



ILLINOIS ACADEMY OF
FAMILY PHYSICIANS

Devoted to Advocacy, Education & Action



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ANNUAL REPORT TO THE MEMBERSHIP



UIC residents at their annual ALSO (Advanced Life Saving in Obstetrics) seminar.



SIU-Quincy resident Kumar Hirathiram, MD volunteers at the 2013 Chicago Marathon.



SIU Quincy residents do a rotation on farm medicine as part of their training.

About this Annual Report

This document is one of only two IAFP publications mailed to all IAFP active members. In our ongoing mission of timely and efficient communication, we have moved to email as our primary format. Please update your email address using our new website at the same address www.iafp.com. You can even select your email preferences, so you won't miss e-News updates and the Illinois Family Physician newsletter.

IAFP does not share member email addresses with any outside entity.

Congratulations to our cover photo winners! Photos for the cover were provided by these members
Upper Left: Fahira Rub, MD of Southern Illinois University at Carbondale. Lower Left: Sivakami Krishnan, MD – photo submitted by UIC Family Medicine Residency. Lower Right: Presence Sts. Mary & Elizabeth residency submitted this photo from the IAFP Cooking with Heart event in February: Paola Susan, MD; Alicia Milán, MD and Rachel R. Flores, MD.

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IAFP is devoted to providing the services, information and representation that ensures Illinois family medicine has a prominent and respected voice in the evolution and delivery of high-quality, cost-effective care to the entire family. No other membership organization is solely dedicated to your success, your issues and your patients. This report summarizes the many ways we serve all of our members and advance the family medicine specialty.

IAFP provides

Advocacy: Representation in government relations and with the medical community

Education: Continuing medical education, SAMS, Practice Innovations,

Action: Public relations, networking, leadership opportunities
Avenues for building the future of family medicine

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President's Message

Janet Albers, MD

I am honored and humbled to serve you as President of the Illinois Academy of Family Physicians over the next year. I graduated from Southern Illinois University School of Medicine in 1987 in a class of 72 students where HALF entered the field of Family Medicine. Now in my 25th year of practice after completing residency, I am still as passionate about Family Medicine as ever.

I have spent time as part of a small group practice and also in a multispecialty group. I gained skills and experience in caring for patients. But it was when I became a residency faculty at SIU in 1997 that I finally pulled together my love of caring for patients and a love of teaching students and residents. Serving as a program director for 15 years and now in my role as Chair of the Department of Family and Community Medicine at SIU, I see the impact we can make by teaching future family physicians.

My role in the Department of FCM at SIU includes oversight of the four regional residency programs in Springfield, Decatur, Quincy and Carbondale. Two sites are rural health clinics, one is a federally qualified health center. All four residency sites are NCQA-designated Patient Centered Medical Homes dedicated to continuous comprehensive care of patients through interdisciplinary teams focused on quality outcomes, providing integrated/enabling services and preparing the primary care workforce of tomorrow. Kind of sounds like the family medicine dream, doesn't it?

In reflecting on these past 25 years, I am struck by the tremendous changes



that family medicine has witnessed. The system of medicine became more complex – more high tech – more expensive – but with poorer outcomes. We saw too many people falling through the cracks in a disjointed system which was hard for them to understand and navigate.

But – the Future of Family Medicine provided a roadmap and enabled us to transform ourselves – to meet the needs of our patients and communities. Now we are talking about healthy communities and working together with a diverse interdisciplinary team- nurses, PAs and NPs, midwives, pharmacists, care coordinators and behaviorists. We are also partnering with our patients. Working with the hospitals and community agencies to improve overall population health. We are working to bridge the health literacy gap between patients' understanding of the medical system and managing their medical care.

By improving our ability to communicate our health care recommendations, we improve our patients' ability to follow them and succeed. We strive to be sensitive to the patients' values and desires. We support them in accomplishing their health care goals. Now with The Future of Family Medicine 2.0, we know that [Health is Primary](#), and we family physicians are key to America's health. IAFP is the tool allowing me to partner with 4,500

family physicians in Illinois and 115,000 across the U.S. in various practice settings all dedicated to our common vision of family medicine in meeting health care needs and supporting each other - through practice enhancement, education, health of the public and advocacy.

My primary goal this year will be to listen to your needs and concerns and work to represent you and our patients' best interest. My second focus, as an educator, will be to bring attention to primary care workforce issues. We are presently about 30% of the workforce, but with the number of U.S. students choosing family medicine in recent years, our trajectory is headed towards 18%. We need to alter the course. As an action item for this goal, I will be personally encouraging SIU students and residents to participate in the 2015 IAFP Spring into Action lobby days in April. And I'll be there to give them the knowledge, the confidence and the VOICE to speak up for patients and for family medicine in Springfield.

I also look forward to our May 2015 board meeting in Washington, DC where your IAFP board will unite with members from around the country at the Family Medicine Congressional Conference to advocate directly to Congress for our members. I challenge you over the next year to inspire and recruit one student to join us in family medicine. You can recruit a patient, neighbor, or friend-whether in med school, high school or even younger. Share with them the JOY in family medicine that drives you to work each day.

Perhaps one day soon we will have graduating classes like mine in 1987, where half of the students enter family medicine-ready to meet the future of health care.



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Your Academy continues to work on your behalf in our three main arenas of Education, Advocacy and Action. The work of our leadership and the many contributions from our membership in all areas, at all career stages is instrumental in our impact and success.

Advocacy

Illinois now has a plan for statewide impact through coordinated healthcare across private and public funding and delivery mechanisms, called the *Alliance for Health*. Family physicians provide advice, information and counsel all along the way.

\$1.4 billion in savings through the Patient Centered Medical Home in Illinois Medicaid, 2007-2010, was documented by AAFP Graham Center in September/October *Annals of Family Medicine*, <http://www.annfam.org/content/12/5/408.abstract> IAFP leaders led Your Healthcare Plus (Carrie Nelson, MD and Fredric "Rick" Leary, MD) and Illinois Health Connect (Margaret Kirkegaard, MD) during the years of the study. Illinois Medicaid has moved to "care coordination" covering 50% of Medicaid patients by the end of 2014. Alvia Siddiqi, MD, IAFP president-elect provides leadership and oversight for providers and Medicaid clients in her role at Illinois Health Connect, which provides direct support to 500,000 patients in primary care case management and indirect support to 250,000 more patients who are enrolled in Accountable Care Entities (ACEs) and Coordinated Care Entities (CCEs).

IAFP has **local impact** in one of the largest cities in the U.S. when AAFP and IAFP met with Chicago Dept. of Health about *Healthy Chicago* the blueprint to make Chicago the healthiest city in the nation. AAFP (Julie Wood, MD, Vice President of Professional Affairs and Javette Orgain, MD, MPH, Vice Speaker) and IAFP leaders (Carolyn Lopez, MD, and Vince Keenan, MSPH, Executive Vice President) met with Commissioner Bechara Choucair, MD, MPH, a family physician, to make sure IAFP and family medicine are a strong part of that agenda.

Building **federal impact** through AAFP FamMedPAC: Illinois ranks 3rd among chapters in 2013-14 contributions to FamMedPAC with over \$35,000 in donations from 118 members. Donations were then made from the PAC to six Illinois Representatives and one Senator, totaled \$37,000.

Illinois has **impact at the AAFP level** through the AAFP Congress of Delegates and AAFP Commissions: Javette Orgain, MD, MPH, of Chicago, was re-elected to a fourth term as AAFP Vice Speaker at the AAFP Congress in Washington, DC. David Hagan, MD, of Gibson City, ran a splendid campaign for AAFP board director but was not elected.

Illinois Resolutions to restrict raw milk distribution and one to add Tdap to the Medicare Part B coverage were issues IAFP brought to the AAFP Congress and both successfully passed.

AAFP Commissions:

Completing their terms in 2014

David Hagan, MD, Finance and Insurance Commission
Mustafa Alavi, UIC student, National FMIG Coordinator
Lauren Segelhorst, UIC student, Regional FMIG Coordinator

Continuing to serve in 2015:

Deborah Clements, MD Continuing Professional Development
Deborah Edberg, MD, Education
Asim Jaffer, MD, Continuing Professional Development
Alvia Siddiqi, MD, Quality & Practice

Joining AAFP Commissions in 2015:

Michael Hanak, MD, Membership and Member Services
Kirsten Anderson, Rush student, Quality and Practice

Academy Report

Devoted to Action



Javette C. Orgain, MD was re-elected to a fourth term as AAFP Vice Speaker.

IAFP All Member Assembly

Family physicians deliberated resolutions on: Raw milk distribution; an exemption to the Age Discrimination Employment Act to screen physicians for dementia; polling IAFP members about “single payer” and requiring health plans to report benchmark quality indicators and progress. The Academy will be following through on these in 2015. You can see the full resolutions on our new web site. Janet Albers, MD, of Springfield was installed as the 67th Academy president along with new officers and board directors, who were elected by electronic vote of Active and Life members. Meet your new board on page 18.

Quality Improvement – Impacting your patients

Quality improvement (QI) is the basis for measuring clinical performance. IAFP concluded its three-year Practice Improvement Network in 2014, helping practices with fiscal and clinical practice improvement as they moved along the Patient Centered Medical Home continuum. IAFP continues to work with other organizations (such as Illinois Chapter American Academy of Pediatrics) to make sure QI activities offered also counted for ABFM Part 4, performance-in-practice requirements.

Practice Transformation You Academy understands the challenges. AAFP offers many practice transformation products and services to help all family physicians. We have joined forces with Illinois Chapter American Academy of Pediatrics to offer health systems practice transformation education, technical assistance, clinical education and assistance with board recertification requirements.

Taking action to secure our specialty and impact the future

Get to know Family Medicine for America’s Health - Launched at the AAFP annual meeting in October, Family Medicine for America’s Health is a three-year communications campaign and a five-year strategy campaign to change the payment mechanisms for medicine to support practice transformation and family medicine/primary care. The public awareness movement is called “Health is Primary.” If you haven’t seen it yet, get to www.healthisprimary.org and get on board.

Illinois has two members on the FMAH board: Jerry Kruse, MD, MSPH, CEO of SIU Health Care and Vince Keenan, MSPH, CAE, IAFP’s chapter executive. Stanley Borg, D.O., of Chicago serves on the Payment strategy team.

Teaming up to impact outcomes. Team work is the solution in clinical practice; and likewise your Academy teams up with organizations across Illinois to provide education, advocate family medicine positions, launch new endeavors, and bring you new products and services to help clinical practice.

- **Behavioral Health Integration** – bringing primary care into behavioral health settings and vice versa, Illinois Psychiatric Society and IAFP are exploring best practices and supporting innovations such as the three summits held in 2014 by the Illinois Department of Human Services on the use of the SBIRT (Screening, Brief Intervention, Referral and Treatment) intervention. The IAFP’s committee on Clinically Integrated Networks continues to lead our work in this arena.
- **Choosing Wisely** will ensure the right care at the right time with the hallmark patient-physician relationship at the center of decision-making. IAFP co-sponsored a conference in November hosted by Midwest Business Group on Health. Working along with the Illinois Hospital Association, physician groups can deliver on the potential of Choosing Wisely. Learn more at www.choosingwisely.org.
- **Vaccinate Illinois Week** gets the word out in early December that getting a flu shot is healthy, safe and a high priority. Organized by Chicago Department of Public Health and Illinois Department of Public Health, this third annual event included clinical education by IAFP and other health organization partners, and widespread public relations activities.

More Action behind the scenes

IAFP enlisted the “Nifty Nine” focus group in 2014. Nine members from various practice demographics volunteered to attend IAFP activities, review IAFP publications and participate in a live focus group after the annual meeting in 2014. Their work and feedback will help our staff and leadership work to shape Academy activities and services to meet your needs across the career spectrum.

Two new committees have been formed to further family medicine interests.

1. New family physicians (those in practice seven years or less after completing residency) and
2. Family physicians at federally qualified health centers (FQHCs).

These activities fuel the changes of how IAFP communicates with you, and how we try to engage you, and serve your needs.

Devoted to Student and Resident Activity

IAFP's Foundation is the home of the newly formed Family Medicine Midwest Foundation, uniting our region in a common mission of building the family medicine workforce for our future. The Family Medicine Midwest annual conference is a three-day event with these goals:

- Attract and inspire medical students to choose Midwest Family Medicine Residency Programs
- Provide a format for residents to present, to learn from each other and from faculty presenters, and find their family medicine career path
- Showcase the amazing variety of career opportunities in family medicine
- Provide a platform to share innovative ideas, best practices and build regional networks dedicated to improving the health of all patients.

3 Family Medicine Midwest Conferences, each bigger than the last!

Attendance	2014 Minneapolis	2013 Milwaukee	2012 Chicago
Students	160	120	135
Residents/Faculty	222	218	149
Total Attendees	382	338	284

- Of the 41 attendees from FM Midwest 2012 who graduated in 2013, 39 matched into family medicine residency programs.
- Of 61 FM Midwest attendees in the 2014 Match, 42 are in family medicine residency programs.

*FM MidC provides
the lightning bolt
that catalyzes ideas
and relationships!*

2014 Conference Attendee

Resident Research Webinar

This forum allows residents from any Illinois program to present their research (completed projects or research in progress) live online and take questions from faculty reviewers who also provide scores. The top scoring presentations in each category were given travel support to present at Family Medicine Midwest 2014. Look for an expanded Resident Scholarly Works Webinar in 2015– open to all members and with CME credit!

2014 Resident Webinar Winners

Completed Project Jeffrey Larson, MD- West Suburban Family Medicine Residency

 [Effectiveness of and Urgent Care Center in Connecting Patients with a Primary Care Provider](#)

Research in Progress Neha Sachdev, MD Northwestern McGaw Family Medicine Residency

 [Fostering a Culture of Accountability and Respect: Resident Leadership and Development of a Professionalism Curriculum](#)

Uniting Illinois family medicine across medical schools. Illinois is home to eight medical schools and 13 campuses. In 2014, Bernard Ewigman, MD, MSPH, chair of family medicine at University of Chicago Pritzker School of Medicine, launched the IAFP Committee of Academic Chairs of Family Medicine. Coordinating the advocacy, messaging and outreach across all those campuses will thrive under the persistent support of all the academic chairs.





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IAFP is your voice in policy-making and legislative affairs. We are present in Springfield, Chicago, throughout the state and in Washington, DC. IAFP's Government Relations Committee and Legislative Action Team work in tandem with staff and our contracted lobbying firm of [Cook-Witter, Inc.](#) to steer the Academy's activities and maintain solid relationships with lawmakers at all levels in both parties.

As a respected voice in government affairs, IAFP represents the interests of family medicine on a wide array of issues and work to improve the many environments where family physicians practice. Our breadth and scope of advocacy mirrors YOUR breadth and scope in practice.

We support policies to strengthen primary care and have worked to:

- Convey the accurate value of primary care services in both the government and private sector
- Increase the role family medicine has in improving both the efficiency and quality of care.

While you were seeing patients, managing your practice and earning your continuing medical education credit, we worked with the 98th Illinois General Assembly – here are some highlights:

- Tracked approximately 300 healthcare bills that would impact family medicine
- Protected and extended the Medical Practice Act
- Continued to fight for primary care services to your patients
- Supported Medicaid reform to preserve and strengthen a program providing care to 3.1 million Illinois patients
- Lobbied to keep the Illinois Poison Control Center open and effective
- Participated in streamlining the Physician Orders for Life Sustaining Treatment (POLST) DNR form, which is designed to help patients and families plan for their care in the last year of life
- Opposed scope of practice efforts that would lead to a tiered delivery system which would deny the best care to all patients by a qualified physician
- Collaborated with business, consumer advocates and health systems in support of quality outcomes that every patient deserves, to quality data that a patient-centered medical home delivers
- Advocated as the lead physician voice in the fight for Smoke-free Illinois, higher tobacco taxes and public policies aimed at reducing tobacco use across the spectrum, including landmark e-cigarette regulations

Speaking up for smart care in Springfield

In April, then president-elect Janet Albers, MD testified against mandated Hepatitis C screening in a subject matter hearing of the Senate Public Health Committee. While the bill was not voted on, IAFP will continue its work to educate legislators about HepC screening. Meanwhile the Centers for Medicare and Medicaid Services announced it will reimburse for hepatitis C virus screenings for two target populations. The coverage determination brings Medicare into alignment with private insurers. CMS will only reimburse for screening for beneficiaries who fall into two categories:

1. Individuals who are considered at high risk for the disease, including individuals who have a current or past history of illicit injection drug use or those who had received a blood transfusion prior to 1992.
2. Individuals who were born from 1945-1965. About two-thirds of patients with hepatitis C were born between these years, according to the U.S. Preventive Services Task Force.

On the Hill in Washington, DC. IAFP leaders used the AAFP Family Medicine Congressional Conference to advocate for physician payment reform and Graduate Medical Education funding. Also that week, Deborah Edberg, MD, IAFP second vice president, testified before a Senate Committee on Health, Labor, Education, and Pensions Subcommittee about the success of her Northwestern McGaw Family Medicine Residency program as a model for community-based physician training, advocating for continued funding for Teaching Health Centers.



Deborah Edberg, MD testifies on Capitol Hill in support of renewed funding for Teaching Health Centers.

Devoted to
Advocacy

Elections produce a shift in Illinois Leadership

Illinois elected a Republican Governor for the first time since 2003. Bruce Rauner won the November 4th General Election and will work alongside the following Constitutional Officers: Incumbents Attorney General Lisa Madigan (D) and Secretary of State Jesse White (D). Due to the untimely passing of Comptroller Judy Baar Topinka (R), Leslie Munger was appointed by Gov. Rauner to serve. In addition, State Senator Mike Frerichs (D) was ultimately declared the winner in a very tight race for State Treasurer.

In the Illinois Senate, 19 of 59 seats were up for election and only seven of those seats were contested. Republicans gained one seat with the election of Neil Anderson, a firefighter and paramedic from Moline. He will join Senator Chris Nybo (R-24, Elmhurst) who was appointed to replace Senator Kirk Dillard (R) as two new faces in the Senate. The Senate Democratic caucus will still have a veto-proof supermajority. On the House side, all 118 seats were up for election, 70 with no opposition. Of the 48 contested races, all Democrat incumbents were re-elected, allowing Speaker Madigan to maintain his veto proof majority in the House.

At the federal level, Senator Richard Durbin (D) was re-elected to the United States Senate, but with Republicans taking the majority, he will no longer be the Senate Majority Whip. The Illinois Delegation will gain two Republican seats with Robert Dold (R) reclaiming the 10th Congressional District and Mike Bost (R) defeating incumbent Bill Enyart (D) in the 12th District. The Illinois delegation is now ten Democrats and eight Republicans.



U.S. Rep Peter Roskam with IAFP member Thomas Cornwell, MD.

In 2015, here's what you can expect:

Action Alerts – look for timely information and links to action on state and federal issues, making it easy and quick to contact lawmakers on important issues under debate.

Personal assistance in working with lawmakers – We will connect you with and help you educate your respective elected officials on family medicine issues important to them and their communities. Just contact Gordana Krkic, CAE at gkrkic@iafp.com.

Action in Springfield and Capitol Hill. IAFP returns to Springfield for Spring into Action, three days of education and lobbying at the statehouse. The IAFP Board of Directors will attend the AAFP Family Medicine Congressional Conference in May to bring Illinois concerns to Congress.

Representation on boards, task forces and initiatives – IAFP staff and seasoned leaders represent you on the State Board of Health, in state and local government posts, coalitions, task forces and committees making decisions that affect physicians and patients. Through our work, YOU have a seat at every table.



U.S. Rep. Tammy Duckworth with IAFP (then) vice-president Alvia Siddiqi, MD.

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Devoted to Education

IAFP is your source for timely topical family physician education. Whether you like live events, monthly webinar topics or online education on your time, IAFP has your CME needs covered.

Chicago Essential Evidence Topics Conference

The Academy joined forces with the University of Illinois at Chicago, Department of Family Medicine on the 1st annual conference on Chicago Essential Evidence Topics. This two-day conference offered primary care providers 11.75 CME credits through lively evidence-based presentations. Using a unique style of learning where short

presentations on clinical topics are covered with analysis of recent evidence based findings from pertinent research, this format delivers instant implications for practice. Join us for the 2015 Essential Evidence Update June 5-6.



Annual Meeting

IAFP took the meeting to Key Lime Cove Water Park last November in Gurnee. The meeting offered 3 SAMs workshops to help physicians complete part II of the ABFM MoC along with 18 educational programs for a total of 12.50 CME credits. Kathleen Klink, MD from the Robert Graham Center kicked the meeting off with her plenary session on “Family Medicine and Primary Care: The Promise and the Challenge in the Era of Health Report” presentation. Attendees also enjoyed a mixture of hour-long presentations and thirty-minute presentations on a variety of timely topics including an Eloba Update, Sports Medicine, Medical Marijuana, Intimate Partner Violence, STDs, Dermatology and the Flu Vaccine. A new format allowed residents and students to take the stage for the “2

minutes, 2 slides, 2 questions” concept to present an interesting case they encountered.

Family Medicine Midwest CME Sessions

For the third consecutive year, the Family Medicine Midwest conference provided top-notch educational programming. The three day event provided up to 12 CME credits through a wide variety of sessions. The two poster sessions in a busy central location gave the student and resident presenters a great opportunity to showcase their work. Three diverse plenary sessions showcased the role of the arts and humanities with the Hippocrates Café, allowed for students and residents to hear multiple experts speak on their specialties during the Speed Date Your Specialty luncheon, and featured David Moen, MD as the closing plenary speaker on “Delivering New Value for High Risk Patients and Their Families.”

Immunization Awareness Initiative

The Academy continued the Flu Vaccine Awareness campaign in 2014, thanks to a grant from the Illinois Department of Public Health. Two brochures (Influenza Vaccine for Individuals with Diabetes and Influenza Vaccine for Individuals with Asthma) and a poster were once again available for members to order for their practice.

Partnering again with IDPH, IAFP was pleased to expand the Immunization Awareness campaign to include the Human Papilloma Virus and Meningococcal vaccines. Two new brochures will be available for members to order and use in their practices in early 2015!

What is HPV?
HPV is a virus that is transmitted through sexual contact (including oral sex) with an infected partner. It is currently the most common sexually transmitted infection in the US, with nearly half of the reported new cases affecting young people aged 15-24. While most sexually active individuals will acquire HPV at some point in their lives, the body's immune system will clear approximately 90% of HPV within two years. However, some infections will persist and can cause other diseases, including various types of cancers.

Who is at risk to acquire HPV?
More than 50% of individuals will become infected with HPV at least once in their lifetimes. Statistically, the risk of acquiring HPV peaks between age 20-24 and generally declines with age thereafter.

In females, risk increases with:

- The number of male sexual partners⁶
- Earlier age of first sexual intercourse⁶
- Conditions that compromise the immune system⁷

In males, risk increases with:

- Number of sexual partners (recent and lifetime)⁸
- Lack of circumcision⁹
- Same-sex encounters⁹

What are the symptoms of HPV infection?
HPV requires 2-6 weeks to incubate. While HPV sometimes causes obvious symptoms, such as genital warts, infected individuals often show no marked symptoms and are thus unaware of their status.

What diseases are associated with HPV?
More than 40 HPV types can be sexually transmitted. HPV types are categorized according to their relative risk of causing specific clinical events. Infections with high-risk HPV types, most commonly types 16 and 18, can cause cervical and vulvar cancer in females, and oral and oropharyngeal (throat) cancers in males and females. Infections with low-risk HPV types, most commonly types 6 and 11, cause genital warts and benign or low-grade changes in cervical cells.¹⁰

Will a female infected with HPV develop cervical cancer?
Not necessarily. HPV infection does not automatically lead to cervical cancer. However, nearly 100% of women with cervical cancer are infected with HPV.¹¹

How can I protect myself against HPV infection?
Immunization with an HPV vaccine (HPV2 or HPV4) will protect you against several common types of HPV, including the high-risk types 16 and 18. HPV2 protects you against HPV types 16 and 18, whereas HPV4 protects you against HPV types 6, 11, 16, and 18. An HPV2 vaccine, which protects against HPV types 6, 11, 16, 18, 31, 33, 45, 52 and 58, should be available in the near future. However, these vaccines do not protect against existing HPV infection. For example, if you are already infected with HPV type 16, immunization with HPV4 will protect you against types 6, 11, and 18, but will not have any therapeutic effect.

How do these vaccines work?
HPV vaccines contain proteins found on the coating of the HPV virus particles. After receiving either vaccine, your body develops antibodies to these proteins. If you encounter an HPV virus type covered by your vaccine, your body will recognize the viral proteins and mount an immune response to the virus.

Can I acquire HPV or any HPV-related disease from receiving a vaccination?
No. HPV vaccines do not contain live or active virus.

Who should be vaccinated?
The Centers for Disease Control and Prevention (CDC) recommends routine vaccination of females (and males HPV2 or HPV4) between ages 11-12 with three doses of vaccine.¹²

Who should I be vaccinated?
The CDC recommends that males and females receive the three doses of HPV vaccine at ages 11 or 12. The second and third doses should be administered 1-2 months and 6 months, respectively after the initial dose. If necessary, females ages 13-26 and males ages 13-21 may receive catch-up vaccinations to complete the series. HPV vaccine can be administered to individuals beginning at age 9.¹³

Who are HPV vaccines recommended for 11-12 year olds?
These vaccines are most effective if administered before HPV exposure through sexual contact.¹⁴

A Guide for Patients and their Parents
OR GUARDIANS



SAFE PRESCRIBER for CONTROLLED SUBSTANCES

Safe Prescriber Program

IAFP unveiled a new three-level Safe Prescriber Program in Spring of 2014.

1. Level One status requires physicians to enroll in the Illinois Prescription Monitoring Program (PMP) in order to receive a certificate indicating they are a Level One Safe Prescriber.
2. Level Two, physicians must successfully complete the newly updated Pain Management online CME, develop an office policy for controlled substances, and utilize a patient contract. Level Two Safe Prescriber physicians receive a Safe Prescriber lapel pin and recognition at the IAFP Annual Meeting.
3. Level Three Safe Prescriber status is coming soon and will involve a Quality Improvement (QI) project that can be used towards Maintenance of Certification (MC-FP). After completing Level Three, physicians are eligible to receive a press release for their local paper and a recognition reception at their practice.

Lunch & Learn Webinars

The Lunch and Learn webinar series brings free, quality CME programs to IAFP members monthly during lunchtime! The 2014 series included Concussion Management Updates – Best Practices for 2014, Immunizing Adolescents Against HPV and Meningococcal Disease, Geriatrics Under Medicare, and Primary Palliative Care – What's In It for My Practice? Through these (and other) webinars, physicians were able to obtain CME while hearing the latest updates on issues that face the many diverse types of patients they see in their practices.



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**Do You Know a Child
Who Needs Expert
Specialty Care?**

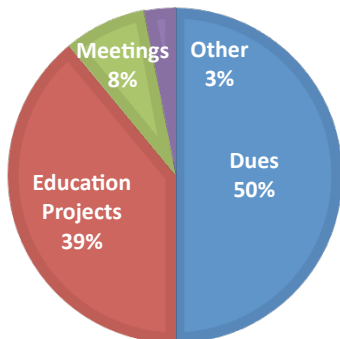
For a consultation call:

773-385-KIDS (5437)

IAFP's Fiscal Affairs

REVENUE

■ Dues ■ Education Projects ■ Meetings ■ Other



The **Finance Committee** was chaired by then-Treasurer Ravi Grivois-Shah, MD and its charge is to ensure the integrity of the fiscal affairs of the Academy, including overseeing budget development and regular financial reporting. IAFP has an annual audit of its financials and the auditors have not brought any concerns to the Finance committee or Board regarding any aspects of the audit. The Academy has an **Audit Task Force** to review the audit as well as the annual tax return.

IAFP earns its revenue from member dues (50%), education projects (39%), meeting sponsorship and registration (8%), publication ads (2%) and member services (1%). In 2014, nearly 50 percent of IAFP revenue came from membership dues. If you have questions, contact Jennifer O'Leary at joleary@iafp.com or 630-427-8001.



Thank you 2014 donors!

2014 Foundation fundraising events included the annual Chicago White Sox game (226 fans!) which raised over \$4,200. The Foundation supports Tar Wars, as well as resident and student efforts, including scholarships for our newly elected student and resident leaders to attend the AAFP National Conference of Family Medicine Residents and Medical Students. Thirty individuals and two corporations also donated in honor of Vince Keenan's 25 anniversary as IAFP executive vice president.

The Foundation also provided scholarships for Illinois medical students to attend the Family Medicine Midwest conference in Minneapolis in October. Eight individual IAFP members also contributed directly to Family Medicine Midwest, enabling even more Illinois students to attend this inspiring conference.

Thank you to our 2014 Foundation Donors

Individuals

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Corporations:

BlueCross BlueShield of Illinois
Cerner
Cigna HealthSpring
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Atlantic Health Partners

www.atlantichealthpartners.com

Vaccine purchasing and discounts

Healthcare Associates Credit Union

www.hacu.org

Debt consolidation for student loans, asset protection and financial services

www.FPJobsOnline.com

Manage your job search

Post your openings for family medicine jobs

ProAssurance

www.proassurance.com

Professional liability insurance endorsed by IAFP

Healthy Interactions

www.healthyinteractions.com

Group visits and patient education for Type 2 Diabetes

Mass Mutual Insurance Group, Inc.

www.mminsurance.com

Group health care insurance for your practice

MEMBER BENEFITS

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Phreesia

www.phreesia.com

Patient Check-in Company

Prescriber's Letter

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Core Content Review of Family Medicine

www.corecontent.com

Board preparation CME for family physicians

TransWorld GreenFlag- Profit Recovery

www.Transworldsystems.com

Discounted rates for IAFP Members

TAG Resources

www.tagresources.com

Multiple Employer Retirement Plan

CCPA Purchasing Partners, LP

www.ccpapp.org

Discounts on vaccines, medical supplies

Physicians Amplified Program

www.abhf.org

Americans for Better Hearing Foundation.

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IAFP main office number is 800-826-7944 or call the direct dial numbers below

Executive Vice President

Vincent D. Keenan, CAE

630-427-8002

vkeenan@iafp.com

Vice President of Communications

Ginnie Flynn

630-427-8004

gflynn@iafp.com

Deputy Executive Vice President of Internal Affairs

Jennifer O'Leary

630-427-8001

joleary@iafp.com

Vice President of Education and Meetings

Kate Valentine

630-427-8000

kvalentine@iafp.com

Deputy Executive Vice President of External Affairs

Gordana Krkic, CAE

630-427-8007

gkrkic@iafp.com

Vice President of Business Development

Desma Rozovics

630-427-8005

drozovics@iafp.com

Education and Accreditation Manager

Sara Ortega

630-427-8006

sortega@iafp.com

Office Manager

Diana Hernandez

630-427-8003

dhernandez@iafp.com

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Residency

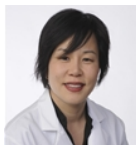


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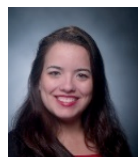
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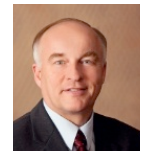


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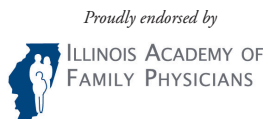


Sachin Dixit, M.D.
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When you need it.



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Family Medicine Online Resources: Check out the NEW www.iafp.com

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American Board of Family Medicine www.theabfm.org
Society of Teachers of Family Medicine www.stfm.org
The Robert Graham Center (Policy studies in family medicine and primary care) www.graham-center.org
American College of Osteopathic Family Physicians Illinois Chapter www.acofpil.org
Kaiser State Health Facts www.statehealthfacts.org

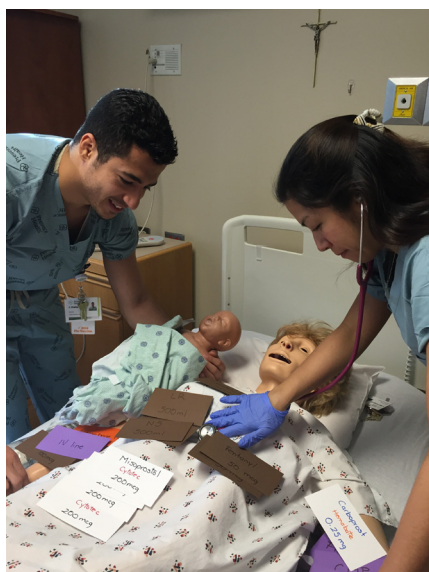
Physician Licensure website www.idfpr.com/dpr/
Illinois General Assembly www.ilga.gov
State of Illinois website www.illinois.gov
Telligen (quality improvement organization for Illinois) www.telligen.org
Patient-Centered Primary Care Collaborative www.pcpcc.org

Health Information Technology and Exchange

Regional Extension Centers
IL-HITREC – all of Illinois outside of Chicago www.ilhitrec.org
CHITREC- City of Chicago only www.chitrec.org
Physician EHR Incentive Payment programs
Illinois Health Information Exchange - www.illinois.gov/sites/ilhie

Patient Education

AAFP patient education www.familydoctor.org
Tar Wars www.tarwars.org
Health care reform (AAFP, AARP and other organizations) www.healthcareandyou.org
Federal health care information www.healthcare.gov
Get Covered Illinois (Illinois Insurance Marketplace) www.getcoveredillinois.gov
Illinois Health Connect – Medicaid Medical Home www.illinoishealthconnect.com



Preparing for the real thing! Photo submitted by Javier Guevara, Saints Mary & Elizabeth Family Medicine Residency.

CALENDAR OF IAFP 2015 EVENTS

Check www.iafp.com for more events as they develop!

April 21, 22, and 23 – Spring into Action in Springfield

Resident Research Webinar: May 6

Essential Evidence Update CME - June 5-6 at UIC

AAFP: Skin Problems & Diseases, Chicago - July 14-18

Foundation White Sox Fundraiser – July 17

AAFP Board Review Express,
Chicago - September 16-19

AAFP Congress and Scientific Assembly –
September 26-29 Denver

Family Medicine Midwest October 9-11 Chicago/O'Hare
IAFP Annual Meeting, October 9-11 Chicago/O'Hare
(co-located with Family Medicine Midwest)



2014 Tar Wars Illinois poster contest winner Jarrett Robertson and his parents visit with U.S. Sen. Dick Durbin in his Capitol office.