



ILLINOIS ACADEMY OF
FAMILY PHYSICIANS

Devoted to Advocacy, Education & Action

2018 Year in Review

FEBRUARY 2019



ANNUAL REPORT TO THE MEMBERSHIP



Frances Baxley, MD teaching a community class on healthy eating at Erie HealthReach Waukegan Health Center. Photo by Scott Wills.



Dana Delach, MD with one of the miniature therapy horses at Barrington Inpatient Hospice Unit coming to visit patients and families.



SIU-Quincy residents visit a special education blended preschool class with a lesson about being a doctor.

About this Annual Report

This document is one of only two IAFP publications mailed to all IAFP active members. In our ongoing mission of timely and efficient communication, we use email as our primary format. Please update your email address by accessing "My Profile" after logging into the IAFP website at www.iafp.com. If you've never logged in, your Username is your email address or AAFP ID if we don't have your email address yet.


IAFP does not share member email addresses with any outside entity.

Congratulations to our cover photo winners!

Photos for the cover were provided by these members. Upper left: Northwestern-Lake Forest Resident Chief Resident Tiffany Adams-Holmes, MD. *Photo by Theresa Crawford.* Middle left: Dr. Justin Parker is a simulated patient for residents and medical students. Photo from SIU-Decatur Family Medicine Residency Program.

Bottom left: Lovanya Boddu, MD, MBA - Springfield.

Right side: University of Illinois at Peoria Chief Resident Caitlin Seinkiewicz, MO.

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Advocacy: Representation, government relations and advocacy opportunities

Education: Continuing medical education, ABFM KSAs, Practice Innovations,

Action: Public relations, networking, leadership opportunities

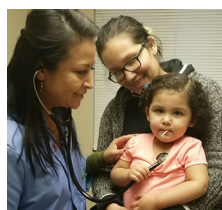
IAFP is devoted to providing services, information and representation to ensure Illinois family medicine is a prominent and respected voice in the evolution and delivery of high-quality, cost-effective care to the entire family. No other membership organization is solely dedicated to your success, your issues and your patients. This report summarizes the many ways we serve our members and advance the family medicine specialty.

Mission: To be the voice of Family Physicians by promoting the value of the specialty of Family Medicine and improving health for all through advocacy, education and action.

Learn more at www.iafp.com/mission to see the vision and values that support this mission.



Cook County family medicine resident Sequita C. Hankton, MD on a global health trip in Santo Domingo, Dominican Republic, where a local elementary school was transformed into a makeshift clinic.



Alicia Milan-Flanigan, MD at AMITA Saints Mary and Elizabeth Family Medicine Residency



Rachel Zurek, DO participated in a GO Ministries trip to Santiago, Dominican Republic.

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BEFORE
all else.

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You work hard to take care of your patients. The AAFP works hard to take care of you. AAFP Physician Health First is the first-ever comprehensive initiative devoted to improving the well-being and professional satisfaction of family physicians, and reversing the trend toward physician burnout. So you can stay passionate about your purpose: providing quality patient care.

Discover a wealth of well-being at
aafp.org/mywellbeing

The AAFP Physician Health First initiative is made possible by your generous contributions to the American Academy of Family Physicians Foundation.



aafpfoundation.org



AMERICAN ACADEMY OF
FAMILY PHYSICIANS

President's Message

Sachin Dixit, MD, FAAFP

I'm honored to be President of the Illinois Academy of Family Physicians. As I took the oath of the president at our annual meeting back in October, I thought back over my own journey in medicine, which began in July 1996.

I first saw a family physician when I was a young child suffering a severe asthma attack during the Hindu Festival of Diwali. My severe asthma attack was not considered critical enough for an ER visit, so I was treated in my family physician's living room.

My numerous visits with our family physician strengthened my resolve to become a family physician who can care for anyone – at any time and place; who can save lives and who is always there for patients. I set a goal to become the first physician in my family, to care for the family that I love. I'm especially grateful to have been able to provide home health to my hemiplegic grandmother, who was left bedridden and home bound the last seven years of her life.

When a close family member became critically ill and passed away at the very young age of 35, I was a medical student and an unofficial counselor for the rest of my family. I was the sole connection between them and the biases and abuses that can come from the health system.

I vividly remember when I was a resident, an international medical graduate, and naïve about the US health system. My goal back then was to complete residency and continue with the mission-oriented service that is the signature of Cook County and Loyola Health systems. There, as a first-generation immigrant physician from India, I aspired to follow the path of attendings like Carolyn Lopez, Crystal Cash, Janice Benson, Steve Stabile, Gail Floyd, and many more, who were already blazing towards a better future of family medicine.



My first involvement with IAFP was at a Resident and Student Fair in Oak Brook in 2004. The responsibility for staffing our residency recruiting booth fell on this clueless first year resident. But, I also learned more about IAFP.

I got an opportunity to inculcate the passion of advocacy from Javette Orgain, Katie Miller, David Hagan, Mike Temporal, Carrie Nelson and many others at the Academy. Back then, I was in awe and maybe a little intimidated by them. Today, I count them all as my friends and peers.

My vision of the future of family medicine was simple, patient-centric and physician led, striving for optimum health outcomes. Triple Aim and Quadruple Aim were not part of the discussion at that time. Nor was the phrase "physician burnout." EMR was just introduced and a "privilege" affordable to wealthy health systems.

After finishing my residency, I joined Advocate Health Centers in Frankfort, Illinois. It truly has been a rewarding experience to grow from a new physician, struggling to establish a family medicine practice to my leadership role as a Regional Medical Director at Advocate Medical Group. I have the privilege to work with a fellow family physician, Dr. Kevin McCune, exemplifying how family physicians lead large organizations.

I am still seeing patients, which brings the biggest joy in my work life. Electronic Health Records have not made our lives easy, but they are here to stay. We must leverage our technology to deliver better and more efficient care. We are reducing physician burnout at my site in Orland

Park by piloting virtual scribes for our physicians. They get their notes back from India the next day. We will be spreading this concept across other Advocate Aurora sites soon. This is just one example of my passion to make the work environment better for family physicians. This is an essential component of reaching that quadruple aim in health care.

We need more family medicine leaders in our communities. Our broad training, wide spectrum of experience, both clinical and non-clinical, puts family medicine physicians at the forefront of advocacy. We advocate for our patients, their health and well-being, our fellow members, and a very broad range of public health initiatives and implications.

Recently the ABFM announced some ground-breaking changes for our Maintenance of Certification Program. We may soon say good-bye to the high-stakes 10-year exam that does not accurately reflect our capabilities in meeting our communities' needs. I truly believe, it is due to our strong and professional advocacy efforts by both the AAFP and state chapters. Your voices about needed changes were the fuel for these conversations.

Our efforts and partnerships with advocacy in Springfield have addressed major public health concerns such as preserving the Smoke-Free Illinois Act, ensuring care for medically fragile children and improving immunization coverage for our state. We still have more work to do to raise the age to purchase tobacco to 21 across the state and address other health inequities. But I am convinced that through our collaborative spirit and partnerships with other like-minded groups, we can bring better health care policies to Illinois.

I am truly am honored to represent you and humbled by the trust you have placed in me. As my Academy Brother (IAFP board chair) Asim Jaffer says, it takes a village. The Academy has raised me as well. I want to congratulate all the officers, board members and all committee chairs, and our volunteer leaders on those committees. My success as president will be a direct reflection of our efforts together. And I believe our future for IAFP is looking bright. I am looking forward to a great year.



State of Illinois
Department of Human Services

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PMPnow allows your electronic health record system to automatically send requests to the PMP. Patient information is then viewable within seconds inside your EHR.

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(N-01-18) PMPnow Ad

Devoted to Advocacy

Government Relations

Over 90% of IAFP members believe “keeping me informed on current affairs concerning family medicine” and “representation with state government and other organizations” are of paramount importance. Here’s a summary of IAFP’s 2018 advocacy efforts:

Advancing the interests of family medicine

IAFP met with gubernatorial candidate JB Pritzker’s policy staff during the campaign. Topics covered included: the importance of family medicine in Illinois, our joint statement with ICAAP on HealthChoice Illinois and an extensive discussion

on how to improve mandated Medicaid managed care. Another topic of great interest was the opioid crisis and how it’s being addressed. Vaccines, diabetes, and social determinants of health were also briefly discussed to illustrate how integral family medicine is in providing comprehensive care and to the healthcare system.

IAFP provided information to Governor-elect Pritzker’s transition teams Members of both the Budget & Innovation Committee and the Healthy Children & Families Committee received data on family medicine’s importance in Illinois. Our “ask” was that the new Administration recognize that strengthening primary care is a critical element to promoting health and reducing overall health care costs.

Legislative issues impacting family medicine 259 pieces of legislation were flagged in 2018 for possible impact on IAFP members. Over 20% of those potential new laws required consistent review and often direct advocacy for or against the legislation. Cook-Witter, Inc., IAFP’s lobbying firm, analyzed legislation spanning 33 different subjects relevant to IAFP members this past year.

- Physician scope of practice, discipline, & professional requirements
- Scope of practice & professional requirements for nursing, therapy, psychiatry, etc.
- Managed care organizations
- Medicare
- Medicaid
- Telehealth regulations
- Medical screenings
- Vaccinations
- Public health regulations (e.g. milk inspections)
- Disease notices (e.g. veterans’ home)
- Smoking cessation
- Medical cannabis
- Medical record regulations
- Medical information privacy
- Health insurance coverage
- Health insurance payments
- Nursing home regulations
- Ambulatory treatment center regulations
- Community care and medical assistance programs
- Controlled substance & medication regulations (opioids, etc.)
- Contraception regulations
- Abortion regulations
- Lactation regulations
- Home birth & midwife regulations
- Organ & tissue transplants
- Concussion safety
- Mental health
- Gun violence remedies & firearm regulations
- Litigation (e.g. criminal offense of first responder endangerment)
- Comprehensive Health Education Act (e.g. parenting and child abuse education)
- Dental regulations
- Vision regulations for drivers
- Medical School Matriculant Criminal History Records Check

Some Highlights:

- Gov. Rauner signed HB4383, supported by IAFP, allowing Medicaid managed care members to stay with their primary care physician if the contract between their provider and health plan is terminated.
- The Governor also signed HB4736, supported by IAFP and ICAAP among others. The law gives families of extremely ill, “medically fragile” children more flexibility in health care assuring their expensive, highly technical care which is covered by Medicaid is exempt from managed-care organizations.
- The governor vetoed SB2572 which would have changed the PE requirement in Illinois schools from three days per week to 150 minutes per week. IAFP supported this bill. We expect to work with the new General Assembly to pass it in 2019.
- SB3023 was signed into law and was supported in coordination with a contingent of around 40 other diverse interest groups. The legislation provides immunity from civil liabilities when using antidotes in cases of opioid overdoses.
- HB5769: This bill amends the Illinois Insurance Code and requires the Department of Insurance to develop a uniform

electronic prior authorization form to be used by an insurer that provides prescription drug benefits when requiring prior authorization. The bill passed both chambers but was amendatorily vetoed by the Governor. The bill will be re-introduced in 2019.

- SB 2332: The House failed to override the Governor’s veto on raising the age to purchase tobacco products to 21. SB 21 and HB 345 have already been introduced for the spring session.

The voice of family medicine

- Advisory Council on Early Identification/Treatment of Mental Health Conditions includes family physicians HB 3502 created the Council and requires the Illinois Department of Public Health (IDPH) to develop regulations to include age-appropriate social and emotional screening in the school health examination for Illinois children. Four IAFP members were named to this Council.
- Collaborative for Children’s Health Policy: IAFP participated in this new coalition of individuals and organizations from all sectors in Illinois in a mission to improve the health and wellbeing of children and adolescents. The kickoff meeting brought together a broad cross section of stakeholders committed to understanding and improving child health in Illinois. The collaborative has started to develop a policy framework to achieve health equity for Illinois children.

IAFP and AAFP resources for grassroots advocacy

Advocacy Curriculum for Family Medicine Residency Programs: Thanks to McGaw Northwestern’s Erie Family Health Center for piloting a session dedicated to advocacy as part of their residency leadership curriculum. Goals include: selecting a topic to research and present; determining the best vehicle for their advocacy; and making a final presentation in the spring. Other family medicine residency programs have expressed interest in replicating the concept available through IAFP.

Please use the following compelling resources that show YOUR VALUE as a family physician.

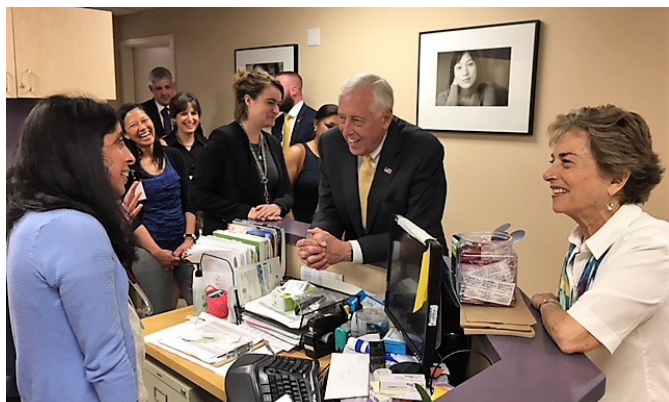
The Importance of Family Medicine in Illinois

https://www.aafp.org/dam/AAFP/documents/advocacy/campaigns/state_fact_sheets/Illinois.pdf

The State of Primary Care in the United States: A Chartbook of Facts and Statistics

<https://www.graham-center.org/content/dam/rgc/documents/publications-reports/reports/PrimaryCareChartbook.pdf>

Tap into the vast policies and resources you need to meet with your elected officials: engage us in compiling information for your visit and invite us along! Contact Gordana Krkic, CAE, Deputy Executive Vice President of External Affairs at gkrkic@iafp.com for more information.



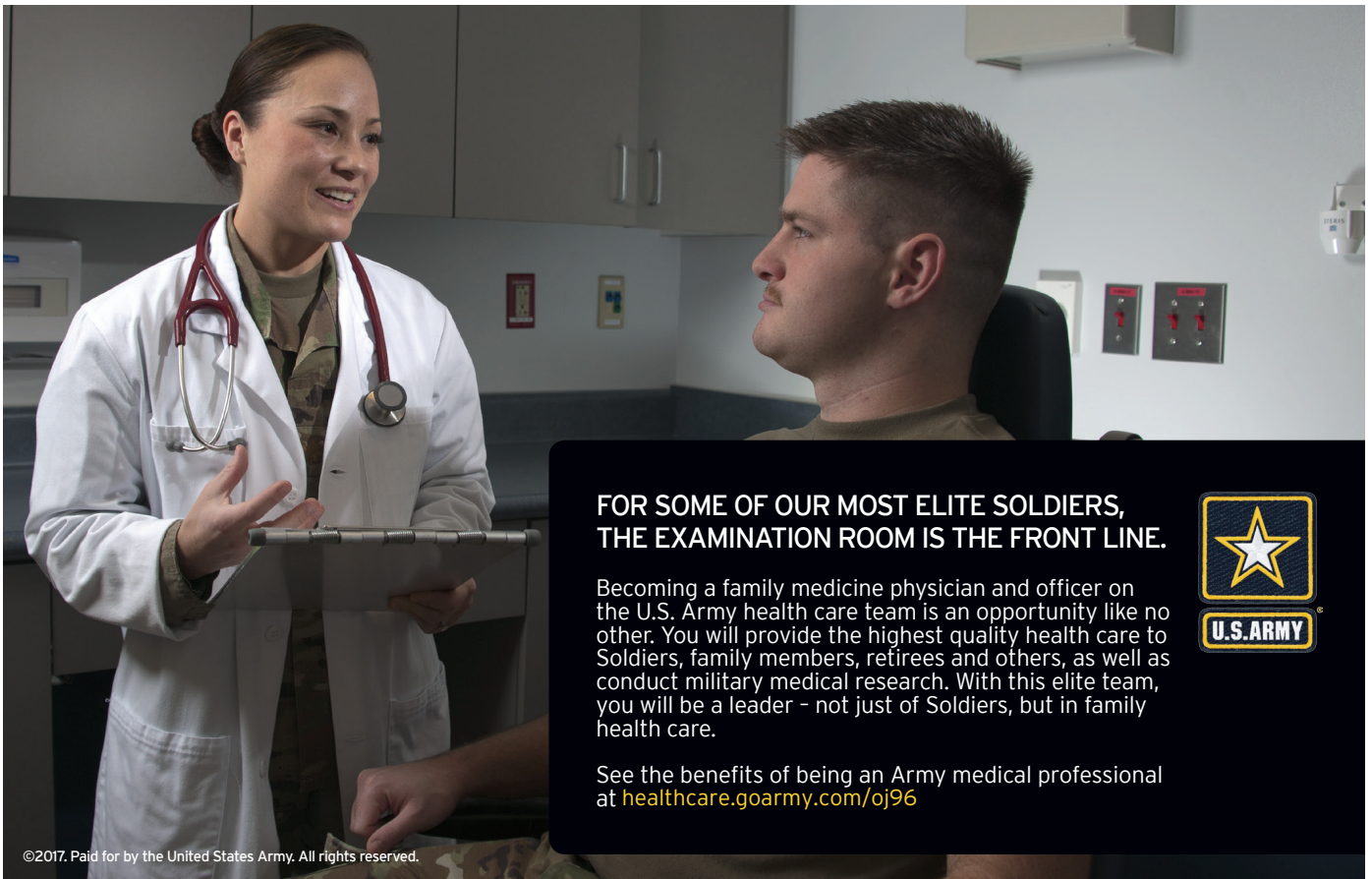
U.S. Rep. Steny Hoyer (D-Md.) and Rep. Jan Schakowsky (D-Ill.) visit with the Northwestern McGaw Family Medicine Residency at Erie Family Health Center in Chicago.



IAFP leaders meet with U.S. Rep. Raja Krishnamoorthi (Center) during AAFP’s Family Medicine Advocacy Summit. From left to right: Donald Lurye, MD; David Hagan, MD; Sachin Dixit, MD; Lubna Madani, MD and Tabatha Wells, MD.



ILLINOIS ACADEMY OF
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**FOR SOME OF OUR MOST ELITE SOLDIERS,
THE EXAMINATION ROOM IS THE FRONT LINE.**

Becoming a family medicine physician and officer on the U.S. Army health care team is an opportunity like no other. You will provide the highest quality health care to Soldiers, family members, retirees and others, as well as conduct military medical research. With this elite team, you will be a leader - not just of Soldiers, but in family health care.



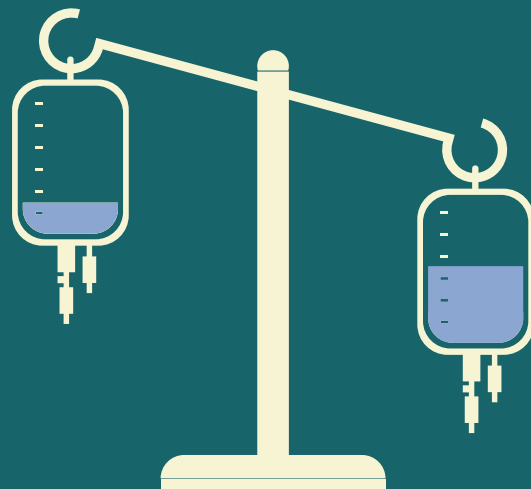
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In 2018, the CME committee, chaired by Sara Malone, MD, oversaw the development & distribution of projects across the IAFP education spectrum.

3 KSA Group Studies

IAFP members completed the Heart Failure, Asthma and Mental Health in the Community ABFM Knowledge Self-Assessment (KSA) as a group.

3 Live Education Events

Together with the DuPage County Health Department, IAFP hosted a seminar in Hinsdale to discuss the Ethylene Oxide Exposure. Additionally, IAFP hosted two "Joy in Medicine" events; one in Chicago and the other in Gibson City, which was simulcast as a webinar! A recording of the "Joy in Medicine" webinar is available at www.cme.iafp.com.

3 Live Conferences

IAFP and UIC combined for a successful fourth annual Essential Evidence Update Conference in Chicago in April. We focused on Health Equity at the IAFP Annual Meeting in Elmhurst in October. Finally, IAFP organized our seventh - and largest ever - Family Medicine Midwest Conference in Madison, Wisc. in November, in our regional effort to combine outstanding physician education while showcasing the specialty to recruit Midwest medical students to family medicine.

5 Public Service Announcements

IAFP developed and produced five radio public service announcements on Adult Immunizations, specifically the HPV vaccine, Meningococcal vaccine, General Adult Vaccinations, Pneumonia, and Pertussis. These PSAs were made available on IAFP's website and were featured on radio stations in markets throughout the state.

5 Online Newsletters

IAFP published five online newsletters for our members, including four Immunization newsletters and a newsletter on Pain Management and Opioid Safety. The Opioid Safety newsletter included legislative updates and strategies, information on the Illinois Prescription Monitoring Program (IL-PMP), and resources for physicians and their patients.

6 Online IAFP Education Activities

IAFP offered members six new online enduring modules. The topics included the Herpes Zoster Vaccine, Opioid Safety in Primary Care, Ethylene Oxide Exposure, Lead Poisoning, Practical Tips for Weight Loss in Patients, and Joy in Medicine. Find them all at cme.iafp.com.

10 Noontime webinars

IAFP offered 10 webinars on topics throughout family medicine, including Tobacco Cessation, Hepatitis C for FQHCs, Opioid Safety, and Adult Vaccinations.

25 Jointly Sponsored Activities

IAFP jointly sponsored several CME activities in 2018. Partners included Bright Pink (CME on Breast and Ovarian cancer), Care Allies (CME on Patient Engagement and Relationships), and MATEC (CME on HIV/AIDS).

Updated Safe Prescriber Program

2018 marked the sixth year of the IAFP Safe Prescriber Program www.iafp.com/safe-rx. IAFP updated the CME to make the program more efficient for providers and their office staff to implement policies and procedures in their offices.

New CME Connections webpage <https://www.iafp.com/cme-connections>

IAFP's education team revamped CME Connections in 2018. Instead of sending monthly newsletters, CME Connections now lives as a webpage on IAFP.com, which will be updated constantly, providing IAFP members with the most up-to-date CME in real time!



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IAFP Initiatives support the integration of primary care and behavioral health

By Kevin Chang, MD, MPH - IAFP Public Health Intern

IAFP's Public Health Committee's Behavioral Health Workgroup, led by Raj Shah, MD of Rush took several initiatives to provide education opportunities for IAFP members who desire to screen for and take care of patients' behavioral health needs in their practices.

Mental Health First Aid training sessions

Mental Health First Aid teaches people how to respond to signs of mental illness in individuals. Those who complete the one-day training receive a certification and are better equipped to handle mental health crises should they arise. The Behavioral Health sub-committee of the Illinois Academy of Family Physicians began offering this course in 2018 to help educate those in the community. Two trainings were held with community members and medical students as the primary participants. IAFP plans to continue this program and these trainings in order to better improve and prepare our community to quickly respond to mental health needs at the point of care.

Mental Health First Aid "Train the Trainer" Grant

In order to teach more Mental Health First Aid training sessions in the future, IAFP plans to expand the base of instructors who complete the official training course for the program. We received a grant from the Community Memorial Health Foundation in order to sponsor training additional staff to help teach the sessions. The training is a one-week course and efforts are currently underway to implement this initiative.

Mental Health Knowledge Skills Assessment Module

IAFP created a teaching module for the Behavioral Health Knowledge Skills Assessment. This teaching module includes potential solutions, explanations, and discussion for the ABFM Behavioral Health Knowledge Skills Assessment for CME credit. This was presented at the Illinois Academy of Family Physicians annual meeting in Elmhurst in October. The Behavioral Health Knowledge Skills Assessment Module presented will be part of the library of CME offered to the local organizers as part of the IAFPs "Medicine for Today" series rolling out in 2019.

Mental Health Position Paper

The Behavioral Health committee is developing a Mental Health Position Paper to present an overview of the importance of mental health and the essential role of primary care in addressing mental health issues. We will focus on the mental health collaborative care model, as there is significant evidence-based research showing its efficacy. Our goal is to outline pathways for health systems to implement or improve their delivery and management of mental health services.

Resources

- Davies EB, CBeever E, Glazebrook C. A pilot randomised controlled study of the mental health first aid eLearning course with UK medical students. BMC Medical Education. 2018; 18:45. <<https://bmcmmededuc.biomedcentral.com/articles/10.1186/s12909-018-1154-x>>
- Gryglewicz K, Childs KK, Soderstrom MFP. An Evaluation of Youth Mental Health First Aid Training in School Settings. School Mental Health. 2018. <<https://link.springer.com/article/10.1007/s12310-018-9246-7>>
- Knowledge Skills Assessment Webpage from the ABFM. <<https://www.theabfm.org/moc/selfassessment.aspx>>
- Morgan AJ, Ross A, Reavley NJ. Systematic review and meta-analysis of Mental Health First Aid training: Effects on knowledge, stigma, and helping behaviour. PLOS Journal. 2018; 13 (5). <<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0197102>>



2018 IAFP Member Survey

Who are we?



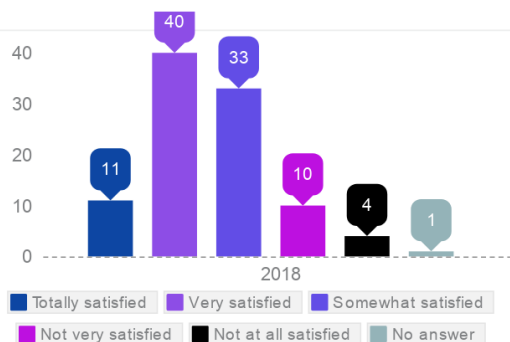
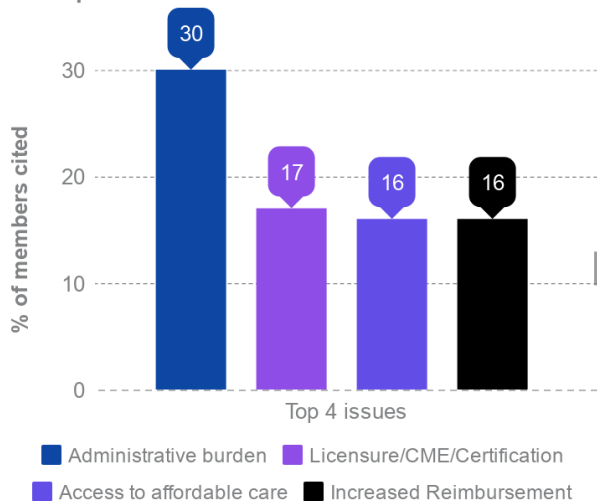
Respondents were 42% women, 79% employed, 17% private practice

Who do we see?



87% of respondents accept all Medicare patients, 6% have limits. 72% of them accept all Medicaid, 15% of have limits on their practice

Top Priorities for IAFP to work on

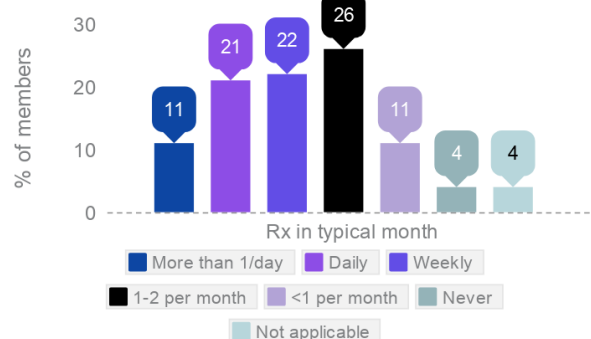
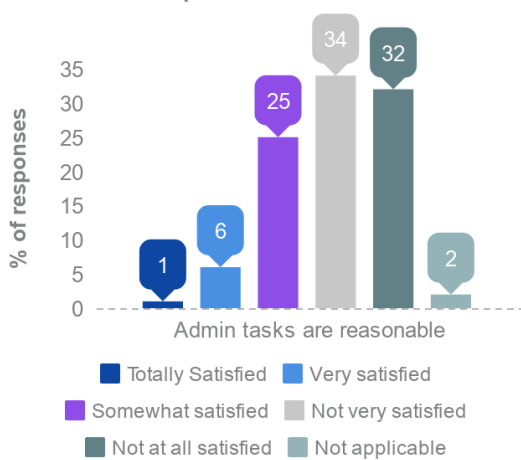


Satisfaction with income



Prior Authorization Problems

Paperwork Pain



How often do members prescribe opioids?

N=143: The 2017 member survey was emailed to all active IAFP members in June 2018.

Reports of Committees and Member Interest Groups

Visit www.iafp.com/committees if you'd like to join any of these groups!

CME Committee – Chaired by Sara Malone, MD

The committee was responsible for the development and distribution of

- 3 KSA Group Studies
- 3 Live Education Events
- 4 Live Conferences
- 5 Public Service Announcements on Immunizations
- 6 Online IAFP Activities
- 7 Online Newsletters covering Immunizations, E-Cigarettes and Choosing Wisely
- 10 Noontime Webinars
- 25 Jointly-Sponsored Activities
- Updated Safe Prescriber Program

Family Medicine Educators Committee – Chaired by Scott Levin, MD

- Selected Sarah Stombaugh, MD from the University of Chicago NorthShore Family Medicine Resident Program as the 2018 Resident Teacher of the Year.
- The 2018 IAFP Resident Scholarly Works Virtual Summit on May 30 showcased 11 research presentations.
- AAFP National Conference of Residents and Medical Students - Illinois' exhibit block included 24 residency programs along with OSF Healthcare and SSM Health, working together to recruit students to our programs.
- Davis Yang, MD of Loyola MacNeal Family Medicine Residency is the 2019 chair

Government Relations Committee – Chaired by Janet Albers, MD

- Submitted a memorandum to the Illinois Department of Insurance (DOI) asking direct primary care (DPC) not be considered an insurance product and received a reply from the DOI Director stating agreement that DPC is not an insurance product.
- Collected and drafted IAFP member concerns on the Medicaid managed care rollout. These were submitted in a joint statement with the Illinois Chapter of the American Academy of Pediatrics (ICAAP) to the Illinois Department of Healthcare and Family Services and the Illinois Association of Medicaid Health Plans (IAMHP)
- Expressed resounding opposition to legislative expansions of scope of practice for allied health providers.
- Developed content for Spring Into Action, the IAFP's three mini-lobby days. <http://www.iafp.com/spring-into-action>
- Reviewed legislation impacting family medicine's scope of practice and existing policies
- Discussed topics relevant to practicing family physicians: caring for Medicaid patients, completing MACRA reporting, submitting comments on rule-making for psychologist prescribing.

Public Relations Task Force – Chaired by Kristin Drynan, MD

Six members were nominated for the Family Physician of the Year, and five members were nominated for the Family Medicine Teacher of the Year for Employed Faculty. The task force selected:

- Thomas D. Huggett, MD, MPH – Family Physician of the Year
- Ariel Leifer, MD – University of Illinois at Chicago – Family Medicine Teacher of the Year

You can learn about each of them in the final Family Physician issue of 2018

http://newsletter.iafp.com/newsletter.iafp.com/wwwroot/2018/Oct-Nov_2018/

- Task force members responded to a variety of media requests, including live radio interviews on immunization safety and the importance of the flu shot.
- Task force and Board members participated in a brief media training session in April.

Public Health – Chaired by Kiran Joshi, MD, MPH

Revised mission statement: The IAFP Public Health Committee will work to strengthen policy, create and share timely education, and collaborate with other organizations in order to improve population health, promote a sustainable healthcare system, and advance health equity.

Each workgroup is led by a member champion whose energy and drive make IAFP a strong force in Illinois public health activities. The Behavioral Health and Infection Prevention workgroups were assisted by IAFP's first public health extern, Kevin Chang, MD, MPH, a December 2017 UIC medical school graduate. Coming in 2019 – an HIV/Hep C workgroup chaired by Cori Blum, MD, MPH.

Devoted to
Action

Academy Report

Behavioral Health- Raj Shah, MD

- Provided two Mental Health First Aid trainings to medical students in hopes that MHFA becomes a standard item in medical school curricula. More medical schools will be offered MHFA in 2019.
- Led a sold-out KSA on Mental Health in the Community at the IAFP annual meeting.
- Developing a behavioral health integration position paper to assist health systems to combine mental health services and medical services into 'whole person' services.

Health Equity- Javette Orgain, MD, MPH

- AAFP launched its Center for Diversity and Health Equity in 2018 and our workgroup was one of the first formed by an AAFP state chapter. Two significant accomplishments were:
- "Introduction to Health Equity" was the plenary session at the IAFP annual meeting and included an identity signs exercise.
- A resolution that passed at the AAFP Congress requesting more AAFP education, including an ABFM KSA, on Health Equity.

Infection Prevention- Rashmi Chugh, MD, MPH

- "Herpes Zoster Vaccine for Adults" is now an online IAFP CME course.
- Updating ABFM KSA on Preventive Medicine
- IAFP is only one of the three AAFP chapters to receive the Pfizer Independent Grants for Learning and Change (IGLC) "Increasing Adult Pneumococcal Immunization Rates Through AAFP State Chapters" with a specific focus on adults 65 years and older and those populations in underserved areas. Four Illinois health systems led by family physicians are the participants in the project.
- IAFP successfully advocated to revive the Illinois Immunization Coalition as a state-wide forum for planning and executing immunization activities.

Obesity- Yasmeen Ansari, MD

- Invited Connecticut AAFP member Timothy Fignar, MD, to present "Top Ten Things Family Physicians can do for weight loss patients" webinar, available on www.cme.iafp.com
- Collaborated with Illinois Obesity Specialists on its CME events
- Supported a physical education (PE) bill to link the state school PE requirements with CDC guidelines. Former Governor Rauner vetoed the bill, but Coalition members will bring it back in 2019.

Opioid Safety- Elizabeth Salisbury-Afshar, MD, MPH

Telligen, the Illinois Medicare QIO, supported IAFP to

- Develop education for clinicians:
- Provide technical assistance to two health systems: SIU Health Care and SIH Medical Group to develop system-wide opioid safety policies.
- Develop a peer support group for primary care clinicians who are providing Medication Assisted Treatment (MAT).

Developed a new www.cme.iafp.com CME module, "Opioid Safety in Primary Care," coupled with an Opioid safety newsletter, [Pain management in opioid safety](#),

Smoking Cessation/Tobacco Control- Monica J. Fudala, MD

Workgroup members participated in public relations and advocacy with their representatives and senators in local and statewide Tobacco21 policy efforts. Tobacco21 remains a top priority for 2019.

Authored a resolution to the AAFP Congress of Delegates, "FDA and low-nicotine products" which passed and directs AAFP

- to revoke its support of FDA standard of low-nicotine to minimally or non-addictive levels;
- to oppose FDA efforts to work with the tobacco industry to approve low nicotine products,
- to report at the 2019 Congress of Delegates on the investigation of its review of studies into the effects of low-nicotine on the health of teens and adults.

Continuing concern over the the epidemic rise in teen vaping prompted the workgroup to strategize on their next project: "Vaping Warning from Family Physicians" is a planned newsletter for 2019.

Member Interest Groups

Direct Primary Care Member Interest Group Chaired by Deborah Chisholm, MD

This MIG is for those who are running DPC practices; for those who are planning DPC practices; and for those who want to learn more about DPC.

Two CME Webinars

1. Indiana AFP past president, Risheet Patel, MD owner of Fishers Direct Primary Care. "Direct Primary Care -- Overview and Example," is available for viewing on www.cme.iafp.com.
 2. "Teaming and Physician Leadership in Medical Practice," Lucy Zielinski, Lumina Health Partners and Molly Hillig Rodrigues, RN, Empower Yourself Coaching.
- The Illinois Department of Insurance ruled that DPC is a medical care model involving a retainer fee in exchange for primary care medical services and DPC practices should not be considered an insurance product under the Illinois Insurance Code. This determination assures that DPC practices in Illinois can operate safely without concern they will be the focus of Department of Insurance investigations.
 - AAFP chose Hyatt Regency O'Hare for the 2019 DPC Summit, June 28-30, <http://www.dpcsummit.org/home.html> Several MIG members submitted applications for sessions at the conference.

Food as Medicine – Chaired by Amber Alencar, MD

- The MIG members met to share best practices and challenges among medical clinics that have a food pantry or are associated with a food pantry.
- Educate family physicians about the role of food in medicine through sharing information on conferences and other educational opportunities

FPs in FQHC's – Chaired by James Valek, MD

- Surveyed members who currently or did work in an FQHC for information about their practices, and their challenges.
- Shared ECHO- Chicago free CME modules from the University of Chicago Medicine for community based primary care providers
- Held a webinar on Hepatitis C diagnosis and treatment in the FQHC setting

Reproductive Health – Co-chaired by Kristina Dakis, MD and Tabatha Wells, MD

- Advocated for reproductive health services legislation at the state level.
- Educated family physicians throughout the region with reproductive health focused sessions at Family Medicine Midwest in Madison, Wisconsin.
- Coordinated with Midwest Access Project to present education at Family Medicine Midwest.

Urgent Care – Chaired by Katie Raschka, MD

- Met and discussed what challenges and opportunities they are facing
- Will have quarterly meetings and invite others to join them to discuss Urgent Care issues
- Formed an email discussion group to facilitate issues in between quarterly meetings.
- The MIG members have joined AAFP's Emergency Medicine/Urgent Care MIG so they can compare national issues to Illinois issues.

Women in Leadership – co-chaired by Janice Benson, MD and Emma Daisy, MD

- Hosted a live education and social event on the "Joy in Medicine" in Chicago in June. There is a recording of the webinar available at cme.iafp.com (login required)
- Hosted "The Personal is the Professional" on #MeToo and Harassment in the workplace at the IAFP Annual Meeting
- Contributed to a CME Welcome Workshop at Family Medicine Midwest Conference by presenting on sexual harassment.
- Provided online resources for the Women in Leadership Community Forum.



Tina Wheat, MD live on WBEZ radio talking about immunizations



Careyana Brenham, MD voices IAFP's support for a statewide Tobacco 21 law.



Family Physician of the Year Thomas Huggett, MD is interviewed by NBC 5 reporter Lauren Petty.



Growing the Illinois Workforce

The 2018 Match showed a significant jump in Illinois medical school graduates matching into family medicine, climbing from a down year of 7.7 percent in 2017 to 9.4 percent or 102 allopathic graduates.

Illinois welcomed two new family medicine residency programs to increase the number of family physicians in Illinois and provide new access to primary care in two regions of the state. Both will be participating in the 2019 Match.

- Mercyhealth Family Medicine Residency Program-Rockford fosters innovation while incorporating traditional family medicine, minor surgeries, obstetrical/gynecological care, and pediatrics into a dynamic educational process.
- McGaw Northwestern Family Medicine Residency at Delnor Hospital in Geneva also includes electives through the McGaw Northwestern system including possible rural opportunities, home health, sports medicine, integrative medicine.

In 2018 IAFP launched a comprehensive listing of Illinois family medicine residency programs on our web site. You can find them all at www.iafp.com/il-fmr-list.

IAFP continued to manage the Family Medicine Midwest Foundation (www.iafp.com/FMM) and annual conference, hosting our seventh and largest conference, with an advocacy-themed three days in Madison, Wisc.

IAFP in the News

IAFP members and leaders were featured in many media opportunities throughout the year and around the state. Highlights included

- Family Physician of the Year Thomas D. Huggett featured on NBC5 News Chicago
- Direct Primary Care story on NBC5 Chicago with DPC Member Interest Group member Alvaro Encinas, MD
- Board member Santina Wheat, MD was live on Fox32 news on World AIDS Day
- Live radio interviews on immunizations by Dr. Wheat and Kristin Drynan, MD.
- Press conferences on tobacco policies in Chicago and Springfield
- Published letters to the editor on tobacco policy, immigrant access to health care, and protections for medically fragile children.

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The Family Health Foundation of Illinois successfully secured grants from AAFP Foundation Philanthropic Consortium and Pfizer Charitable Trust, along with individual donations from members and by hosting an annual Chicago White Sox game group outing. In 2018, the Foundation offered two Summer Externships with matching grants from the AAFP Foundation, giving exclusive four-week family medicine experiences to two early-career medical students. One externship was at a Federally Qualified Health Center and the other offered a Women in Leadership experience at another FQHC.

Our Mentor Connection program grew to 30 students. We continue to facilitate a statewide Tar Wars poster contest, provide public education on vaccines, host a research competition for residents, and ensure our resident and student delegates attend the AAFP National Conference. Meanwhile, the Foundation dedicates funds to send Illinois medical students to the Family Medicine Midwest Conference. The Foundation raised \$31,466 for the 2018 calendar year.

- | | |
|------------------------------------|-------------------------------------|
| Janet Albers, MD | Donald Lurye, MD |
| Julio Arnau-Gonzalez, MD | Lubna Madani, MD |
| Janice Benson, MD | Brandyn Mason, DO |
| Edward A. Blumen, MD | Olga Mata-Arce |
| Careyana Brenham, MD | NorthShore University Health System |
| Michelle Byrne, MD | Jennifer O' Leary |
| Stephen Cambalik, MD | Lauren Oshman, MD |
| Thomas Cornwell, MD | Timothy Ott, DO |
| Sachin Dixit, MD | Pro Assurance |
| Kristin Drynan, MD | Justiliana Rodriguez |
| Ginnie Flynn | Kate Rowland, MD |
| Monica Fudala, MD | Desma Rozovics |
| Anton Grasch, MD | Elizabeth Salisbury-Afshar, MD |
| David J. Hagan, MD | Raj Shah, MD |
| Michael Hanak, MD | Joe Shipley |
| Healthcare Associates Credit Union | Sharon Smaga, MD |
| Asim Jaffer, MD | James Valek, MD |
| Vincent Keenan, CAE | Gary Wainer, DO |
| Corinne Kohler, MD | Santina Wheat, MD |

IAFP Fiscal Affairs

The Finance Committee was chaired by then-Treasurer Timothy Ott, DO and its charge is to ensure the integrity of the fiscal affairs of the Academy, including: overseeing budget development and regular financial reporting. IAFP has an annual audit of its financials and the auditors have not brought any concerns to the Finance committee or Board regarding any aspects being audited. The Academy has an Audit Task Force to review the audit as well as the annual tax return. The Academy Audit was performed by the firm of Dugan & Lopatka and the taxes were also prepared by Dugan & Lopatka.

IAFP's fiscal year ended on September 30, 2018. IAFP earns its revenue from member dues, meeting sponsorship and registration and education projects. In 2018, nearly 46 percent of IAFP revenue came from membership dues. Other non-dues revenue included meeting sponsorship, print advertising, member services benefits and education projects. About 26 percent of 2018 revenue was from the pharmaceutical industry, mostly in education grants and meeting sponsorship, while 28 percent came from non-pharmaceutical industry companies and organizations. Questions may be directed to Deputy Executive Vice President Jennifer O'Leary at joleary@iafp.com or 630-427-8001.



Chicago Medical School student Natalie Shovlin-Bankole completed a four-week Women in Leadership Externship with IAFP board member Emma Daisy, MD and Laurie Carrier MD at Heartland Health Center.



IAFP members, family and friends enjoyed a White Sox win while raising \$2,100 for the Foundation.



PARTNERS IN HEALTH
WWW.IAFP.COM/PARTNERS-IN-HEALTH



Patient education resources for you
<https://www.foryoursweetheart.com>



Vaccine solutions for the
modern practice



Nutrition resources
www.midwestdairy.com



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Illinois Academy of Family Physicians Board of Directors 2018-19



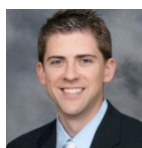
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Physician Lead – Advocate Medical Group
Orland Park



Board Chair: Asim Jaffer, MD, FAFP
UICOMP Family Medicine Residency, Peoria



President-Elect: Monica J. Fudala, MD
University of Chicago (NorthShore) Family
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Rush University Primary Care
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Second Vice President: Tabatha Wells, MD, FAFP
SIU Center for Family Medicine Residency,
Springfield



Treasurer: Timothy Ott, DO, FAFP
SIU Quincy Family
Medicine Residency

Class of 2019



Careyana M. Brenham, MD, FAFP
SIU Center for Family
Medicine Residency, Springfield



Michael Rakotz, MD, FAFP
American Medical Association
Chicago



Santina Wheat, MD, MPH
Erie Family Health Center
Chicago

New Physicians



Noorain Akhtar, MD
Palos Medical Group, Orland Park

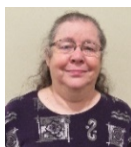


Brandyn Mason, DO
Carle Family Medicine Residency, Urbana

Class of 2020



Emma Daisy, MD
Heartland Health Center
Chicago



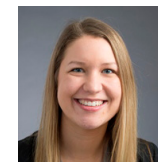
Corinne Kohler, MD, FAFP
Promise Healthcare
Champaign



Lubna Madani, MD
Northwestern Immediate Care
Chicago

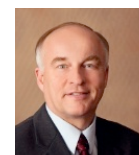


Resident: Tauqeer Qazi, MD
UICOM-Peoria Family Medicine
Residency



Student: Emma Richardson
Rush Medical College, Chicago

AAFP Delegates



David Hagan, MD, CPE, FAFP
Gibson City Clinic



Asim Jaffer, MD, FAFP

Class of 2021



Shami Goyal, MD
MercyHealth Family
Medicine Residency, Rockford



Scott Levin, MD
West Suburban Family
Medicine Residency, Oak Park



Kathleen (Kate) Rowland, MD, FAFP
Rush Copley Family
Medicine Residency Program
Aurora

AAFP Alternate Delegates



Sachin Dixit, MD, FAFP



Alvia Siddiqi, MD, FAFP
Advocate Physician Partners
Inverness

Useful links for our members

IAFP CME Learning Management System cme.iafp.com
 American Academy of Family Physicians www.aafp.org
 American Board of Family Medicine www.theabfm.org
 Society of Teachers of Family Medicine www.stfm.org
 The Robert Graham Center (Policy studies in family medicine and primary care) www.graham-center.org
 Kaiser State Health Facts www.statehealthfacts.org
 Physician Licensure website www.idfpr.com
 Illinois General Assembly www.ilga.gov
 Patient-Centered Primary Care Collaborative www.pcpcc.net

Patient Education

AAFP patient education www.familydoctor.org
 Get Covered Illinois (Illinois Insurance Marketplace) www.getcoveredillinois.gov



Michelle Byrne, MD of the Northwestern Family Medicine Program in Chicago was elected as the Resident member of the AAFP board of directors.



Ruby Allen, Rochester Intermediate School. 2018 Tar Wars State Poster Contest Winner

IAFP 2019 EVENTS

Check www.iafp.com for more events as they develop!

- February 21: Docs Night Out – Chicago
- February 28: Webinar – What’s New in Diabetes Care?
- March 13: Docs Night Out – Oak Brook
- April 5-6: Essential Evidence Update CME – Peoria
- April 12-13: Essential Evidence Update – UIC, Chicago
- May 7, 8 & 9: Spring into Action – Springfield
- May 29: Resident Scholarly Works Virtual Summit
- June 28: Foundation White Sox Game Fundraiser
- July 25-27: AAFP National Conference of Students and Residents – Kansas City
- September 22-28: AAFP Congress and Scientific Assembly – Philadelphia
- October 19: IAFP Annual Meeting – Naperville
- November 8-10: Family Medicine Midwest – Naperville