



Family Medicine Midwest

4th Annual Conference

October 9-11

Rosemont, IL

Celebrating Diversity:

Our Patients, Our Communities and Ourselves

Family Medicine Midwest Foundation Leadership welcomes you:

Chair: David M. Deci, MD, University of Wisconsin

Vice- Chair: Andrew Slattengren, DO, University of Minnesota

Treasurer: Janice Benson, MD, University of Chicago/NorthShore University Health Systems

Executive Director: Vincent D. Keenan, CAE – Illinois Academy of Family Physicians

Directors:

Risheet Patel, MD, Indiana Academy of Family Physicians

Wendy Biggs, MD, University of Kansas

Kathleen M. Macken, M.D. United Family Medicine Residency Program (MN)

This meeting is held in conjunction with:



ILLINOIS ACADEMY OF
FAMILY PHYSICIANS

Devoted to Advocacy, Education & Action

Annual Meeting

This program book contains information for both meetings. Family Medicine Midwest provides the CME. The IAFP meeting schedule and information can be found in the back half of this book.

2015: Celebrating Diversity: Our Patients Our Communities and Ourselves

Many outstanding family physicians and students from throughout the Midwest collaborated for the past year to make this year's Family Medicine Midwest conference so incredible. Our thanks to each of them!

Thank you to the 2015 Host Committee who planned the plenaries, pre-conferences and whose advocacy for Family Medicine Midwest helped fuel the scholarship fundraising efforts.

Co Chairs: Anuj Shah, MD - Northwestern McGaw Family Medicine Residency and Alicia Vazquez, MD—Cook County Loyola Provident Family Medicine Residency
Lauren Abdul Majeed—University of Illinois at Chicago, student
Kirsten M. Anderson—Rush University (Chicago), student
Janice Benson, MD—University of Chicago NorthShore University
Amy Buchanan, MD—Loyola University Stritch School of Medicine (Maywood, IL)
Deborah Clements, MD—Northwestern University Feinberg School of Medicine (Chicago)
Kristina Dakis, MD—University of Illinois at Chicago, resident
David M. Deci, MD—University of Wisconsin School of Medicine and Public Health
Evelyn Figueroa, MD—University of Illinois at Chicago Family Medicine Residency
Richa Garg, MD—University of Chicago NorthShore University (Glenview, IL), resident
Judith Gravdal, MD—Chicago Medical School (North Chicago, IL)
Christine Jacobs, MD—Saint Louis University Family Medicine Residency
Asim Jaffer, MD—University of Illinois at Peoria UnityPoint Family Medicine Residency
Scott Levin, MD—West Suburban Family Medicine Residency (Oak Park, IL)
Timothy Ott, DO—Southern Illinois University—Quincy Family Medicine Residency
Leslie Patterson, PhD—Medical College of Wisconsin
Lori Rodefeld—Monroe Clinic (Univ. of Illinois Family Medicine Residency site in Wisconsin)
Kate Rowland, MD—Rush Copley Family Medicine Residency (Aurora, IL)
Ali Sajjadi, MD—University of Illinois at Rockford
John Trimmerger, MD—West Suburban Family Medicine Resident
Sam Wainwright—University of Illinois at Chicago, student
Tabatha Wells, MD—Southern Illinois University—Springfield Family Medicine Residency

Thank you to the Education Program Committee which evaluated all the abstracts and selected the educational sessions for this conference.

Chair: Wendy Biggs, MD – Kansas University Medical Center
Kurt Angstman, MD – Mayo Clinic and Minnesota Academy of Family Physicians
Ravi Balasubrahmanyam, MD – United (MN) Family Medicine Residency Program
Christopher Barry – Indiana Academy of Family Physicians
Allyson Brotherson, MD – Hennepin County (MN) Family Medicine Residency Program
David M. Deci, MD – University of Wisconsin
Tricia Hern, MD – Community Health (IN)
Kathleen Macken, MD – United (MN) Family Medicine Residency Program
Nicole McGuire, MS, RRT, CNP, Union Family Medicine Residency (IN)
Heidi Musgrave, PhD – Fort Wayne (IN) Medical Education Program
Jacob Prunuske, MD – University of Minnesota – Duluth
Lisa Regher – Minnesota Academy of Family Physicians
Lori Rodefeld – Monroe Clinic (WI) Family Medicine Residency Program
Emily-Rae Singh, MD – Memorial South Bend (IN) Family Medicine Residency Program
Andrew Slattengren, DO - University of Minnesota and Minnesota Academy of Family Physicians
Laurie Valera, MD, Union Family Medicine Residency, IN



Thank you to our academic partners!

Your support has given the Family Medicine Midwest Foundation the infrastructure and resources to develop and execute four incredible conferences in three states. We've built awareness and energy around family medicine in the Midwest. Thank you for your trust and support to get this dream off the ground.

Join the Family Medicine Midwest Foundation as a member organization

Details are online at www.iafp.com/fmm or visit the registration desk for more information.



Minnesota Academy
of Family Physicians



UNIVERSITY OF ILLINOIS
COLLEGE OF MEDICINE
AT ROCKFORD





Friday October 9, 2015

9:00 am	Registration opens	Artist Foyer
9:00 – 1:00	SAMs Workshop 1 – topic: Hypertension	Warhol A
11:30 am – 1:00 pm	Adult Obesity Collaborative and Referral Initiative session	Metropolitan
2:00 – 3:30 pm	Pre-conference Session 1 <ul style="list-style-type: none"> • Maternity Care Collaborative • Community & Population Health • Integrative Medicine 	Warhol A Warhol B Pollock B
3:30 – 4:00 pm	Break	Artist Foyer
4:00 – 5:30 pm	Pre-conference Session 2 <ul style="list-style-type: none"> • Maternity Care Collaborative (continued) • Global Health • Osteopathic Manipulative Treatment (OMT) Tricks and Tips for the Non-D.O. Provider 	Warhol A Warhol B Pollock B
4:00 – 5:00 pm	Residency Directors meeting (invitation only)	Gallery 924
5:30 – 7:30 pm	Welcome Reception	Artist foyer

Saturday October 10, 2015

6:00 – 6:30 am	Yoga	Montrose
6:30 am	Registration opens	Artist Foyer
7:00 - 8:45 am	Breakfast & Opening Plenary <i>The Renaissance of Family Medicine</i>	Avedon Ballroom BCD
9:00am - 12:00 pm	Educational Sessions (7 concurrent 50 min sessions)	See Education Schedule
8:00 – 12:30 pm	SAMs Workshop 2 – topic: Asthma	Field Room
12:00 - 1:30 pm	Speed Date Your Specialty Lunch	Avedon CD
1:30 – 2:00 pm	Poster Session I & Break	Artist Foyer
1:30 - 5:00 pm	SAMs Workshop 3 – topic: Cerebrovascular Disease	Field Room
2:00 – 4:45 pm	Residency Fair in Exhibit Hall	Cassatt Ballroom
4:00 – 4:55 pm	Educational Sessions (4 concurrent 50 min sessions)	
	ADFM Chairs Meeting (invitation only)	Avedon A
5:30 – 7:00 pm	“Gear Up for Your Career” Resident Reception	Montrose
	Dinner on your own!	

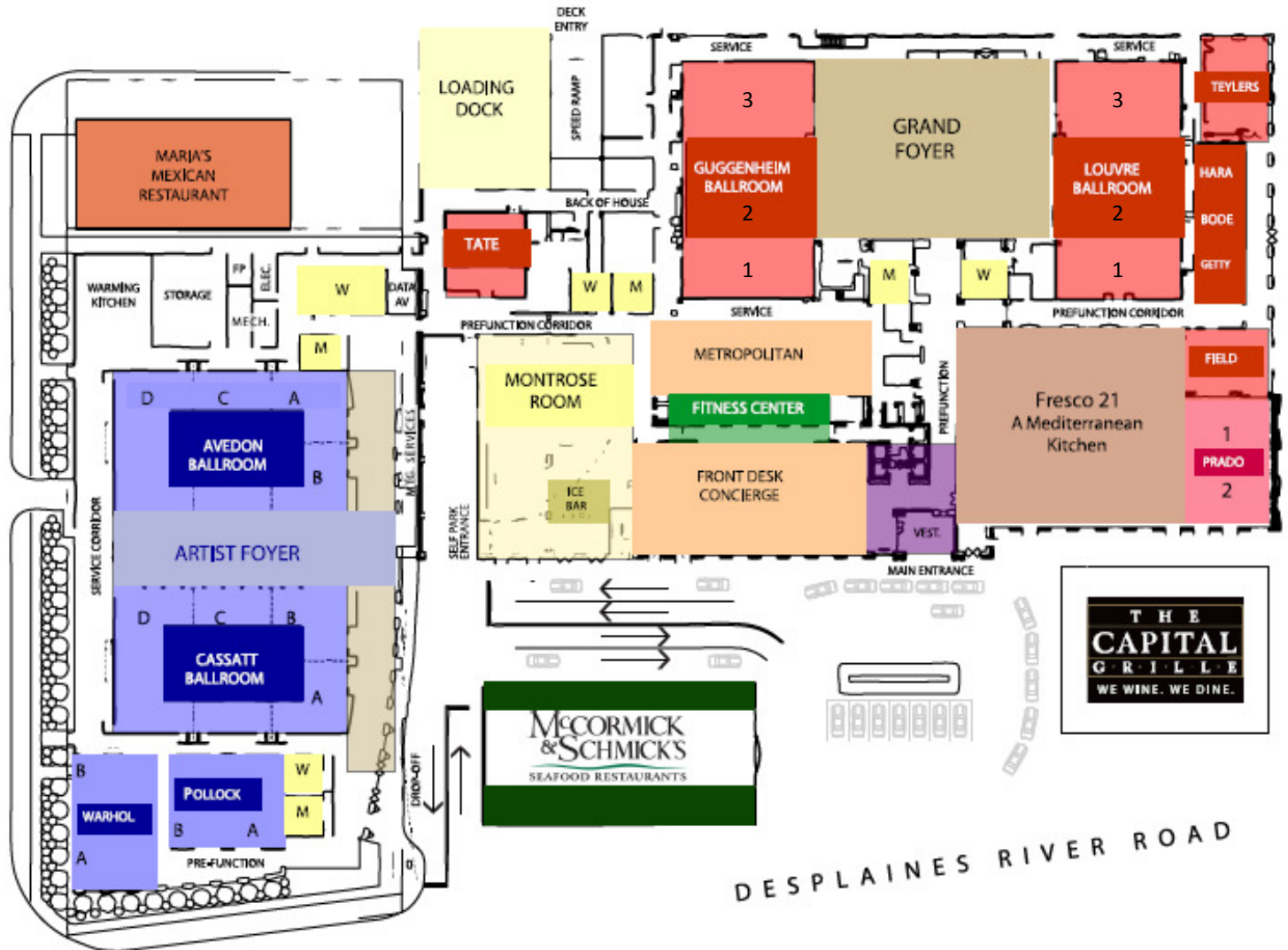
Sunday October 11, 2015

6:30 am	Registration opens	Artist Foyer
7:30 – 8:45 am	Breakfast & Closing Plenary <i>Back to the Future – Why Home Visits are the Future of Family Medicine</i>	Avedon BCD
9:00 - 9:30 am	Poster Session II & break	Foyer
9:30 - 10:20 am	Educational Sessions (4 concurrent 50 min sessions)	See Education Schedule
10:30 am – 11:45 am	Research Presentations (4 concurrent 15 min sessions)	
12:00 - 1:30 pm	Host & Planning Committee Wrap-up meeting & lunch	Avedon A

[SAMs workshops open to all \(separate fee applies\)](#)

See the full education schedule on pages 9-11 Rooms may be subject to unexpected changes.

LOEWS CHICAGO O'HARE HOTEL



CME Information for this Meeting

Accreditation

The Illinois Academy of Family Physicians / Family Practice Education Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

AMA PRA Category 1 - The Illinois Academy of Family Physicians/Family Practice Education Network designates this live activity, 2015 Family Medicine Midwest Conference for a maximum of 11.25 AMA PRA Category 1 credits™.

Prescribed: This Live activity, 2015 Family Medicine Midwest Conference, with a beginning date of 10/09/2015, has been reviewed and is acceptable for up to 11.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure Statement

The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or Services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

It's Good To Be Green

We have gone green for this meeting - all handouts and evaluations are only available online!

WI-FI INFORMATION

- **Your Wireless Network (SSID): Family Medicine**
- **Your access PIN: midwest**

How to access handouts, evaluations & claim CME credit

All evaluations and handouts are available online at the 2015 Family Medicine Midwest Meeting website. A link to this website, along with your username & password, was emailed to you prior to the conference. Please check your inbox! You can also access this website by scanning the QR code using your smartphone or typing the URL into your web browser.

<http://iafp.planion.com/Web.Admin/Login?ACCOUNT=IAFP>



Username: (enter your email address for the username)
Password: familymedicine

Once logged into the website you can fill out the evaluation for each session you attended and claim credit. Handout materials, including copies of the presentations, can also be found online listed with each session. Once you have completed the evaluations for each session you have attended and claimed credits you can print a CME certificate or a certificate of attendance. Your information will also be stored on the website for one year, so you may access handouts or your CME credits at any time.

If you registered onsite, your information will be added to the website at the end of the conference day. Questions or problems? Please see staff at the registration desk for help.

Awards at FMM – Social Media Style

Get in the game and nominate someone amazing for the FMM Inspiration Awards!

Getting started

Follow @FMMidwest on Twitter and like the Family Medicine Midwest Facebook page



At the conference

When you see or meet someone who inspires you, you have to tell us about it! But you have to be short, sweet and social media savvy because your nomination has to fit into a Tweet or a Facebook post.

Tweet to @FMMidwest with #InspiringFMM and use no more than 2 tweets to name and describe why a particular person/presenter is inspiring to you.

Using Facebook, still use the #InspiringFMM and post your nomination on the Family Medicine Midwest Facebook page. THEN you can also share it on your own status so your friends and family can see it. Remember to limit your Facebook posts to about 280 characters in the interest of fairness and equal to 2 Tweets which are 140 characters each. Those with both Facebook and Twitter accounts can post in both places.

To post on the FM Midwest Facebook page: <https://www.facebook.com/pages/Family-Medicine-Midwest/>

Describe why/what is so inspiring – in 140 characters or 280 max in 2 tweets. *For example: @FMMidwest Andrew Slattengren makes FM look like the job of superheroes. I want to be one, too! #InspiringFMM*

(and you'd still have 30 characters to spare!)

A committee of Family Medicine Midwest leaders will meet on Saturday evening to determine the award recipients.

Announcing the Inspiration Winners

Make sure you're at breakfast Sunday morning, as the Saturday Inspiration Awards will be announced! They will be retweeted on Twitter, posted on the FMM Facebook page and archived on the FMM web site. Each one will get a certificate. Attendees can continue to post tweets and Facebook messages with the #InspiringFMM handle during the Sunday sessions. The judges will re-convene after the conference to select Sunday's Inspiration Award winners and the announcement will come in a follow up email to all attendees and of course published on Twitter and Facebook. Those Inspiration Award Winners will receive their certificate and ribbon in the mail.

Thank you to our volunteer panel of Inspiration Award judges:

Andrew Slattengren, DO – University of Minnesota

Tabatha Wells, MD – SIU Center for Family and Community Health

Kristina Dakis, MD – UIC Family Medicine Residency Program (resident)

Timothy Ott, DO – SIU Quincy Family Medicine Residency

Enjoy the conference, be inspired and then share it on Facebook and Twitter!

Meet our Plenary Presenters



Opening Plenary: The Renaissance of Family Medicine **Wanda Filer, MD, MBA**

Wanda D. Filer, MD, MBA, a family physician in York, Pennsylvania, is president of the American Academy of Family Physicians. Previously, she served three years as a member of the AAFP Board of Directors and as president-elect.

Filer has been a practicing family physician for more than 25 years. She is the founder and president of the Strategic Health Institute in York, a health care consulting firm dedicated to building awareness of today's health issues and the need for change. In addition, Filer is a family physician

at Family First Health, a federally qualified health center in York and Adams Counties.

Filer has served on the AAFP Commission on Governmental Advocacy and as board liaison to the AAFP Commission on Continuing Professional Development. In addition, Filer has also served on the AAFP Foundation Board of Trustees and on the board of FamMedPAC, the AAFP's political action committee.

At the state level, Filer has the distinction of having served as the first Physician General of Pennsylvania, where she acted as public health advisor to then-Gov. Tom Ridge. She also has served as an ad hoc member of the Pennsylvania State Board of Medicine and Pennsylvania State Board of Osteopathic Medicine. In addition, Filer is past-president of the Pennsylvania chapter of the American Cancer Society. Filer also worked for 18 years as a health correspondent for WGAL-TV, the NBC affiliate in Lancaster, Pennsylvania.

Filer earned her bachelor's degree in family health science from Gannon University, Erie, Pennsylvania, and her medical degree from Hahnemann University in Philadelphia. She completed her family medicine residency at Underwood Memorial Hospital in Woodbury, New Jersey, where she also served as chief resident. Filer earned an executive MBA from Pennsylvania State University.



Back to the Future: Why the Old-Fashioned House Call is the Future of Family Medicine **Fred Richardson, Jr., M.D., FAAFP**

Dr. Richardson is founder and medical director of Dr. Richardson's Neighborhood Family Practice in Oak Park, Illinois. He received his medical degree from Rush University Medical College. He has taught in the Chicago Health and Medical Careers Program, CAHCMP, at Illinois Institute of Technology for the past 10 years using an innovative problem based curriculum to develop underrepresented minority students for careers in medicine and the health professions.

Dr. Richardson has taught on the national level co-lecturing with the former U.S. Surgeon General, Dr. David Satcher, on disparities in healthcare. Dr. Richardson was featured in the American Academy of Family Physicians videotape *"Family Practice...A Specialty for Our Time"* designed for use in the American Academy of Family Physician's 50th Anniversary observance and also in the Public Broadcasting System special *"The Family Doctor...At the Heart of Medicine,"* one of four family physicians highlighted nationally.

Dr. Richardson has been married for twenty five years to Julie, his office manager. They have four children: oldest Jessica, is a second-year resident physician in Family Medicine at the University of Illinois in Chicago.

Dr. Richardson has been married for twenty five years to Julie, his office manager. They have four children: oldest Jessica, is a second-year resident physician in Family Medicine at the University of Illinois in Chicago.

Dr. Richardson was featured in the *Chicago Tribune* and nationally on the Today Show with Bob Dotson in 2014-2015 for his work treating the underserved elderly in Chicago's toughest neighborhoods with home visits and educating future generations of underrepresented minority medical students for the past 25 years. He was recently featured on the Steve Harvey Show where he was honored as a Harvey's Hero for his work in the community and with minority medical education. He was a guest speaker for We Day Illinois 2015 giving a motivational speech to over 20,000 youth at the Allstate Arena on April 30, 2015.

Family Medicine Midwest Schedule of Events

All Pre-conference workshops and education sessions are open to all attendees with CME credit offered throughout all three days. SAM's workshops required previous registration and payment.

All attendees are invited to the Speed Date Your Specialty Lunch on Saturday. There will be tables for students and residents to "Speed Date" a variety of family medicine careers. All other attendees are welcome to sit at any of the unlabeled tables and enjoy a networking lunch with your friends and colleagues.

Support the future of Family Medicine! Donate \$20.00 to the Family Health Foundation of Illinois

Make a tax-deductible contribution, Spin the Wheel & take home a prize!
Visit the registration desk to play!

The Family Health Foundation of IL provides support for educational programs, research in practical family medicine applications, empowering strong patient/physician partnerships, and assuring future access to quality and affordable healthcare by providing scholarships to medical students and residents. The Foundation is a charitable public foundation recognized by the Internal Revenue Service as a 501(c)(3) tax-exempt organization and is thereby able to receive grants and tax-deductible gifts and contributions.

Family Medicine Midwest 2015 Conference Schedule			
Friday October 9, 2015			
9:00 AM	Registration		
6:00 PM			
9:00 AM - 11:00 AM	<i>Pollack A</i> FMM Foundation Meeting		
9:00 AM - 1:00 PM	<i>Warhol A</i> SAMs Workshop - Hypertension presented by Rush Copley FMR, Aurora IL		
11:30 AM - 1:00 PM		<i>Metropolitan Room</i> Adult Obesity Collaborative and Referral Initiative session	
12:00 PM - 2:00 PM	<i>Pollack A</i> FMM Host and Program Committee Meetings		
Preconference workshops			
	<i>Warhol A</i>	<i>Warhol B</i>	<i>Pollack B</i>
2:00 PM - 3:30 PM	PC01 Maternity Care Collaborative	PC02 Population & Community Health	PC03 Integrative Medicine
3:30 PM	Break		
Preconference workshops			
	<i>Warhol A</i>	<i>Warhol B</i>	<i>Pollack B</i>
4:00 PM - 5:30 PM	PC01 Cont. Maternity Care Collaborative	PC04 Global Health Collaborative	PC05 Osteopathic manipulative Treatment (OMT) Tricks and Tips for the non-D.O. Provider
4:00 PM - 5:30 PM	<i>Pollack A</i> Program Directors Meeting		
5:30 PM - 7:30 PM	<i>Artist Foyer</i> Welcome Reception (open to all attendees & guests)		

Saturday October 10, 2015

6:30 AM	Registration Opens
7:00 AM	Breakfast Opens Avedon Ballroom BCD
7:45 AM	PL01 Opening Plenary: "The Renaissance of Family Medicine"
8:00:00 AM -	Field Room (opposite of hotel lobby) SAMs Workshop 2 - Asthma

Seminars						Workshops	
	Warhol A	Warhol B	Pollock A	Pollock B	Tate	Avedon A	Montrose
9:00 AM	SA01 - Family Medicine should be the Key Provider of Palliative Care to meet the diverse needs of our patients and communities.	SA02 - Wellness in Residency and Beyond	SA03 - Moving Beyond the Basics: Teaching and Evaluating Difficult Conversations using OSCEs	SA04 - Troubleshooting Long Acting Reversible Contraception (LARC): dilemmas and difficulties with IUDs and implants in primary care	SA05 - Medical Professionalism: what do we profess and how do we perfect	SA06 - Introduction to Osteopathic Manipulative Treatment for Allopathic Physicians	SA07 - No Scalpel Vasectomy
10:00 AM	SA08 - Information Mastery: Integrating Evidence-Based Medicine into Clinical Practice	SA09 - The Race Is On! Searching for Clinical Answers at the Point of Care	SA10 - Managing Reproductive Health in the Context of Chronic Medical Conditions: Medication Counseling during the 3 Ps - Preconception, Pregnancy, and Postpartum	SA11 - Pick me! What applicant factors family medicine program directors value and the role of the personal statement	SA12 - Understanding Population Health Management in the Changing Healthcare Environment	SA13 - Geriatrics Clinical Skills Fair	SA14 - Shared decision making micro skills: because it-s not always all about you, doctor
11:00 AM	SA15 - Recipe for Success: Precepting and Evaluating Medical Students in Your World	SA16 - Providing health care to transgender and gender diverse individuals in family medicine: An introduction to best practices.	SA17 - Family Medicine's Role in Advocacy	SA18 - HPV Cancer Prevention Begins With You	SA19 - Strategies to Shift Gears from Patient Care to Quality Improvement, Team-based Care and Population Health	SA20- Office Based Ultrasound	SA21 - Nursing Home phone medicine Case based on-call role play and exercise

12:00 PM - 1:30 PM	Avedon Ballroom BCD Speed Date Your Specialty Lunch
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PP01 Poster Session 1 & Break (artist foyer)

1:30 PM	Creating and Implementing Guidelines for Intimate Partner Violence Intervention in an Urban Primary Care Clinic	Negative Pap Smear, Positive HPV: What Does It Mean?	Resident Rotation in Community Health: Challenges and Conquests of a Resident-Designed Longitudinal Project	Code Status: Will Video Help Facilitate End of Life Discussion?	Yoga for Residents: A Study Pilot	IUD Insertion Skills Assessment for Family Medicine Faculty and Resident Physicians	Well Text: Changing Health Behaviors One Text Message at a Time
	Smoking Cessation Counseling	Factors that Influence HPV Vaccination in a Residency-Based Family Medicine Center The Impact of Demographic Variables and Parental Influence	Re-evaluation of positive depression screen prevalence and documentation of intervention in a family medicine residency and at Unity Point	Health Literacy-The growing disconnect between health care professionals and patients.	Factors Considered by Rural Physicians When Making Decisions Regarding Opioid Prescribing	Can we use fetal heart rate to predict fetal gender?	Inadequate Screening for Pediatric Type 2 Diabetes in Rural Illinois Primary Care Setting

1:30 PM - 5:00 PM	Field Room (opposite of hotel lobby) SAMs Workshop 3 - Cerebrovascular Disease
2:00 PM - 4:00 PM	Cassatt Ballroom Residency Fair

Breakouts

	Warhol A	Warhol B	Pollock A	Pollock B
4:00 PM - 4:55 PM	SA22 - Beyond Herbs, Bed Sharing, and Vaccines: Tools for Navigating Challenging Conversations with Patients to Improve Care	SA23 -Brain Matters: Promoting Mental Health	SA24 - Group Medical Visits Within a Residency Setting: A Sustainable Model for Providing Patient Centered Care, while Increasing Patient and Provider Satisfaction	SA25 - Pain Management Workshop - Opioid Conversion Practice Cases

4:00 PM - 5:00 PM	Avedon A ADFM Chairs Meeting
5:30 PM - 7:00 PM	Montrose Room Gear Up for Your Career! A Resident Event
5:30 PM - 7:30 PM	Dinner on your own! FMIG Leaders Dinner - sponsored by the AAFP (invite only)

Sunday October 11, 2015

7:30 AM	Registration							
10:00 AM	Avedon Ballroom BCD							
7:30 AM - 8:45:00 AM	Breakfast opens PL02 Closing Plenary: "The Family Doctor: Back to the Future... Why the old fashioned House call is the future of Family Medicine" Fred Richardson, MD							
PP02 Poster Session 2 & Break								
9:00 AM	Mindful Eating as a Strategy in Worksite Wellness with Clinical Implications	Early Literacy Promotion: The Impact of Reach Out and Read on a Low-income Population Correlated to Language Spoken at Home.	HDL-C in Patients with Chronic Obstructive Pulmonary Disease	Health Literacy at the Lakeview Clinics of Waconia, Chaska and Norwood Young America	Pediatric Obesity: The Efficacy of Group Visits	How Do Patient Intake Forms Impact Resident Physician Agenda-Setting?	Fertility Awareness-Based Methods in Medical Education Increase Student Understanding of Fertility	
	CODE BLUE: Does ACLS Simulation Lead to Quality? Assessing Safety, Teamwork, and Improvement	The influence of a faith-based, health support intervention on the risk of falls among community-based seniors in Milwaukee	The Health of a Child: Medical Students Work with the Homeless Children of Springfield	Biking for Health: Promoting Physical Activity and Wellness in Latinos	PA Community-Engaged Approach to Understanding the Health Seeking Behavior of Residents at a "Housing First" Facility	Costa Rican Sex Workers- Risk Behaviors and Attitudes Toward Government Regulation of Safe Sex Practices: An Exploratory Study	Mysterious Muscle Weakness in Pregnancy - a case of CIDP	
Seminars								
	<i>Warhol A</i>		<i>Warhol B</i>		<i>Pollock A</i>		<i>Pollock B</i>	
9:30 AM - 10:20 AM	SU01 - Effective Group, Phone, and On-Line Visits: The Skills You Will Need To Make It So!		SU02 - Addressing Difficult Questions in Options Counseling and Abortion Care		SU03 - Culturally Sensitive Healthcare: Strategies for Overcoming Issues in Primary Care		SU04- Hands-On, Lesions Off: Basic Office Skin Biopsy Workshop	
Research / Paper Presentations								
	<i>Warhol A</i>		<i>Warhol B</i>		<i>Pollock A</i>		<i>Pollock B</i>	
10:30 AM - 10:45 AM	SU05 - Nasal Irrigation for Chronic Rhinosinusitis and Fatigue in Patients with Gulf War Illness		SU06 - Increasing Rural Family Physicians- and Vietnam War Veterans- Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2		SU07 - Differential Experience With Men-s and Women-s Healthcare Visits Between Male and Female Family Medicine Residents		SU08 - Healing the Healer: Striving For Culture Change in Medical Education	
10:50 AM - 11:05 AM	SU09 - Pediatric Obesity: The efficacy of group visits		SU10 - A Retrospective Analysis of Overdose Deaths in Allen County, Indiana: 2008-2013		SU11 - Validation of a Family Medicine Attitudes Questionnaire		SU12 - Impact of an EHR Smart Phrase and Resident Education on Adherence to ADA Standards of Medical Care in Diabetes	
11:10 AM - 11:25 AM	SU13 - Diversity of Weight Gain in Pregnancy & Counseling within the Family Medicine Midwest Maternity Research Network		SU14 - Impact of bacterial co-infection during acute respiratory illness and airway inflammation.		SU15 - Hepatitis C revolutionary treatment- We can do it!		SU16 - Increasing women-s preconception health knowledge and self-efficacy: A quasi-experimental community-based study in a Midwestern rural state	
11:30 AM - 11:45 AM	SU17 - The role of medical discourse in over diagnosis		SU18- Improving Preconception and Contraceptive Care With a Reproductive Health Self-Assessment Tool: A Pilot Randomized Controlled Trial		SU19 - Resolving outcome disparities in depression for minority primary care patients with collaborative care management.		SU20 - Point of Care Screening and Intervention for Postpartum Depression at Well Child Visits	
12:00 PM - 1:30 PM	Avedon A FMM Committees Wrap-up Meeting & Lunch							

Speed Date the Specialty Luncheon Physicians and Assignments

Table #	Round 1 (12:30-12:45)	Round 2 (12:50-1:05)	Round 3 (1:10-1:25)
1	Diagnosing Dementia Robert Wilkins, MD	HIV Specialist Santina Wheat, MD	Intimate Partner Violence Marian Sassetti, MD, FAAFP
2	Wound Care Igor Altman, MD	Diagnosing Dementia Robert Wilkins, MD	HIV Specialist Santina Wheat, MD
3	Starting Up a Family Medicine DPC Practice Deborah Chisholm, MD	Wound Care Igor Altman, MD	Diagnosing Dementia Robert Wilkins, MD
4	Public Health Advocacy - Changing the World One Ordinance at a Time Carolyn Lopez, MD	Starting Up a Family Medicine DPC Practice Deborah Chisholm, MD	Wound Care Igor Altman, MD
5	The Residency Application Process Kristina Dakis, MD	Public Health Advocacy - Changing the World One Ordinance at a Time Carolyn Lopez, MD	Starting Up a Family Medicine DPC Practice Deborah Chisholm, MD
6	Point of Care Ultrasound James Daniels, MD	The Residency Application Process Kristina Dakis, MD	Public Health Advocacy - Changing the World One Ordinance at a Time Carolyn Lopez, MD
7	Medicaid Accountable Care Entities (ACE) Alvia Siddiqi, MD, FAAFP	Point of Care Ultrasound James Daniels, MD	The Residency Application Process Kristina Dakis, MD
8	Family Medicine: The Ultimate Pluripotential Career Choice Wanda Filer, MD, MBA, FAAFP	Medicaid Accountable Care Entities (ACE) Alvia Siddiqi, MD, FAAFP	Point of Care Ultrasound James Daniels, MD
9	Reproductive Healthcare Mandy Gittler, MD	Family Medicine: The Ultimate Pluripotential Career Choice Wanda Filer, MD, MBA, FAAFP	Medicaid Accountable Care Entities (ACE) Alvia Siddiqi, MD, FAAFP
10	Evaluation and Concussion Management in Primary Care Heidi Musgrave, PhD, ABPP	Reproductive Healthcare Mandy Gittler, MD	Family Medicine: The Ultimate Pluripotential Career Choice Wanda Filer, MD, MBA, FAAFP
11	Correctional Medicine: Another Version of Full Spectrum Family Medicine for Vulnerable Populations Lillian Holloway, MD	Evaluation and Concussion Management in Primary Care Heidi Musgrave, PhD, ABPP	Reproductive Healthcare Mandy Gittler, MD
12	Care of Transgender Individuals Regina Kim, MD	Correctional Medicine: Another Version of Full Spectrum Family Medicine for Vulnerable Populations Lillian Holloway, MD	Evaluation and Concussion Management in Primary Care Heidi Musgrave, PhD, ABPP
13	High Risk OB in an Underserved Community. Karole Lakota-Treese, MD	Care of Transgender Individuals Regina Kim, MD	Correctional Medicine: Another Version of Full Spectrum Family Medicine for Vulnerable Populations Lillian Holloway, MD
14	Medical Humanities - Reflective Writing that Fosters Compassionate Patient Care Rebecca Levine, MD	High Risk OB in an Underserved Community. Karole Lakota-Treese, MD	Care of Transgender Individuals Regina Kim, MD
15	Osteopathic Medicine Tim Ott, DO, FAAFP	Medical Humanities - Reflective Writing that Fosters Compassionate Patient Care Rebecca Levine, MD	High Risk OB in an Underserved Community. Karole Lakota-Treese, MD
16	National Health Service Corps John Trimberger, MD	Osteopathic Medicine Tim Ott, DO, FAAFP	Medical Humanities - Reflective Writing that Fosters Compassionate Patient Care Rebecca Levine, MD
17	Incorporating Acupuncture into Family Medicine Aaron Michelfelder, MD	National Health Service Corps John Trimberger, MD	Osteopathic Medicine Tim Ott, DO, FAAFP
18	Cognitive Behavioral Therapy John Musgrave, PsyD	Incorporating Acupuncture into Family Medicine Aaron Michelfelder, MD	National Health Service Corps John Trimberger, MD
19	Integrative Medicine for Underresourced Communities Sonya Oyola, MD	Cognitive Behavioral Therapy John Musgrave, PsyD	Incorporating Acupuncture into Family Medicine Aaron Michelfelder, MD
20	Significance of Palliative Care Clevis Parker, MD	Integrative Medicine for Underresourced Communities Sonya Oyola, MD	Cognitive Behavioral Therapy John Musgrave, PsyD
21	Life as a Maternal/Child Health Provider Catherine Plonka, MD	Significance of Palliative Care Clevis Parker, MD	Integrative Medicine for Underresourced Communities Sonya Oyola, MD
22	Intimate Partner Violence Marian Sassetti, MD, FAAFP	Life as a Maternal/Child Health Provider Catherine Plonka, MD	Significance of Palliative Care Clevis Parker, MD
23	HIV Specialist Santina Wheat, MD	Intimate Partner Violence Marian Sassetti, MD, FAAFP	Life as a Maternal/Child Health Provider Catherine Plonka, MD

Thank you to our Family Medicine Midwest & IAFP Annual Meeting Corporate/Partner Exhibitors

Visit these Exhibitors throughout the main hotel corridor

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Medical Cannabis Alliance of IL
MedMal Direct Insurance Co.
Merck Vaccines
Ministry Health Care
Molina Healthcare
NeedyMeds
NorthShore Univ. Healthcare
OSF Healthcare
Prevea Health
RHEDI-Reproductive Health Educ.
Strelcheck and Associates
US Army Healthcare
VaxCare Corporation
The Wexford Group

**** Exhibitor Tagline/Word Hunt Game ****

*Visit the representatives at the Exhibit tables,
Write-down their tagline/word on your "Word Hunt" form
Return form by 11am Sunday to be entered for a prize drawing
Prize winners posted on Sunday at 12noon by registration*

Family Medicine Residency Exhibitors

Table #	Program Name	Location
52	Genesis Quad Cities Family Medicine Residency	Davenport, IA
53	Mercy Family Medicine Residency	Des Moines, IA
83	Advocate Illinois Masonic Family Medicine	Chicago, IL
43	Advocate Lutheran General Hospital Department of Family Medicine	Park Ridge, IL
79	SIU Decatur Family and Community Medicine Residency Program	Decatur, IL
80	SIU-Family Medicine	Carbondale, IL
81	SIU Center for Family Medicine	Springfield, IL
32	Adventist Hinsdale Hospital Family Medicine Residency	Hinsdale, IL
35	University of Illinois at Chicago Family Medicine	Chicago, IL
84	Saint Louis University Family Medicine Residency - Belleville	Belleville, IL
86	University of Illinois at Rockford	Rockford, IL
45	Northwestern Family Medicine	Chicago and Lake Forest, IL
33	Adventist LaGrange Memorial Hospital Family Medicine Residency	LaGrange, IL
34	West Suburban Medical Center Family Medicine	Oak Park, IL
44	Advocate Christ Family Medicine	Hometown, IL
60	MacNeal Family Medicine Residency Program	Berwyn, IL
41	University of Chicago (NorthShore) Family Medicine	Glenview IL
61	Cook County-Loyola-Provident Family Medicine Residency	Chicago, IL
42	Rush-Copley Family Medicine Residency	Aurora, IL
88/89	Memorial Hospital Family Medicine Residency <i>** Demonstration – Joint Injection</i>	South Bend, IN
72	Franciscan St. Francis Health Family Medicine	Indianapolis, IN
73/74	Community Hospital East Family Medicine Residency Program <i>** Demonstration –Skin Procedures</i>	Indianapolis, IN
75	IU-Methodist Family Medicine Residency	Indianapolis, IN
71	Saint Joseph Health System Family Medicine Residency	Misawaka, IN
54	St. Vincent Family Medicine	Indianapolis, IN
70	IU Health Ball Memorial Family Medicine Residency	Muncie, IN
47	University of Kansas - Kansas City	Kansas City, KS
46	Western Michigan University Homer Stryker, MD School of Medicine	Kalamazoo, MI
62	Grand Rapids Family Medicine Residency <i>** Demonstration – Joint Injection</i>	Grand Rapids, MI
67	Mayo Clinic Family Medicine	Rochester, MN
56-59	University of Minnesota Family Medicine Residency Programs (8) Duluth Mankato Methodist North Memorial	St. Cloud St. John's St. Joseph's UMN Medical Center
68	United Family Medicine Residency Program	St. Paul, MN
66	Hennepin County Medical Center Family Medicine Residency	Minneapolis, MN
78	University of Missouri -Columbia Family Medicine Residency	Columbia, MO
77	Cox Family Medicine Residency	Springfield, MO
76	Mercy Family Medicine St. Louis	St. Louis, MO
82	UND Center for Family Medicine Minot <i>**Demonstration- Punch Biopsy</i>	Minot, ND
64	Sioux Falls Family Medicine Residency	Sioux Falls, SD
38	Aurora Family Medicine Residency Program	Milwaukee, WI
37	Wisconsin Collaborative for Rural Graduate Medical Education (WCRGME)	Wisconsin
51	Gundersen Health System	LaCrosse, WI
39	Univ. of Wisconsin Dept. of Family and Community Health	Madison, WI
40	LaCrosse-Mayo Family Medicine	LaCrosse, WI

2015 Scholarship Recipients

*Bold font names are student presenters

Chicago College of Osteopathic Medicine at Midwestern University

Shannon Mimnaugh and Alice-Gray Lewis

Chicago Medical School – Rosalind Franklin University

Amanda Wojciechowski Ravi Shah Zak Ritchey Jalia Tucker

Des Moines University

Katie Swanson Chelsea Thibodeau

Kirkville College of Osteopathic Medicine

Kelsey Davis-Humes and Jessica Lapinski

Loyola Chicago Stritch School of Medicine

Michael Putnam Tiffany Forte Joanna Pan Jeremy Neuman Karin Lavie Stephen Odegard Shelly Capps

Mayo Medical School

Alexander Ginsburg
Augustin Joseph
Lindy Pence
Annabelle Soares

Dipesh Solanky
Sarah Lund
Mark Li
Kristy Sessions

Paul Stadem
Erin Triplet
Tanner Bombersbach
Jeremiah Joyce

Medical College of Wisconsin

Lea Heller Cecilia Jojola Blanca Serna Morgan Briggs Allison Bock Tiana Hallberg Lizbeth Nunez

Michigan State College of Human Medicine

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Northwestern University Feinberg School of Medicine

KJ Hansmann Ayoka Adams Margaret Russell Matthew Eckstadt

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Joji Kohjima Valerie Rock Shuang Annie Yao Kirsten Anderson Zoe Gordon

Southern Illinois University School of Medicine

Grace Hile **Jordan Orr** Alejandro Montoya

University of Chicago Pritzker School of Medicine

Graham Block Travis Wasserman Madison Crocker

University of Illinois at Chicago

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Jordan Hoerr
Daniel Parsons
Lauren Abdul Majeed
Chris Oh
Samuel Wainwright

Ruth Anne Whitfield
Alba Molina
Ariana Melendez
James Swakow
Geethi Abraham

Chelsie Carlton
Jeffrey Mutuc
Emily Graber
Tenisha McCaskill
Simone Asare
Michael Byers

University of Illinois at Peoria

Ashley Randle-Mallory

University of Iowa Carver College of Medicine

Frederick Ruckersfeldt Madeline Godar Chris Sande

University of Kansas Medical Center

Tequilla Manning

University of Kansas School of Medicine-Wichita

Cordelia Staab

University of Minnesota – Duluth

Emily Lawrence Courtney Klinkhammer **Kirsten Larson Ricci Bender**

University of Minnesota Medical School – Twin Cities

Lucas Boyle
Jordan Weil
Sam Falde
Melissa Eelkema
Jessica Olen

Rose Olson
Katie Bressler
Leah Clark
Jenny Zhang
Lucas Labine

Evan Eide
Nat Fondell
Steph Noyes
Robert Gao
Allison Spicher

University of South Dakota Sanford School of Medicine

John Person and Paul Berndt

University of Wisconsin School of Medicine and Public Health

Vy Dinh
Alonzo Jalan
Christopher Little
Aaron Owen
Nicole Altman
Raymundo Garcia
Scott Hetzel
Daniel Jurczyk
Maxwell Machurick

Timothy Peterson
Shahrose Rahman
Courtney Reynolds
Christine Ripp
Kelsey Schmidt
Willem Schott
Chinou Vang
Alice Wei
Lauren Bauer

Andrew Steinfeldt
Laura Krueger
Chee Lor
Megan Bartz
Bronson Bomkamp
Adam Sordahl
Lindsey Anderson

Wright State University Boonshoft School of Medicine

Thao Tran and Mirit Yacoup

2015 Scholarship Providers

Generous donations from these individuals, organizations, institutions and businesses provided free registration and travel support for students from Midwest medical schools to attend Family Medicine Midwest this year. Donations for scholarships are accepted at any time. Visit the registration desk for details!

Dr. Kurt and Mary Angstman
American Academy of Family Physicians
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Allina Health
Amber Barnhart, MD
Janice L. Benson, MD
Ellen Brull, MD
Cook County/Loyola/Provident Family Medicine
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David Deci, MD
Evelyn Figueroa, MD
Valerie Gilchrist, MD
John Hickner, MD
Illinois AFP Foundation
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Steven Knight, MD
Karl & Kathleen Kochendorfer
Ariel Leifer, MD
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Department of Family Medicine
Mayo Clinic
Medical College of Wisconsin Department of
Family and Community Medicine
Deborah Miller, MD
Minnesota Academy of Family Physicians

Minnesota Academy of Family Physicians
-Southern Regional Chapter
-Range Chapter
-Lake in the Woods Chapter
Missouri Academy of Family Physicians
Needy Meds
Northwestern University Feinberg School of Medicine
Dept. of Family Medicine
Lauren Oshman, MD
Risheet Patel, MD
Richard Roberts, MD, JD
Rush Medical College Department of Family
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Anuj Shah, MD
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Medicine and Community Health
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University of Wisconsin Department of Family and
Community Medicine
Tabatha Wells, MD
Margaret Wiedmann, MD
Wright State University Dept. of Family Medicine

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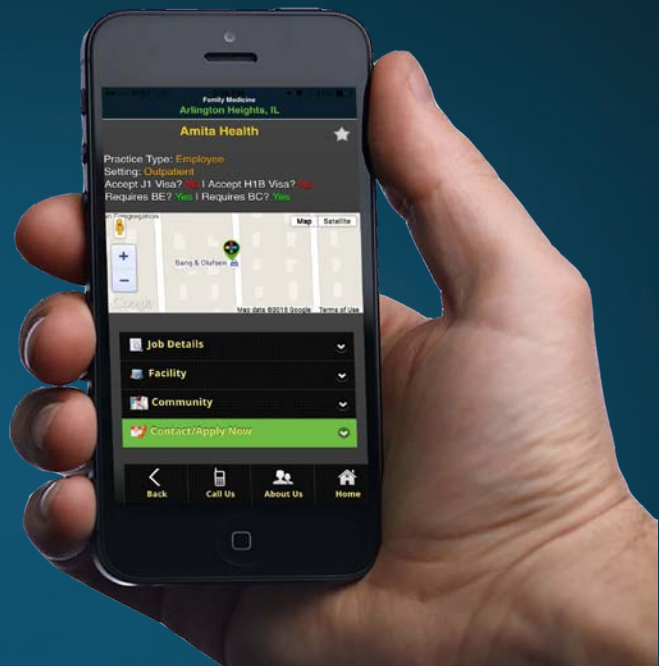


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IAFP
Annual
Meeting
info
begins
on
next
page. 

IAFP Annual Meeting Events

All CME Sessions are with Family Medicine Midwest

See Schedule on pages 9-11

Friday October 9, 2015

9:00 am	Registration opens	Artist's Foyer
9:00 – 1:00	SAMs Workshop 1 – topic: Hypertension	Warhol A
9:00 – 11:00 am	Finance Committee	Gallery 925 (9 th Floor)
	Public Health Committee	Gallery 1024 (10 th Floor)
11:00-12:30 pm	Adult Obesity Collaborative & Referral Initiative	Metropolitan
11:30 am – 1:30 pm	Clinically Integrated Networks Committee	Pollack A
	Government Relations Committee	Pollack A
	Public Relations Task Force	Hotel Lobby
2:00 – 3:30 pm	IAFP Foundation Meeting	
2:00 – 4:00 pm	Family Medicine Educators Committee	Gallery 1024 (10 th Floor)
	Continuing Medical Education (CME) Committee	Avedon CD
	Family Physicians in FQHCs Committee	Avedon CD
	Membership and Member Services Task Force	Avedon CD
3:30 – 4:00 pm	Break	
5:30 – 7:30 pm	Welcome Reception	Artist's Foyer

Saturday October 10, 2015

6:00 - 6:30 am	Yoga	Montrose
7:00 - 8:45 am	Breakfast & Opening Plenary with Family Medicine Midwest	Avedon BCD
9:00 am - 12:00 pm	Educational Sessions (7 concurrent 50-minute sessions)	See Education Schedule
8:00 – 12:30 pm	SAMs Workshop 2 – topic: Asthma	Field Room (Near hotel lobby)
12:00 - 1:30 pm	Speed Date Your Specialty Lunch	Avedon BCD
1:30 - 5:00 pm	SAMs Workshop 3 – topic: Cerebrovascular Disease	Field Room
2:00 – 4:00 pm	All Member Assembly	Avedon CD
4:00 - 5:00 pm	New Physicians Committee Meeting	Montrose Room
4:00 – 5:00 pm	Educational Sessions (4 concurrent 50 min sessions)	See Education Schedule
5:30 - 7:00 pm	Gear Up for Your Career Reception (Resident members only)	Montrose Room

Sunday October 11, 2015

7:30 – 8:45 am	Breakfast & Closing Plenary –with Family Medicine Midwest	Avedon BCD
9:00 – 12:00pm	IAFP Board meeting	Avedon A
9:00 - 9:30 am	Poster Session and Break	Foyer
9:30 - 10:20 am	Educational Sessions	See Education Schedule
10:30 - 11:45 am	Research Presentations	
11:45 am	<i>Conference Adjourns</i>	

SAMs workshops open to all (separate fee applies)

Rooms are subject to unexpected changes. Look for signs outside of the rooms.

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This conference also supported by educational grants from:

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Congratulations to our 2015 IAFP Awards Honorees

The IAFP Public Relations Task Force, chaired by Kristin D. Drynan, MD of Geneva, evaluated the nominees for IAFP awards. The awards process is only possible because of the wonderful support of the colleagues and patients who took the time to nominate outstanding family physicians and describe the impact these members have in their communities.

Each of these outstanding members will be honored at the IAFP Annual Meeting Awards Banquet on Friday evening.

Family Physician of the Year: Elba M. Villavicencio, MD – NorthShore University HealthSystem - Gurnee

Dr. Villavicencio was nominated by patient Vicky Soberano. She is relatively new to Illinois, but quickly established herself among her patients and colleagues with NorthShore University Health System. Her practice is located in Gurnee. She also practiced in Columbia and Ecuador.

Teacher of the Year – Employed: Richard V.V. Stringham, MD, FAAFP – University of Illinois at Chicago, Department of Family Medicine

Dr. Stringham is a fan favorite among UIC medical student family medicine leaders. He was nominated for the award by then-students Mustafa Alavi and Kristina Dakis, along with department head John Hickner, MD. He joined the UIC Department in 2008 and was named Associate Professor this year. He has won numerous Golden Apple and other teaching awards, both at UIC and his previous location of UCLA.

Distinguished Service Award – Thomas H. Miller, MD – SIU Quincy Family Medicine Residency Program

The Distinguished Service Award is given at the discretion of the Public Relations Task Force, to honor an outstanding career. Dr. Miller is being honored for his 23 years of service to Illinois. He has been with the SIU-Quincy since 1994 and was named the program director in 2003. He's active in the community serving on a variety of boards covering health and child advocacy issues. He was nominated by IAFP president Janet Albers, MD, Chair of the Family and Community Medicine Department at Southern Illinois School of Medicine

President's Awards Each year, the outgoing Academy president has the privilege to present the President's Award to honor a person or an organization for outstanding contributions that reflect the IAFP's mission to promote excellence in the health and well-being of Illinois families. Janet R. Albers, MD has chosen these three for her President's Awards.

- **Kristina E. Dakis, MD – University of Illinois at Chicago**
- **Illinois Primary Healthcare Association**
- **Tracey Smith, DNP, PHCNS-BC, MS – SIU School of Medicine, Springfield**

Congratulations to AAFP Exemplary Teacher of the Year – Volunteer Faculty: Alisha T. Thomas, MD – PCC Family Health Center, Austin (Chicago)

Alisha Thomas, MD Joined PCC Wellness – Austin Family Health Center upon residency completion at West Suburban Family Medicine Residency Program in Oak Park. Today she serves as the organization's community liaison, representing PCC at local events and health fairs. She leads the pilot program called Education-Centered Medical Home for Northwestern University Feinberg School of Medicine, providing longitudinal experience in the medical home philosophy. Her students nominated her for the Teacher of the Year award. Dr. Wanda Filer, AAFP President, will present the award at the IAFP banquet on Friday night.



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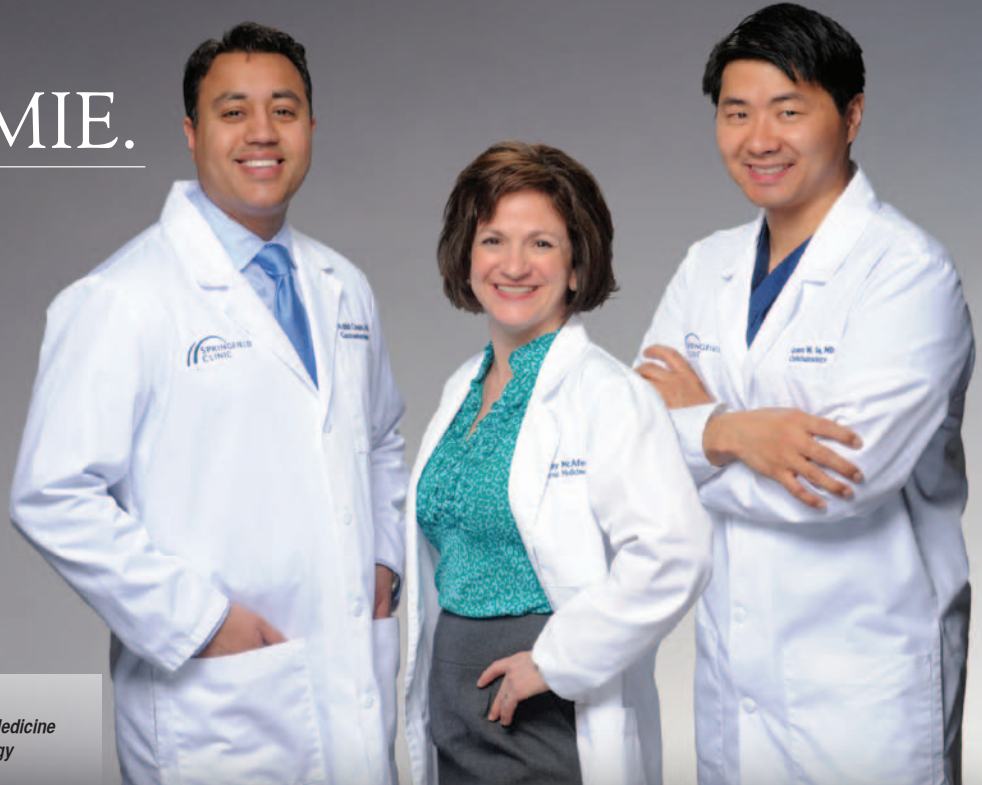


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If you are interested in joining the Host or Planning committees please email Family Medicine Midwest Foundation executive director Vince Keenan at vkeen@iafp.com.

Be sure to watch your email for Inspiration Award winners!

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- Plan your abstracts for 2016!