

Illinois Chapter  
INCORPORATED IN ILLINOIS  
American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN



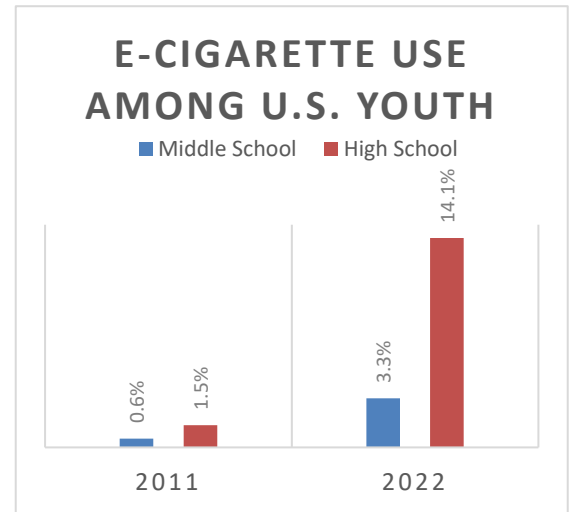
LOYOLA MEDICINE  
A Member of Trinity Health



# Support SB1561 (Sen. Morrison) Include E-cigarettes in Smoke-Free Illinois

## Rise of E-cigarettes & Health Impact

- E-cigarettes are not harmless. Virtually all e-cigarettes contain nicotine, sometimes even if they are labeled to be without.
- Nicotine exposure during adolescence can impact learning, memory, and attention. Using nicotine in adolescence can also increase risk for future addiction to other drugs, according to the U.S. Surgeon General.
- In addition to nicotine, the aerosol that users inhale and exhale from e-cigarettes can potentially expose both themselves and bystanders to other harmful substances, including heavy metals, volatile organic compounds, and ultrafine particles that can be inhaled deeply into the lungs, causing short-term lung changes and irritations.
- Tobacco companies have targeted e-cigarettes at adolescents by introducing flavors leading to more than 2.5 million U.S. youth currently using e-cigarettes, according to the 2022 National Youth Tobacco Survey. **Nearly 20 percent of Illinois high schoolers use e-cigarettes (YRBSS, 2019).**



CDC, MMWR, [2013](#); [2022](#)

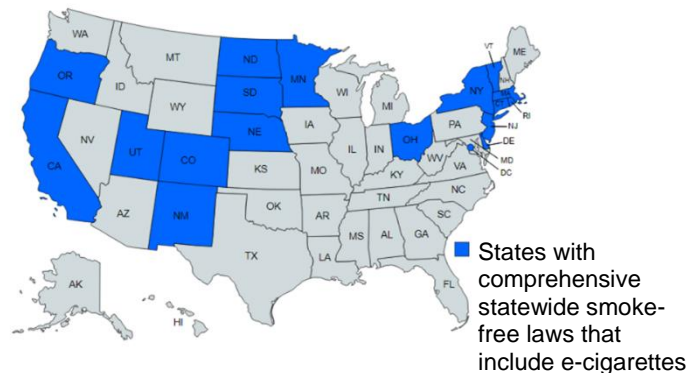
## What can be done? Add E-cigarettes to Smoke-Free Illinois

Regular and significant tobacco tax increases, fully funding evidence-based tobacco prevention and quit smoking programs, and comprehensive smoke-free laws can reduce tobacco use.

### Nearly 30 Illinois municipalities currently prohibit electronic cigarette use in indoor public places.

Prohibiting the use of e-cigarettes in all indoor public places and workplaces where smoking is already prohibited is critical to protect workers and the public from the harmful effects of secondhand aerosol exposure. SB1561 will:

- Protect against secondhand exposure to nicotine and other potentially harmful chemicals
- Ensure the enforcement of existing smoke-free laws are not compromised
- Ensure that the public health benefits of smoke-free laws are not undermined



### For more information, please contact:

Kristina Hamilton  
[Kristina.Hamilton@lung.org](mailto:Kristina.Hamilton@lung.org) | 301-257-7283

Lauren Peters  
[Lauren.Peters@heart.org](mailto:Lauren.Peters@heart.org) | 202-997-6642

Ally Lopshire  
[Ally.Lopshire@cancer.org](mailto:Ally.Lopshire@cancer.org) | 847-553-6115

Kelly Nichols  
[KNichols@resphealth.org](mailto:KNichols@resphealth.org) | 917-544-1214