



ILLINOIS ACADEMY OF  
FAMILY PHYSICIANS

*Devoted to Advocacy, Education & Action*



# 2013 Year in Review

FEBRUARY 2014



ANNUAL REPORT TO THE MEMBERSHIP



Photo submitted by Carl Lambert, MD (Resident)



Photo submitted by Renee M. Poole, MD;




Former U.S. Surgeon General David Satcher, MD with Emma Daisy, MD and Deb Smith Clements, MD (Staff photo)

### About this Annual Report

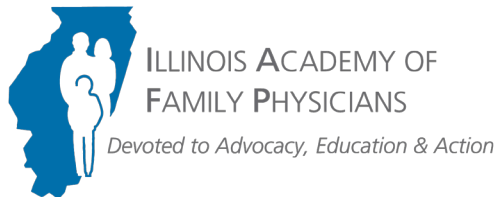
*This document is one of only two IAFP publications mailed to all IAFP active members. In our ongoing mission of timely and efficient communication, we have moved to email as our primary format. Please update your email address with IAFP or AAFP so you won't miss e-News updates and the Illinois Family Physician newsletter. IAFP does not share member email addresses with any outside entity.*

**Congratulations to our cover photo winners!** Photos for the cover were provided by these members  
Upper Left: Tabatha Wells, MD provided this [International Assists Medical Missions](#) photo of their recent trip to Nicaragua (Wells is front row, left end – back row, 2<sup>nd</sup> from right end is 2011 Family Physician of the Year Michael Brewer, MD). Lower Left: Eduardo Scholcoff, MD of Chicago. Photo by Edenhurst Studio. Lower Right: Kavita Shanker, MD – PGY-2 at UIC Family Medicine Residency.

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IAFP is devoted to providing the services, information and representation that ensures Illinois family medicine has a prominent and respected voice in the evolution and delivery of high-quality, cost-effective care to the entire family. No other membership organization is solely dedicated to your success, your issues and your patients. This report summarizes the many ways we serve all of our members and advance the family medicine specialty.

#### IAFP provides

- Advocacy:** Representation within the medical community  
Government relations representation and advocacy opportunities
- Education:** Continuing medical education, SAMs, Practice Innovations
- Action:** Public relations, networking, leadership opportunities  
Avenues for building the future of family medicine

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Ashish Chopra, MD, Gastroenterology  
Cathy Lomelino McAfee, MD, Internal Medicine  
Grant Su, MD, FASOPRS, Ophthalmology

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# President's Message

Edward A. Blumen, MD, MBA, FAAFP

## It's All About Balance

**I** will explain. My wife Pat, our four children, three grandchildren and my 94 year old mother contribute to my personal balance equation. For many of us, our families are key to providing, maintaining and maybe sometimes throwing off, our balance!

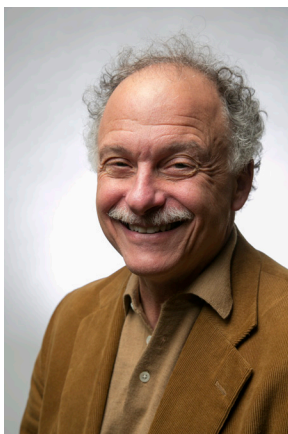
Yogi Berra once said "The future isn't what it used to be" and that's absolutely true for physicians. Perhaps you feel it. The Big A. Family physicians are trained to stamp out the Big A. No, not adultery, but Anxiety.

I have made the practice of tai chi a regular fixture in my life to help me maintain my personal balance. And if tai chi isn't for you, I urge you to find something that helps you achieve and maintain personal balance, whether you use yoga, walking, running, hiking, biking, music, art... whatever works for you!

From age 16 through a good part of residency, I worked as a vendor at the Chicago ball parks selling everything from popcorn as a novice to beer and hot dogs as a veteran. At times I may still call out in my sleep "Hey hot doggie red hot!" Working as a stadium vendor definitely taught me about efficiency, hard work, and balancing heavy loads!

I chose family medicine because of my interest in relationships and continuity of care.

Along the way I was influenced by Dr. Jorge Prieto, a past chairman of family practice at Cook County Hospital and Dr. Beatrice Tucker, director of the Chicago Maternity Center.



When I finished residency all I wanted to do was take care of patients. I joined one of the first federally qualified HMOs, which morphed from a group model to a staff model and eventually into a productivity fee-for-service model.

Soon after starting to practice medicine... the anxiety began. Not from providing patient care, I was well-trained to do that. Trying to understand the business of medicine caused those anxious moments I felt right out of residency. So I faced down that anxiety by accepting administrative and managerial roles while maintaining my clinical practice that brought me so much joy.

I was still uncomfortable and decided to go back to business school. During one 3 a.m. study session combining corporate finance and teamwork, I

finally realized that "It is all about balance."

Once I graduated from business school, my perspective changed! Now when I went to those administrative meetings, my posture changed from leaning backward with my index finger on my cheek in query to leaning forward with the occasional use of my index finger in making my point with confidence! Yet there was one group I continued to have difficulty communicating with... and "their codes" drove the top line. I resumed studying, took a test and became a Certified Professional Coder.

The mission of IAFP is to promote excellence in the health and well-being of the people of Illinois through support and education of family physicians and the families and communities they serve. We do this through education, advocacy and action.

My vision is one of balance. I invite all of you to become more active in IAFP. We have multiple committees and we need your input.

Yogi Berra also said "it's like de ja vu all over again." I look forward to some exciting years as we weather the storm together towards a bright horizon.

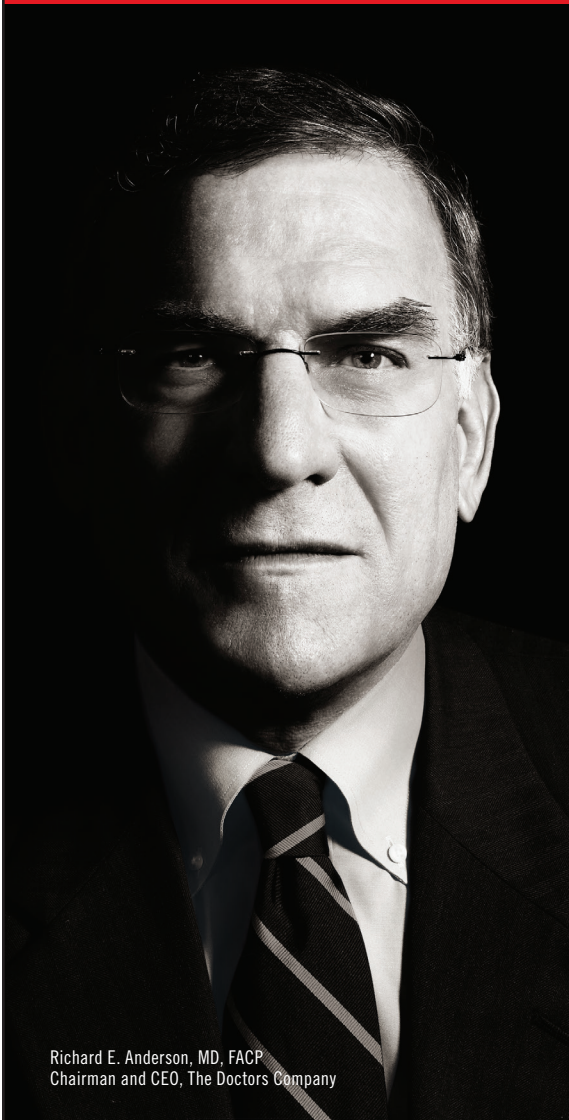
*This message was excerpted from Dr. Blumen's inaugural address at the 2013 IAFP Annual Meeting.*

### Thank you to our 2014 IAFP committee chairs:

AAFP Resolutions, Asim Jaffer, MD  
Academic Chairs of FM, Bernard Ewigman, MD  
Breastfeeding, Risha Raven, MD  
Clinically Integrated Networks, Derek Lanier, MD  
Bylaws, Abbas Hyderi, MD  
CME, Michael Hanak, MD  
FM Educators, Rachel Klamo, DO  
Government Relations, Margaret Kirkegaard, MD  
Membership and Member Services, Regina Kim, MD  
Public Health, Rashmi Chugh, MD  
Public Relations, Kristin Drynan, MD

To join a committee, contact Vince Keenan at [vkeenana@iafp.com](mailto:vkeenana@iafp.com).

# Why choose between national resources and local clout?



Richard E. Anderson, MD, FACP  
Chairman and CEO, The Doctors Company

In Illinois, The Doctors Company protects its members with **both**.

With 74,000 member physicians nationwide, we constantly monitor emerging trends and quickly respond with innovative solutions, like incorporating coverage for privacy breach and Medicare reviews into our core medical liability coverage.

Our over 1,600 Illinois members also benefit from significant local clout provided by long-standing relationships with the state's leading attorneys and expert witnesses, plus litigation training tailored to Illinois' legal environment.

This uncompromising approach, combined with our Tribute® Plan that has already earmarked over \$12 million to Illinois physicians, has made us the nation's largest physician-owned medical malpractice insurer.

To learn more about our program benefits for Illinois members, call our Chicago office at (800) 748-0465 or visit [www.thedoctors.com](http://www.thedoctors.com).

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Tribute Plan projections are not a forecast of future events or a guarantee of future balance amounts. For additional details, see [www.thedoctors.com/tribute](http://www.thedoctors.com/tribute).

# Academy Report

Devoted to Action



Carrie Nelson, MD kicks off the 5th anniversary celebration of Smoke Free Illinois.

## ***The fast and the furious***

That might be the perfect phrase to summarize the year 2013 in our nation's health system. We saw the fast implementation of big changes. At the state level, the Medicaid REFORM Act took effect, impacting the eligibility and coverage for thousands of Illinois Medicaid enrollees, and also caused some headaches for Medicaid providers. Meanwhile the federal government was working on the next phases of insurance expansion, via both Medicaid and private health insurance options on the Marketplace. But difficulties in the enrollment launch, beginning on October 1 left consumers, insurers, lawmakers and the public furious. One process that you can't call "fast" was the fulfillment of the ACA requirement that states pay Medicaid providers at Medicare rates for primary care services. Although this provision took effect January 1, 2013 – most states, including Illinois, took at least six months to create a mechanism for payment and make the additional payments retroactive to Jan. 1. Through it all, your Academy continued to advocate for family physicians and their patients, and in turn provide timely and concise updates back to the membership on this sea change in our health care system.

## **IAFP members in great places**

Health care transformation has pulled family physicians into the spotlight! Healthcare systems, medical groups, health plans and governmental agencies have strongly recruited family physicians to leadership positions. Family medicine has the platform for setting the agendas, debating the options, and leading the changes in healthcare, as family physicians occupy positions of influence. Here are a few Illinois family physicians who serve as leaders in public and private healthcare settings. Please let us know of other family physicians in leadership positions by emailing Vince Keenan at [vkeen@iafp.com](mailto:vkeen@iafp.com).

Janet Albers, MD, CEO, SIU Family Health Center, Springfield  
 Timothy Appenheimer, MD, Chief Medical Officer, KSB Hospital, Dixon  
 Bechara Choucair, MD, MPH, Commissioner, Chicago Department of Public Health  
 Rashmi Chugh, MD, MPH, Medical Director, DuPage County Health Department  
 Opella Ernest, MD, Chief Medical Officer, BlueCrossBlueShield of Illinois  
 Michael Fitzgerald, MD, Secretary of the Board, DuPage Medical Group  
 Kwame Foucher, MD, MBA, Senior Medical Director, Cigna HealthSpring, Chicago  
 Arvind Goyal, MD, MPH, MBA, Medical Director, Illinois Department of Healthcare and Family Services  
 Edward Hirsch, MD, Chief Medical Officer, Children's Hospital of Illinois, Peoria  
 Loren Hughes, MD, President, HSHS Medical Group  
 Jerry Kruse, MD, MSPH, Chief Executive Officer of SIU HealthCare and Executive Associate Dean of SIU School of Medicine  
 Derek Lanier, MD, MPH, Medical Director, Meridian Health Plan, Chicago  
 Gary Lipinski, MD, Adventist Health Systems Regional Vice President of Medical Staff Services/CMO, Hinsdale  
 Carolyn Lopez, MD, MPH, President, Chicago Board of Health  
 Donald Lurye, MD, MMM, CEO, Elmhurst Clinic  
 Timothy Meneely, DO, Medical Director, Primary Care and Regional Health Carle Foundation, Urbana  
 Kevin Most, DO, MBA, Vice President of Medical Affairs, Cadence Health, Winfield  
 Javette Orgain, MD, MPH, President, Illinois State Board of Health  
 Brian Rosborough, MD, CMO of OSF St. Elizabeth Hospital and Regional Medical Director of the OSF I-80 Corridor.  
 Lee Sacks, MD, Executive Vice President and Chief Medical Officer, Chief Executive Officer of Advocate Physician Partners  
 Alvia Siddiqi, MD, Medical Director, Illinois Health Connect.  
 Stephen Stabile, MD, MHA, Chief Executive Officer, PrimeCare, Chicago  
 Anthony Tedeschi, MD, MPH, MBA, CEO, Vanguard Weiss Hospital  
 Patrick Tranmer, MD, MPH, Medical Director, Managed Care, University of Illinois at Chicago  
 Tim J. Vega, MD, Medical Director of Business and Community Health, OSF Saint Francis Medical Center  
 Gary Wainer, DO, Executive Director and Chief Medical Officer, Chicago Health System  
 Our three members on the State Board of Health: Javette C. Orgain, MD (chair), Carolyn Lopez, MD and Tim Vega, MD

### **IAFP leaders on AAFP board of directors**

In 2013, IAFP was fortunate to have two members on the AAFP board of directors. Javette Orgain, MD, MPH, served as vice speaker for the second time at the AAFP Congress of Delegates meeting in September in San Diego. There she was re-elected for a third one-year term and will serve as vice speaker at the October 2014 AAFP meeting in Washington, DC. Dr. Orgain brings her unique experience in urban, academic, public health and practice with vulnerable populations to discussions at the AAFP board. Though many family physicians practice in large urban areas, that perspective is often not represented on the AAFP board. It was fortified in 2013, with the addition of Ravi Grivois-Shah, MD, who served as the AAFP New Physician board member. He is the medical director for Near North Health Services Corporation, a Chicago FQHC. Dr. Orgain and Dr. Grivois-Shah combined to provide great representation to the AAFP board on issues that urban family physicians face. His term ended in September 2013 and he returned to service on the IAFP board as its 2013-14 Treasurer and was also elected as one of the alternate delegates to AAFP.



Javette C. Orgain, MD, MPH

### **Small Practices – Big Improvements with help facilitated by IAFP**

Rachel Winters, MD Family Medicine is a solo practice in Lawrenceville that is on the forefront in the overall practice transformation process that many small practices nationwide are accomplishing in the new era of the federal Patient Protection and Affordable Care Act. Her Congressman, Rep. John Shimkus (R- 15) recently visited her transformed practice.

Dr. Winters worked with IAFP-enlisted consultants and Practice Management Innovations, LLC to guide her through small and big changes over 24 months to reach her goal of providing a patient centered medical home. The seasoned and experienced practice management coaches helped her identify gaps and needs in her practice operations, and then helped her craft and implement solutions. Dr. Winters credits the coaching assistance from Practice Management Innovators and the monthly online practice improvement webinars from IAFP in guiding her through the process. She also praises her staff for their role in adapting and implementing so many new ideas and policies as the practice prepares for the new era of health care delivery.

The entire staff now participates in “morning huddles” to effectively prepare for every patient on the day’s schedule and any patients that may need a same-day appointment for an acute problem. By combining and implementing many facets of the patient-centered medical home with optimal use of emerging medical records and communication technology, Rachel Winters Family Medicine can maximize the benefits for every patient. “I’m ready for anything. I have a busy practice. As we increase efficiency, we are able to see more patients who will be looking for their medical home.”

North Suburban Family Healthcare is a solo practice in Vernon Hills, led by Deborah Winiger, MD. With two other clinicians on her team, Lisa David, RD, and Heidi Weiland, NP-C, Dr. Winiger has been leading a practice transformation. “Looking back on 2013,” reports Kim Nealt, their practice coach, “I am amazed at how far the practice has come.” Significant progress has been achieved in the following areas:

- 1) Conducted Patient Satisfaction surveys
- 2) Established the groundwork for group visits
- 3) Implemented Patient Portal access
- 4) Created policies to address and enhance patient access
- 5) Increased physician productivity with chart completion
- 6) Streamlined EHR processes
- 7) Preparation for PQRS and MU incentives
- 8) Addressed issues related to billing and revenue cycle
- 9) Skill enhancement for office staff
- 10) Increased communication among physician and office staff

Dr. Winiger’s practice is expected to receive their MU Stage 1 incentive payment for 2013, early in 2014.

*Did you know there are over 670 medical home practices in Illinois recognized by NCQA?*



Dr. Ansari has a teaching moment with high school student Nathan Biewer.

### IAFP member starts legal defense fund

Yasmeen Ansari, MD, practices at Adventist Wood Dale Family Medicine, providing health care to vulnerable families in northeastern DuPage County. Dr. Ansari grew up in the Wood Dale area and has practiced there since completing her residency at Adventist LaGrange Family Medicine Residency in 2009. She has been an active member of the IAFP Public Health Committee since residency. She also helps high school students experience family medicine by hosting students from the Addison Trails High School Medical Careers Curriculum. (see the March/April issue of *Illinois Family Physician*) Dr. Ansari is a recipient of an Illinois Medical Student Scholarship from the Illinois Department of Public Health.

[http://www.idph.state.il.us/about/rural\\_health/rural\\_MSSP\\_more\\_details.htm](http://www.idph.state.il.us/about/rural_health/rural_MSSP_more_details.htm).

The program provides funding for medical students' tuition, fees and some expenses in return for service in a medically underserved area. Dr. Ansari arranged her current practice as a site for completing her scholarship obligations while she was in residency.

Unfortunately, Dr. Ansari has been sued by IDPH for breach of contract. The legal battle has lasted nearly two years. The IAFP board has closely monitored the progress of the case. She and her husband, Naseer, are in the process of setting up a legal defense fund to help pay for legal expenses, which can include attorneys' fees, court filings, litigation costs, legal advice, or other legal fees. "We have paid more than \$25,000 already to defend this case, and if it goes to trial those expenses will increase significantly," reports Dr. Ansari. Interested in more details on the case, or interested in donating to the legal defense fund, please contact Dr. Ansari, [Yasmeen.Ansari.MD@gmail.com](mailto:Yasmeen.Ansari.MD@gmail.com).



1 in 8 will become disabled  
for 5 years\* or more...

## And What About You?

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\*Source: Commissioner's Disability Insurance tables A and C, assuming equal rights by gender and occupation class.



## Our Future of Family Medicine:

“National calls for more primary care physicians, general surgeons, psychiatrists and providers in rural and urban underserved areas are thwarted by federal funding that continues to support training programs without requiring measurement of, much less accountability for, what they produce.”

Andrew Bazemore, M.D., M.P.H., Director, Robert Graham Center.

“No kidding!” responded family medicine advocates around the country. A [September study by Graham Center researchers](#) reiterated the call for social accountability with respect to GME, three overarching themes:

- creating a diverse physician workforce to address regional needs and primary care and subspecialty shortages,
- ensuring quality in training and care to best serve patients, and
- providing service to surrounding communities.

Match Day 2013 was a great day for Illinois Family Medicine residency programs, which **filled 100 percent their available positions by March 15th Match Day**. Continuing their upward trends, Illinois FM Residency slots were 96 percent filled through the AOA and NRMP matches. Only three Illinois programs had to take part in the SOAP process and all three quickly filled remaining slots. The percentage of Illinois medical students matching into family medicine increased to 9 percent (99 out of 1,096 graduates), from 8.2 percent in 2012. Of the 99 who matched into family medicine, **only 35 chose Illinois programs**, down one from 2012.

### Family Medicine Midwest Foundation answers the call

Our strongest effort to address the Illinois family medicine workforce is the newly-created partnership called the Family Medicine Midwest Foundation. The Family Medicine Midwest Foundation was officially established as a 501 (c) 3 organization in 2013. IAFP member Janice Benson, MD of the University of Chicago/NorthShore Health Systems serves as the chair of the board of directors. IAFP is the contracted meeting management organization for Family Medicine Midwest and the hub of the operation. IAFP accepted a 2013 AAFP Program of Excellence award for the Family Medicine Midwest 2012 Conference and the growing Family Medicine Midwest Foundation. The second annual FMM conference was held in Milwaukee in 2013 as an inspirational gathering of networking, recruiting, research and collaboration that drew a total of 338 attendees from across the area, making us the Midwest launching pad for the family medicine revolution. The 2014 Family Medicine Midwest Conference will be Oct. 10-12 in Minneapolis.



Meet the Family Medicine Midwest Foundation 2013 Board of Directors (lower right photo). From left to right: David Walsworth, MD (Michigan AFP), Wendy Biggs, MD (Kansas AFP), Janice Benson, MD (Illinois AFP), Andrew Slattengren, DO (Minnesota AFP) and David Deci, MD (Wisconsin AFP). Not pictured: Rishet Patel, MD (Indiana AFP)

## Devoted to Advocacy

**W**e are there representing you on a wide array of policy issues. From banning tanning beds for minors to advocating for your license to practice medicine in all its branches; IAFP is your voice in policy-making and legislative affairs.

Our breadth and scope of advocacy mirrors YOUR breadth and scope in practice. Here are just a few examples:

- We have supported your stance on expanding health care coverage for all
- We will continue to fight for your most vulnerable patients to ensure they receive

comprehensive primary care

- We have promoted medical home programs led by family physicians and pediatricians with payment models rewarding primary care services
- We oppose scope of practice expansion through legislative efforts by non-physician providers because it creates a disconnected delivery system which would limit access for some patients to care provided by a qualified physician
- We are physician leaders in the fight for Smoke-free Illinois, higher tobacco taxes and public policies aimed at reducing tobacco use across the spectrum.

While you are seeing patients, managing your practice and working on your continuing medical education, we are paving the way for family medicine's future workforce by lobbying at the federal level for:

- Increased primary care payment through Medicaid-Medicare parity
- the repeal of SGR and a payment structure fair to primary care
- GME reform that secures funding for ambulatory settings to train more primary care physicians

And we are your eyes, ears and voice with business, consumer advocates and health systems as IAFP participates in coalitions and serves on committees of the Campaign for Better Healthcare and Illinois Chamber of Commerce's Healthcare Council. Our attentive interaction conveys family medicine's role in every aspect of healthcare delivery – from quality outcomes that every patient deserves to quality data that a patient-centered medical home delivers to every health system.



IAFP students, residents and leaders in Springfield



In DC for the AAFP Family Medicine Congressional Conference with U.S. Rep. Tammy Duckworth (D-8)



Board members with Republican U.S. Sen. Mark Kirk in his DC office.

IAFP is a year-round presence in Springfield, Chicago, throughout the state and in Congress. Led by an experienced staff and strategically sound decision-making, IAFP has established a respected voice in government affairs. The Government Relations committee and Legislative Action Team work in tandem with staff and our contracted lobbying firm of Cook-Witter, Inc. to steer the Academy's activities and maintain solid relationships with lawmakers at all levels in both parties. IAFP works with the executive branch in the implementation of health care reform and in the ongoing challenges of serving the diverse needs of our patients.

## Right on! Rep. Ken Dunkin agrees with Kortnee Robertson, MD



## U. of Chicago brought a bus load to Spring into Action

**Spring into Action** – in non-election years, IAFP hosts several one-day events in Springfield, bringing family physicians, residents and students together for a morning of education and training, followed by an afternoon of action meeting with their legislators on current bills and family medicine priorities. In 2013, our three days of action provided high touch communication with Illinois Senators and Representatives and valuable lobbying experience for members from around the state, including a strong contingent of student and resident members.

**Action Alerts** – provide timely information and links for action on legislative issues, making it easy and quick for members to contact lawmakers on important issues under debate. Members have testified in local, state and federal committee hearings. IAFP connects members with their elected officials on family medicine issues important to them and their communities. We even provided advocacy training by request to Illinois family medicine residency programs and support the next generation of family medicine advocates.

### FamMedPAC

Illinois does not have a state political action committee (PAC), but does encourage members to support the AAFP's FamMedPAC. In 2013, IAFP past president Ellen S. Brull, MD of Glenview joined the FamMedPAC board of directors to help champion the voice of family medicine and allocate PAC contributions to individual campaigns around the country and in both parties. Illinois chapter members often have the opportunity to personally deliver FamMedPAC contributions to their member of Congress.

Here's how Illinois members strengthened the PAC in 2013  
Total Donors: 85    Percentage of Chapter Donating: 3.18%  
Total Donations: **\$19,411.00 (Ranked #3 of AAFP Chapters)**  
Average Donation: \$228



Ellen Brull, MD (center back row, in black) brings family medicine to a lunch for U.S. Rep. Jan Schakowsky (D-9).

Contribute to FamMedPAC at [www.aafp.org](http://www.aafp.org)



Date \_\_\_\_\_ Time \_\_\_\_\_  
To \_\_\_\_\_  
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Of \_\_\_\_\_  
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Our education team works to deliver the CME you need in the most accessible formats. IAFP is an ACCME-accredited education provider, meeting the highest standards of continuing medical education. We provide high-quality, peer-reviewed, objective education to help family physicians improve patient and practice results!

Devoted to  
Education

### Lunch and Learn Webinars

The Academy brings monthly CME on timely topics with this lunchtime webinar series. 2013 included The Ins and Outs of Routine HIV Testing, Preparing for Transition to ICD-10-CM, and Beer's Criteria: A Fresh Look at an Old Way of Looking at Old Drugs for Old Patients. The Illinois Parental Notification of Abortion Act went into effect on August 15 and was featured as the monthly Lunch and Learn webinar topic. Debra Stulberg, MD, University of Chicago, and Lorie Chaiten, ACLU of Illinois, presented this timely topic to a sold out audience. Due to popular demand, this webinar was offered a second time to a near capacity audience in October.

### SAMs Workshops

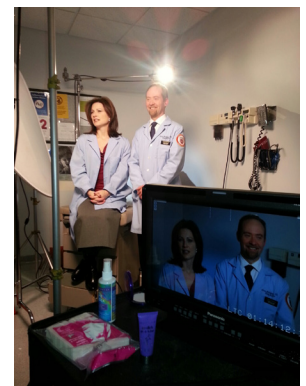
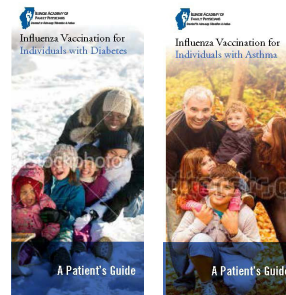
You might not love them, but you need them and IAFP brings them to you – the Self-Assessment Modules (SAM). In addition to the five workshops presented at Annual Meeting in November, courses were co-hosted with Rush-Copley Family Medicine Residency in February and Saints Mary and Elizabeth Medical Center and Northwestern McGaw Family Medicine Residency in March. By partnering with these residency programs, IAFP was able to offer programming to physicians and also to PGY-3 residents prior to their initial ABFM Certification Examination in April 2013. PGY-2 and PGY-1 residents were also encouraged to attend, to fulfill the requirement of completing a minimum of one SAM prior to sitting for their initial certification exam.

The Academy currently has a total of eight developed SAMs workshops on the topics of Asthma, Care of the Vulnerable Elderly, Cerebrovascular Disease, Childhood Illness, Diabetes, Hypertension, Pain Management, and Preventative Care. If you are interested in hosting a SAMs workshop or working on developing a new topic, please contact the IAFP Education team.

### Flu Vaccine Awareness Campaign

Thanks to a grant from the Illinois Department of Public Health, IAFP launched a Flu Vaccine Awareness Campaign in July. Physicians were able to earn 0.5 Prescribed Credits with the *Practice Guide: Influenza Vaccination for Primary Care*. Developed by IAFP board members Kristin Drynan, MD, and Renee Poole, MD, this CME activity covered CDC recommendations, types of vaccines available, anti-viral treatment, special consideration for chronic illnesses, and vaccination of health care personnel.

Two brochures (*Influenza Vaccine for Individuals with Diabetes* and *Influenza Vaccine for Individuals with Asthma*) and a poster were available for members to order. All 3000 copies of each brochure were sent out by October, prompting a second printing! In addition, IAFP produced a 5-minute patient education video focusing on the importance of an annual flu vaccine for patients with asthma and/or diabetes. The video can be found on the IAFP YouTube Channel and also is available on DVD by request. A link to the order form for the brochures, poster, and DVD is available online at <http://www.iafp.com/immunization>. Get your copies of these valuable resources today!



### Updated Annual Meeting

The 2013 Annual Meeting offered a total of 9.25 CME credits. The opening plenary panel discussion entitled "Mastering the Illinois Health Insurance Marketplace and Medicaid Expansion" ensured attendees got up to date information, just weeks after the enrollment period began. Thanks to the efforts of the CME Committee, the annual meeting offered a new and exciting CME format! A total of nine up-to-date topics were covered in 15 minute presentations. The subjects include updates on Diabetes Group Visits, the Importance of Dentistry in the Medical Home, Smoking Cessation, and Cognitive Assessment at the Medicare Annual Wellness Exam. The 2014 Annual Meeting will have a similar educational format and take place on November 7-9, 2014. A call for subject matter experts will open in early 2014.

IAFP free CME is always available at [www.iafp.com/education](http://www.iafp.com/education)

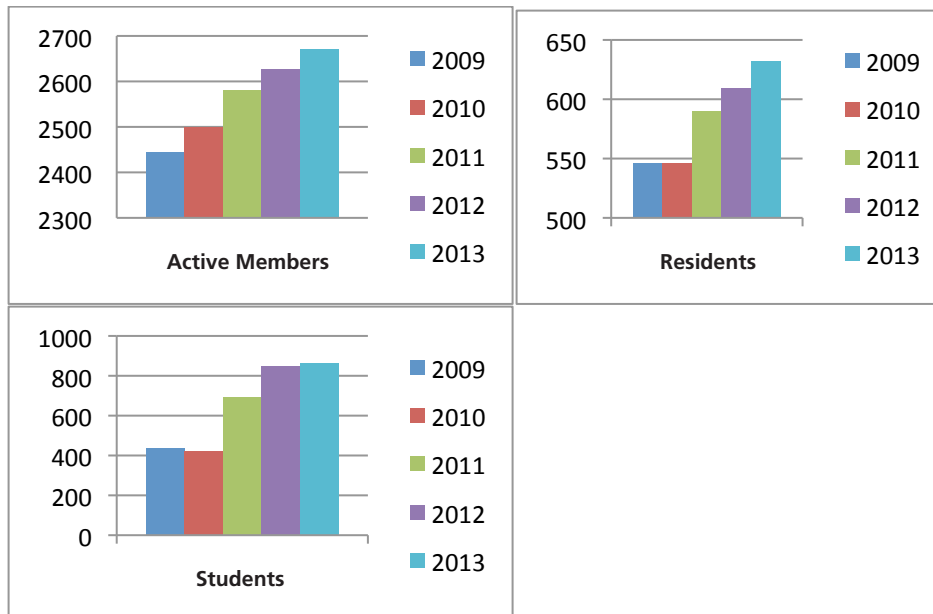
## Devoted to Membership

IAFP added 261 new members in 2013 with a net growth of 43 active members. Our totals of residents and students gained in net numbers in 2013, after factoring in graduating students and residents leaving for other states. Illinois now has 23 additional resident members! All total with members coming in and out of the state, IAFP's total membership grew by 86 members in 2013.

	Active	Inactive	Life	Resident	Student	Supporting	Total
Dec 2013	2670	23	185	632	863	6	4429
Dec 2012	2627	21	228	609	846	12	4343
<b>Change</b>	<b>43</b>	<b>2</b>	<b>-43</b>	<b>23</b>	<b>17</b>	<b>-6</b>	<b>86</b>

AAFP provided us with a five-year analysis of our membership, and provided comparisons to four other chapters of similar size (Ohio, Florida, North Carolina and New York). Like AAFP, the Illinois Academy has shown strong growth in membership since 2009 across all categories. Our resident membership has jumped significantly in the past three years as well. The next step for the Illinois chapter is to increase our market share, the percentage of eligible Illinois family physicians who are IAFP members. In 2013 we were at 71.8%, up slightly from 71.7% in 2012, and our goal is to get above AAFP's average of 72.7%. One positive sign is our rate of Resident members who convert to Active status. In 2013, 77.2 percent of graduating residents converted to Active membership. Also encouraging is our rate of New Physician members (less than 7 years in practice) who retained their membership, at 89 percent.

### Illinois Membership 5-year Trends



## New Illinois Active members in 2013

Kristin Abbott, MD  
 Donald G Adams, MD  
 Amit Agarwal, MD  
 Amit Aggarwal, MD  
 Shad Syed Ahmad, MD  
 Dinah Ahomka-Lindsay, MD  
 Noorain Akhtar, MD  
 Susan P Albovias, MD  
 Joan V Alvarado, MD  
 Bashar Mohamad Alzein, MD  
 Stacey Ann Appenheimer, MD  
 Priscilla Adu Auguston, MD  
 La Tanya D Austin, MD  
 Amber N Avila, MD  
 Amba Ayloo, MBBS  
 Asfiya T Azizuddin, MD  
 Gabriela Baeza, MD  
 Michelle Lynnette Bandy, MD  
 Jessica Nachele Barreto, MD  
 Maria Riza Bautista, MD  
 Brandy Nicole Beard, MD  
 David Peter Beckmann, MD  
 Agustin Bello, MD  
 Jennifer Rose Bello Kottenstette, MD  
 Munira Suber Bhabhrawala, DO  
 Shikha Bhan, MD  
 Diana-Marie Frances Bibbs, MD  
 Robert Dale Biggs, MD  
 Varsha Bilolikar, MD  
 Joe Aaron Bilyeu, MD  
 Lavanya Boddu, MD  
 Christopher M Boisselle, MD  
 Michael James Bollaert, MD  
 Halyna Boryslavska, MD  
 Amanda Michelle Bramham, MD  
 Matthew James Brandon, MD  
 Melissa Marie Bray, MD  
 Anna Janelle Broadnax, MD  
 Katrice Marie Brooks, MD  
 Julie Irene Brown, MD  
 Rushia Lorraine Butler, MD  
 Johnnie Byrd, MD  
 Benjamin Ware Cady, MD  
 Sreenu Peter Chakumgal, MD  
 Benjamin W Chaska, MD, FAAFP  
 Nicole Michelle Chickris, MD  
 John Chico, MD  
 Deborah S Clements, MD, FAAFP  
 Aaron F Cohen, MD  
 Victor H Colin, MD  
 Robert Anthony Comparin, MD  
 Aaron David Costerisan, MD  
 Mayuri Dasari, MD  
 Norbert G DeBiase, MD  
 Natasha E Diaz, MD  
 Tiffany Jessica Diaz, MD  
 Bichlien T Do, MD  
 Leticia A Drapiza, MD  
 Jennifer D'Souza, DO  
 Rebecca Lynne Eary, DO  
 Katherina Iheoma Ekeji, MD  
 Nereida Esparza, MD  
 William K Faber, MD  
 Sabrina Fanapour, DO  
 Lester Ferra, MD  
 Georgann Ferrone, MD  
 Paul Frydrych, MD  
 Nisha Gajendra, MD  
 Angeline Vanessa Galiano, MD  
 Joan E Garvey, MD  
 Lindsey C George, MD  
 Mark Dennis Geronimo, MD  
 Neetha Gheji, MD  
 Andrea Nicole Giamalva, MD  
 Patrick Brian Gibbons, DO  
 Julie Ann Gilbertson, DO  
 Kranti Gollapudi, MD  
 Richard Gonzalez Perez, MD

Olena Yakivna Gordon, MD  
 Guido Grasso-Knight, MPH, MD  
 Heather Marie Gregory, DO  
 Tiffany Eileen Groen, DO, MPH  
 Puja Gurung, MD  
 Artem Gutmanovich, MD  
 Elise Barrett Halajian, DO  
 Shamaila Haris, MD  
 Kaitlin Delaney Henry, MD  
 John Martin Hickner, MD, FAAFP  
 Armida Aguinaldo Hidalgo, MD  
 Stephen W Hill, MD  
 Keia Kishelle Hobbs, MD, FAAFP  
 John R Hoffman, MD  
 Justin James Holschbach, MD  
 Adam Daniel Houghton, MD  
 Julia Rose Howell, MD  
 Jon Odell Humphrey, MD  
 Nihinlolawa Oreoluwa Ijamakinwa, MD  
 Saneera Salimu Ilmudeen, MD  
 Sumaira Jabeen, MD, MBBS  
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 Sebastian Joseph, MD  
 Kristen Marie Jurynec, MD  
 Solomon Ravikumar Katta, MD  
 Sandeep Kattar, MD  
 Lisa Hull Kehrberg, MD  
 Nicole Lynette Kennedy, MD  
 Anila Khan, DO  
 Muhammad Jawed Khan, MD  
 Humaira Khan, MD  
 Julie Thomas Kidangan, DO  
 Sarah Nicole Kinsey, DO  
 Mariam Alber Kirolos, MD  
 Keith C Knapp, MD  
 Joanna Lucja Kniecik, MD  
 Janice Kiwon Ko, MD  
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 Sindhu Anna Kurian, MD  
 Immirne Monet Laguerre, MD  
 Ariel H Leifer, MD  
 John Ryan Lidvall, MD  
 Ryan James Lingor, MD  
 Michael James Liston, MD  
 Anne Enanga Liwonjo, MD  
 Aaron Robert Lloyd, MD  
 Joel Guillermo Lopez, MD  
 Nicholas Adam Love, DO  
 Maximiliano Luna, MD  
 Lubna Syeda Madani, MD  
 Munazza Majeed, MBBS  
 Ashley H Malcolm, MD  
 Rebecca Malik, MD  
 Mehrdad Ali Mansouri, MD  
 Jorge E Martinez, MD  
 Jaime Andres Martinez, MD  
 Chaimaa Faour Matar, MD  
 Arpana Broor Mathur, MD  
 Jessica Marie McColley, DO  
 Annu Praveen Mehta, MD  
 Alina Vayner Merrill, DO  
 Joelle Maureen Metuge Mesinze, MD  
 Emily Signe Mika, MD  
 Kalyan Kumar Reddy Mogili, MD, MPH  
 Sara Mohammadi-Sarband, MD  
 Kavita Mohan, MD  
 Nadia Momin, MD  
 Kushan D Moonesinghe, MD  
 Taylor John Moore, DO,  
 William Moran, DO  
 Divyesh N Morker, MD

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 Bardya Mostafavi Naeini, MD  
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 Aleksandra Orkiszewska, MD  
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 Ruchi P Parikh, MD  
 Justin David Parker, MD  
 Yayati Patel, DO  
 Vikash Umesh Patel, MD  
 Bhavesh K Patel, MD  
 Krupa Patel, MD  
 Sejal Shankar Patel, MD  
 Sandra M Peery Norman, DO  
 John David Peralta-Olivieri, MD  
 Sathish KSS Perumal, MD  
 Eric Lamar Peterman, MD  
 Julia Philip-Kuli, MD  
 Charles Scot Player, DO  
 Joanna Marie Fernandez Polistico, MD  
 Sushmita Nallamothe Prathipati, MD  
 Mary Puttmann-Kostecka, MD  
 Muneeb Qadri, MD  
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 Katarzyna Anna Zorns, MD



## IAFP's Fiscal Affairs

The **Finance Committee** was chaired by then-Treasurer Soujanya Pulluru, MD and its charge is to ensure the integrity of the fiscal affairs of the Academy, including overseeing budget development and regular financial reporting. IAFP has an annual audit of its financials and the auditors have not brought any concerns to the Finance committee or Board regarding any aspects being audited. The Academy has an **Audit Task Force** to review the audit as well as the annual tax return.

IAFP earns its revenue from member dues, meeting sponsorship and registration and education projects. In 2013, nearly 46 percent of IAFP revenue came from membership dues. Other non-dues revenue included meeting sponsorship, print advertising, member services benefits and education projects. About 36 percent of 2013 revenue was from the pharmaceutical industry, mostly in education grants and meeting sponsorship, while 18 percent came from non-pharmaceutical industry companies and organizations. A complete report was given to the IAFP All-Member Assembly at the annual meeting. To request a copy of this report, contact deputy executive vice president Jennifer O'Leary at [joleary@iafp.com](mailto:joleary@iafp.com) or 630-427-8001.

## Thank you 2013 Family Health Foundation of Illinois donors! These contributors donated a total of \$7,884

2013 Foundation fundraising events included the annual Chicago White Sox game (153 fans!) which raised over \$3,500. The Foundation supports Tar Wars, as well as some resident and student efforts. The Family Health Foundation donated over \$500 to the town of Washington after a tornado on Nov. 17 caused widespread damage to the town. Members donated directly to this effort.

Ten individual IAFP members and regional groups also contributed \$3,500 in scholarships to the Family Medicine Midwest Conference enabling Illinois students to attend this inspiring conference in Milwaukee.

### Thank you to our 2013 Foundation Donors

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### **ProAssurance**

[www.proassurance.com](http://www.proassurance.com)

Professional liability insurance endorsed by IAFP

### **TransformMED**

[www.transformed.com](http://www.transformed.com)

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## Illinois Academy of Family Physicians Board of Directors 2013-14



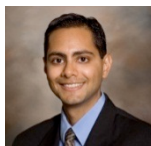
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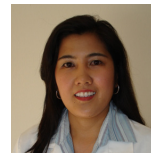


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MacNeal Family Medicine  
Residency Program, Berwyn

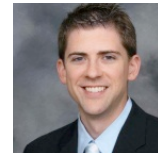


Renee M. Poole, MD  
ACCESS Health Center  
Chicago

### New Physician Board Members



Lareina Pedriquez, MD, class of 2014  
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Hospital, Evergreen Park



Monica Fudala, MD, resident  
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UIC

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American Board of Family Medicine [www.theabfm.org](http://www.theabfm.org)  
Society of Teachers of Family Medicine [www.stfm.org](http://www.stfm.org)  
The Robert Graham Center (Policy studies in family medicine and primary care) [www.graham-center.org](http://www.graham-center.org)  
American College of Osteopathic Family Physicians [www.acofp.org](http://www.acofp.org) Illinois Chapter [www.acofpil.org](http://www.acofpil.org)  
Kaiser State Health Facts [www.statehealthfacts.org](http://www.statehealthfacts.org)

Physician Licensure website [www.idfpr.com/dpr/](http://www.idfpr.com/dpr/)  
Illinois General Assembly [www.ilga.gov](http://www.ilga.gov)  
State of Illinois website [www.illinois.gov](http://www.illinois.gov)  
Telligen (quality improvement organization for Illinois) [www.telligenqio.org](http://www.telligenqio.org)  
Patient-Centered Primary Care Collaborative [www.pcpc.org](http://www.pcpc.org)

### Health Information Technology and Exchange

*Regional Extension Centers*

IL-HITREC – all of Illinois outside of Chicago [www.ilhitrec.org](http://www.ilhitrec.org)  
CHITREC- City of Chicago only [www.chitrec.org](http://www.chitrec.org)  
*Physician EHR Incentive Payment programs*  
Medicare & Medicaid EHR Incentive Programs [www.cms.gov/EHRIncentivePrograms](http://www.cms.gov/EHRIncentivePrograms)

### Patient Education

AAFP patient education [www.familydoctor.org](http://www.familydoctor.org)  
Tar Wars [www.tarwars.org](http://www.tarwars.org)  
Health care reform (AAFP, AARP and other organizations) [www.healthcareandyou.org](http://www.healthcareandyou.org)  
Federal health care information [www.healthcare.gov](http://www.healthcare.gov)  
Get Covered Illinois (Illinois Insurance Marketplace) [www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)  
Illinois Health Connect – Medicaid Medical Home [www.illinoishealthconnect.com](http://www.illinoishealthconnect.com)



Illinois Tar Wars poster winner Carson Fisher took 2nd place in the National Contest. Photo courtesy of AAFP.

### CALENDAR OF IAFP 2014 EVENTS

Keeping Pace (co-hosted with ISMS, IOMS and ICAAP)  
Feb. 28 Oak Brook and March 12 Springfield

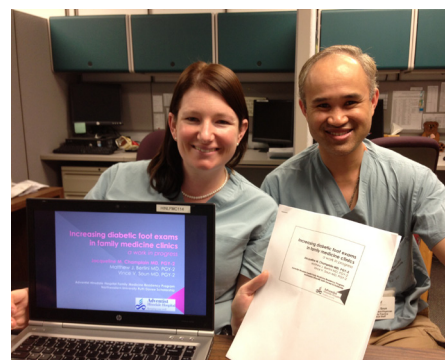
Chicago Essential Evidence Topics April 11-12 at UIC

Foundation White Sox Fundraiser – August 15

Family Medicine Midwest October 10-12 Minneapolis

AAFP Congress and Scientific Assembly – Oct 20-26  
Washington, DC

IAFP Annual Meeting, November 7-9, Gurnee



Jacqueline Champlain MD and Matthew Bertini MD during the IAFP Resident Research Webinar. Photo by Rachel Klammo, DO