)

Co-Presenters: Sarah Burbank (M2 Rush University Medical College), Family Medicine Leadership Program, Rush University Medical College

Learning Objectives:

On completion of this session, participants will be able to:

- Recognize various wellness and mindfulness tools that can contribute to a reduction in risk for obesity and chronic disease.
- Describe how education modules that are both didactic and interactive can be utilized to educate adolescents about the importance of fruit and vegetable consumption in prevention of obesity and chronic disease.

Poster 23: Interpreter use by specialists at Academic Medical Centers

Primary Presenter: Luis Rivera, MD, Northwestern McGaw Family Medicine Residency

Learning Objectives:

On completion of this session, participants will be able to:

- Learn how interpreter use impacts patient safety
- Understand how are interpreters utilized in different health systems
- Learn why it is important for Family Physicians to be concerned about interpreter use and patient safety.

Poster 24: Identification of Patient Obstacles Toward Improving Hypertension Management

Primary Presenter: Hannah Moser, MA, Rush University Family Medicine Leadership Program

Co-Presenters: Michael Hanak, MD, Rush University Medical Center

Learning Objective: On completion of this session, participants should be able to describe obstacles toward hypertension management identified by patients and patient opinions on proposed interventions.

Poster 25: Physician's beliefs regarding spiritual care at the end of life

Primary Presenter: Christopher Love Smyre, BA, University of Chicago Pritzker School of Medicine

Learning Objectives:

On completion of this session, the participants should be able to:

- Compare and contrast their personal beliefs regarding addressing patient's spiritual concerns and praying with patients in the clinical context to physicians across the country from various specialties
- Articulate the importance of patients requesting spiritual practices such as prayer in the clinical context
- Reevaluate how they engage and prepare patients as the patient approaches the end of their life

Poster 26: An atypical case of Coxsackie virus

Primary Presenter: Andrea Feijoo, M.D., Advocate Christ Family Medicine Residency

Learning Objectives:

On completion of this session, participants will be able to:

- Recognize the presentation of Coxsackie virus in a pregnant patient.
- Recognize Coxsackie virus as an important viral cause of fetal demise.

Poster 27: Team Learning Curriculum Pilot: Family Medicine Residents and Dental Hygiene Students learning and working together to provide oral health care for Juvenile Detention Center Adolescents

Primary Presenter: Joan Hamblin, MD, Eau Claire Family Medicine Program, U of WI School of Medicine and Public Health, Department of Family Medicine

Co-Presenters: Ramona Mathews MA, Eau Claire Family Medicine Residency Program, Department of Family Medicine and Community Health, University of Wisconsin School of Medicine and Public Health; Pam Entorf, RDH BS ME, Chippewa Valley Technical College,

Learning Objectives:

On completion of this session, participants will be able to:

- Describe a method to teach how to work with a health care team (by working with dental hygiene students)
- Describe a community medical outreach program to the underserved population at a Juvenile Detention Center

Poster 28: It takes commitment and collaboration to climb The Ladder-St Paul: A resident driven effort to bring adapt a youth mentorship program to our clinic's community

Primary Presenter: Kelsey Leonardsmith, MD, United Family Medicine Residency Program

Learning Objectives:

On completion of this session, participants will be able to:

- Explain the central values to The Ladder
- Describe the roles of commitment and collaboration in the success of longitudinal mentoring relationships
- Access resources to start a branch of The Ladder in their community

Poster 29: Confluent and Reticulated Papillomatosis (CARP) – A Commonly Misdiagnosed Rash

Primary Presenter: Todd Troxell, ATSU/KCOM - OMS-IV, B.A. Psychology -University of Cincinnati, A.T. Still University - KCOM

Co-Presenters: Oben Ojong-Egbe, Ohio University (OU-HCOM) - OMS-IV, B.S. Biochemistry - Viterbo University, Megan Battin, Kansas City University of Medicine and Biosciences - OMS-IV, B.A. Public Health - University of Rochester

Learning Objectives:

On completion of this session, the participants should be able to:

- Differentiate CARP from tinea versicolor based on the absence of fungal elements on KOH preparation.
- List the common areas of the body that CARP affects: intermamillary, epigastric, and interscapular.
- List the most common age group affected by CARP: post-puberty adolescences.
- Successfully treat CARP in an outpatient setting using minocycline hydrochloride 100mg twice daily for 6 weeks.

Poster 30: Promotion vs. Education in Choosing Real Food

Primary Presenter: Willem Schott, BS, UWSMPH

Learning Objectives:

On completion of this session, the participants should be able to:

- Define "Real Food"
- Understand the complexities of collegiate dining systems
- Gain an appreciation for the role of sustainability in improving eating practices on college campuses

9:30 - 10:30 am

SU01 - Office Based Manual Vacuum Aspiration for Uterine Evacuation aka: Papaya Workshop

****LIMITED TO THE FIRST 30 PARTICIPANTS****

Session Room: 101

Primary Speaker: Kristie Monast, MS Ed, Midwest Access Project

Co-Speakers: Chris Benavente, MD, Erie Family Health Center Family Medicine; Sarah Horowitz, MD, PGY-2 in Family Medicine at the University of Chicago (Northshore)

Intended Audience: F, R, S

Learning Objectives:

On completion of this session, the participants should be able to:

- Describe clinical situations where use of a manual vacuum aspirator would be medically appropriate
- Explain steps to a uterine evacuation procedure
- Demonstrate use of a manual vacuum aspirator

SU02 - Botanicals for Common Primary Care Conditions: An Integrative Medicine Workshop

Session Room: 102

Primary Speaker: Jolyne Kaar, MD, UICOMP Family Medicine Residency Faculty

Intended Audience: All

Learning Objectives:

On completion of this session, participants should be able to:

- Describe the concepts and philosophy of integrative medicine
- Use reputable online resource for researching botanicals and supplements
- Counsel ambulatory patients about the evidence behind common supplements, botanicals or foods for treating conditions such as: diabetes, hypertension, colds, IBS, IBD GERD, depression, anxiety, muscle strains, eczema, tinea, and lactation issues
- Counsel patients about common interactions and side effects of these supplements and botanicals

SU03 - Utilization of Brief Cognitive Assessments in the Family Medicine Setting

Session Room: 103

Primary Speaker: Amber Cadick, PhD, HSPP, Doctor of Counseling Psychology, Union Hospital Family Medicine Residency

Co-Speakers: Ande Williams, MS, Union Hospital Family Medicine Residency; Robert Ehresman, MD, Union Hospital

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Family Medicine Residency; Laura Watt, MD, Union Hospital Family Medicine Residency

Intended Audience: F, R, S

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify when a brief cognitive assessment screener is appropriate to use
- Administer a brief cognitive assessment screener
- Interpret a brief cognitive assessment screener
- Develop a list of differentials for patients with cognitive impairment

SU04 - Learning what works and what doesn't work in counseling patients

Session Room: 104

Primary Speaker: Kay Goler Levin, PhD, LCSW, Advocate Lutheran General Family Medicine Residency

Co-Speakers: Kay Kelts, DO, Advocate Lutheran General Family Medicine Residency; Aashima Ghai, DO, Advocate Lutheran General Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Identify gaps in knowledge
- Develop ways to become more comfortable with the process of listening

SU05 - I Got an F in Clinical Quality?!?: Part Two-- Residents Revolt!

Session Room: 105

Primary Speaker: Will Lehmann, MD, MPH, Aurora Family Medicine Residency

Co-Speakers: Michelle Crane, DO, Aurora Family Medicine Residency; Sara Nixon, MD, Aurora Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Give three reasons why an understanding of health care quality is important for medical students and family medicine residents
- Interpret a Quality "Report Card"
- State common reactions that resident providers have to Quality Report Cards
- Describe how teaching clinics can measure and improve clinical quality.

10:35 - 11:30 am

SU06 - Answering Med Students' FAQs About Family Medicine (Student Only Session – NOT FOR CME)

Session Room: 101

Primary Speaker: Ashley Bentley, MBA, American Academy of Family Physicians

Co-Speakers: Clif Knight, MD, American Academy of Family Physicians

Intended Audience: S

Learning Objectives:

On completion of this session, participants will be able to:

- Be able to define the role of the 21st century family physician, including key attributes, practice scope, and role within the health care system

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

- Be aware of multiple career and practice opportunities for family physicians
- Understand and be able to counter myths about family medicine encountered during medical school, including myths about scope of practice issues related to other health professionals

10:35 - 10:50 am

SU07 - Why Patients with Primary Care Physicians Use Immediate Care Centers

Session Room: 102

Primary Presenter: Amy H. Buchanan, MD, Associate Professor of Family Medicine, Loyola University Chicago Stritch School of Medicine, Family Medicine

Co Presenters: Karin Lavie, MS2, MD Candidate 2019, Loyola University Chicago Stritch School of Medicine; Gabriela Lievano, MS2, MD Candidate 2019, Loyola University Chicago Stritch School of Medicine

Intended Audience: F, P, R

Learning Objectives:

On completion of this session, participants will be able to:

- Understand patients' primary motivators for presenting to immediate care centers instead of their primary care physicians
- Begin brainstorming solutions for improving patient access to primary care clinics

SU08 - Health and Economic consequences of elective inductions, Are they really worth it?

Session Room: 103

Primary Presenter: Rahmat Na'Allah, MD, MPH, FAAFP, Associate Professor of clinical Family Medicine, Director, Women's Health Fellowship, Department of Family and Community Medicine

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Understand the predictive effect of higher bishop score on the rate of successful labor
- State the positive effect of higher bishop score on the health and economic utilization of resources on labor and delivery
- Describe the effect of policy implementation on elective induction in an academic center

SU09 - PTSD: Worsening outcomes for comorbid depression... even with collaborative care management.

Session Room: 104

Primary Presenter: Alberto Marcelin MD, Family Medicine, Mayo Clinic

Intended Audience: All

Learning Objectives:

On completion of this session, the participants will be able to:

- Describe co-morbid relationship between post-traumatic stress disorder and major depression
- Review the impact of collaborative care medicine on depression outcomes
- Describe impact of collaborative care medicine on outcomes of patients with co-existing PTSD and depression
- Describe predictors of remission and persistent depressive symptoms in patients with co-existing PTSD and depression

SU10 - Video-based Learning Tool for Improving Education about Long-acting Reversible Contraception in Family Medicine Residencies

Session Room: 105

Primary Presenter: Naseem Labue, MD, PGY 1 Community East Family Medicine, Community Hospital East FM program

Intended Audience: F, R, S

Learning Objectives:

On completion of this session, participants will be able to:

- Identify contributing factors for expanding LARC training in family medicine
- List strategies for integrating a video focusing on didactic LARC education in a residency program
- Identify patient-centered counseling skills for LARC insertion and removal

10:55 - 11:10 am

SU11 - Does implementing the use of communication cards in the FMC clinic improve satisfaction with clinic flow among providers and medical assistants and does it improve patient turnover times? A qualitative and quantitative analysis.

Session Room: 102

Primary Presenter: Lorenzo Somma MD, IU Methodist Family Medicine Residency

Co Presenters: Emma Radding MD, IU Methodist Family Medicine Residency; Vikram Sharma, MD, IU Methodist Family Medicine Residency; Jacqueline Nonweiler-Parr, MD, IU Methodist Family Medicine Residency

Intended Audience: P, R

Learning Objective:

On completion of this session, participants should be able to implement a similar quality improvement project in their own respective clinics.

SU12 - Increasing Rural Family Physicians' and Vietnam War Veterans' Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2

Session Room: 103

Primary Presenter: Linda Olson Bergum, MD, University of Minnesota Medical School, Department of Family Medicine and Community Health

Co Presenters: Kirsten Larson, MS3, University of Minnesota Medical School

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify the population of Vietnam veterans who have a diagnosis of Diabetes Mellitus Type 2, as well as exposure to agent orange during their service
- Explain to this population the healthcare coverage from the United States Department of Veteran Affairs for which they qualify to cover the cost of their diabetes care
- Identify three resources to which this population can be directed to aid in receiving their healthcare coverage

SU13 - Rethinking Routine Labs: Optimizing Serum Magnesium Testing in the Inpatient and Ambulatory Care Setting

Session Room: 104

** To assist attendees, the Intended Audience is indicated for each session: F - Faculty, P - Physicians, R - Residents, S – Students **

Primary Presenter: Marcus Rushing, MD, Northwestern McGaw Humboldt Park Program

Intended Audience: All

Learning Objectives:

On completion of this session, participants will be able to:

- Determine the appropriate clinical circumstances for ordering a serum Magnesium test
- Identify clinical scenarios where serum Magnesium testing has high diagnostic utility
- Explain how effective laboratory utilization can improve value-based care

11:15 - 11:30 am

SU14 - A model for interprofessional team-based post-hospital care in the academic family medicine clinic.

Session Room: 102

Primary Presenter: Andrew H. Slattengren, DO, University of Minnesota Medical School. Normth Memorial Family Medicine Residency Program

Co Presenters: Jerica Berge PhD, MPH, LMFT, University of Minnesota Department of Family Medicine and Community Health

Intended Audience: F, P, R

Learning Objectives:

On completion of this session, the participants should be able to:

- Describe what reimbursement changes under the Affordable Care Act are stimulating new provider focus on improving transitions of care.
- Discuss the rationale for incorporating behavior health services into post-hospital Transitional Care Management visits.
- Explain how you could integrate behavioral health services into current clinical processes at your site to enhance patient care.

SU15 – Looking Back at a Community Family Medicine Resident Research Project: What Worked?

Session Room: 103

Primary Presenter: Donald Pine MD, University of MN/Methodist Hospital Family Medicine Residency Program

Co Presenters: Lynn Manning MD. University of MN/Methodist Hospital Family Medicine Residency Program; Ann Schullo-Feulner, PharmD, BCPS, Clinical Education Co-ordinator, Department of Pharmaceutical Care, University of MN School of Pharmacy; Deborah Muellen, PhD, University of MN/Methodist Hospital Family Medicine Residency Program

Intended Audience: F

Learning Objectives:

On completion of this session, participants will be able to:

- Describe how residents benefit from conducting a research project
- Explain how multiple strategies combine to support resident research over time

SU16 - Partnering4Africa:How to Establish a Medical Non-Profit Organization Abroad

Session Room: 104

Primary Presenter: Megan Battin MSIV, Kansas City University of Medicine and Biosciences, Family Medicine

Co Presenters: Todd Troxell, MSIV, Kansas City University of Medicine and Biosciences, Family Medicine

Intended Audience: P, R, S

Learning Objectives:

On completion of this session, the participants should be able to:

- Begin the process of starting a non-profit organization
- Complete a needs based assessment
- Encourage students to provide medical care abroad

SU17 – Macrophage Activation Syndrome Masquerading as Polymyositis

Session Room: 105

Primary Presenter: Krystle Roberts, MD, MA, St. Vincent Family Medicine Residency

Intended Audience: All

Learning Objectives:

On completion of this session, the participants should be able to:

- Identify Macrophage activation syndrome
- Differentiate MAS from other conditions such as: polymyositis, Lupus, TIA
- Diagnose and Treat MAS appropriately

EDUCATION ROOM MAP

